## **Professional Development Reflection Form**

Thank you for participating in your recent professional development/conference. Continuous learning plays a key role in not only growing in professional success but plays a key role in the success for school growth, student growth and teacher success.

Please complete the following form in detail so administration can receive feedback about the professional development/conference you attended and what information/supplies you will need in order to share what you learned with school staff.

Full Name \*

Bernice M. Swingle

Professional Development/Conference Attended \*

Real Talk Autism Edition

Date(s) Attended \*

MM DD YYYY

10 / 15 / 2021

Location \*

Zoom-DM SELPA

Presenter Title and Name \*

Jennifer Rountree, Program Specialist

Please evaluate the content of the workshop(s)

Provide a summary of the workshop(s) \*

Supports and Services for the Special Education teacher of Autistic students.

What new insights did you gain from the workshop(s)? \*

I learned how to Belly Breath, to help students with autism calm down.

How do you plan on implementing what you learned at the workshop(s) in your classroom or current position at Encore? \*

U-tube video on breathing and relaxation music, and lots of resources for the future if I have a low functioning autistic student. Places to go to find answers.

Would you recommend the workshop(s) to a colleague? *	

- 🔵 Yes
- 🔵 No
- Maybe

Explain your answer from the following question \*

Only if they work with low functioning autistic students.

What do you plan on sharing with your collogues? \*

Not much, Belly Breathing and where to find the resources.

What do you plan on sharing with the Encore board? \*

I do not know, it is still going on, with five more session to go. No one showed up 12/13/2021.

What supplies and or accommodations do you need in order to be successful in presenting what you learned during your workshop(s)? \*

Slide show with the information or I could email the info

Documentation

Please attach your certificate or conformation email to this document for attendance purposes \*



This form was created inside of Encore High School.

## **Google** Forms