

**Compass Charter Schools** 

### Counseling Services Department Board Presentation

January 2023

### Agenda

- Mission and Vision
- Values
- Meet the School Counseling Team
- The Compass Comprehensive School Counseling Program
- 2022/2023 Actions for Program Improvement
- Q & A



### Our Mission and Vision

### **MISSION STATEMENT**

Our mission is to inspire and develop innovative, creative, self-directed learners, one scholar at a time.

### **VISION STATEMENT**

Our vision is to create a collaborative virtual learning community, inspiring scholars to appreciate the ways in which arts and sciences nurture a curiosity for life-long learning, and prepare scholars to take responsibility for their future success.



### Our Values

### **COMPASS CHARTERS**

Chievement: Engage in and take charge of your learning.

espect: Be respectful in all interactions with fellow scholars, learning coaches, faculty, and staff.

eamwork: Work cooperatively with all persons involed in your education. \*Teamwork makes the Dreamwork\*

ntegrity: Behave following strong ethical principles, values and academic honesty.

ommunication: Frequently and proactively communicate with all persons involved in your education



### Meet the School Counseling Team



Debra Stephan
Director of Counseling
Services



Mataya Olson College Career Readiness Counselor



Gabriela Ayala Counselor (A-Cl)



Stephen Duarte Counselor (Co-Ha)



Jacob Samples Counselor (He-Me)



Mrs. Schwartzberg Counselor (Mi-R)



Ms. Bateman Counselor (S-Z)



A proactive and preventative 6-12 school program that addresses academic, social/emotional and college career development of all scholars by providing:

- Leadership
- Advocacy
- Collaboration
- Systemic Change





### Areas of Domain

Academic Development

- · Apply skills needed for educational achievement
- Apply skills of transitioning between educational levels
- Develop & monitoring Individual Academic and College/Career Plans (AO) known as our Academic Outlook.

College/Career Development

- Apply college/career exploration & planning skills in achievement of life college/career goals
- Know where & how to obtain information about the world of work & post-secondary training/education
- Apply skills for college/career readiness & success

Social/Emotional Development

- Understand self as an individual and as a member of diverse local & global communities
- Interact with others in ways that respect individual & group differences
- Apply personal safety skills & coping strategies



School Counseling Implementation Framework

### **DEFINE**

### Scholar Standards

ASCA Mindsets & Behaviors

### Professional Standards

- ASCA Ethical Standards
- ASCA
   Professional
   Standards &
   Competencies

### MANAGE

### **Program Focus**

- Beliefs
- Vision
- Mission

### **Program Planning**

- Data Profile
- Lesson Plans
- Use of Time
- Calendars
- Advisory Council

### **DELIVER**

### Direct Services with Scholars

- Instruction
- Advisement
- Counseling

### Indirect Scholar Services

- Consultation
- Collaboration
- Referrals

### **ASSESS**

Program Assessment

School
Counselor
Assessment and
Evaluation



### Define: Scholar Standards & School Counselor Professional **Standards**

The ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

### Category 1: Mindset Standards School counselors encourage the following mindsets for all students.

- M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
- M 3. Sense of belonging in the school environment
- M 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes

W O. POS	itive attitude toward work and learni	ing					
	Students will demons	Category 2: Behavior Standards s will demonstrate the following standards through classroom lessons, activities and/or individual/small-group counseling.					
Learning Strategies		Self-Management Skills		Social Skills			
B-LS 1.	Demonstrate critical-thinking skills to make informed decisions	B-SMS 1.	Demonstrate ability to assume responsibility	B-SS 1.	Use effective oral and written communication skills and listening skills		

		androi ind	widdansman group counseling.		
Learning Strategies		Self-Management Skills		Social Skills	
B-LS 1.	Demonstrate critical-thinking skills to make informed decisions	B-SMS 1.	Demonstrate ability to assume responsibility	B-SS 1.	Use effective oral and written communication skills and listening skills
B-LS 2.	Demonstrate creativity	B-SMS 2.	Demonstrate self-discipline and self-control	B-SS 2.	Create positive and supportive relationships with other students
B-LS 3.	Use time-management, organizational and study skills	B-SMS 3.	Demonstrate ability to work independently	B-SS 3.	Create relationships with adults that support success
B-LS 4.	Apply self-motivation and self- direction to learning	B-SMS 4.	Demonstrate ability to delay immediate gratification for long- term rewards	B-SS 4.	Demonstrate empathy
B-LS 5.	Apply media and technology skills	B-SMS 5.	Demonstrate perseverance to achieve long- and short-term goals	B-SS 5.	Demonstrate ethical decision- making and social responsibility
B-LS 6.	Set high standards of quality	B-SMS 6.	Demonstrate ability to overcome barriers to learning	B-SS 6.	Use effective collaboration and cooperation skills
B-LS 7.	Identify long- and short-term academic, career and social/ emotional goals	B-SMS 7.	Demonstrate effective coping skills when faced with a problem	B-55 7.	Use leadership and teamwork skills to work effectively in divers teams
B-LS 8.	Actively engage in challenging coursework	B-SMS 8.	Demonstrate the ability to balance school, home and community activities	B-SS 8.	Demonstrate advocacy skills and ability to assert self, when necessary
B-LS 9.	Gather evidence and consider multiple perspectives to make informed decisions	B-SMS 9.	Demonstrate personal safety skills	B-SS 9.	Demonstrate social maturity and behaviors appropriate to the situation and environment
B-LS 10.	Participate in enrichment and extracurricular activities	B-SMS 10.	Demonstrate ability to manage transitions and ability to adapt to changing situations and		



(Adopted 1984: revised 1992, 1998, 2004 and 2010, 2016)

The American School Counselor Association (ASCA) is a The American School Counselor Association (ASAA) is a professional organization supporting school counselors, school counseling students/interns, school counseling program direc-tors/supervisors and school counselor educators. School coun-selors have unique qualifications and skills to address preK-12 students' academic, career and social/emotional development needs. These standards are the ethical responsibility of all school

School counselors are advocates, leaders, collaborators and School counselors are advocates, leaders, collaborators and consultants who create systemic change by providing equitable educational access and success by connecting their school coun-eling programs to the district's mission and unprovement plans. School counselors demonstrate their belief that all students have the ability to learn by advocating for an education system that provides optimal learning environments for all students.

- · Be respected, be treated with dignity and have access to a co ensive school counseling program that advocates for and economic status, abilities/disabilities, language, immigration status, sexual orientation, gender, gender identity/expression, status, sexual orientation, gender, gender identity/expression, family type, religious/spiritual identity, emanciparted minors, wards of the state, homeless youth and incarcerated youth. School counselors as social-justice advocates support students from all backgrounds and circumstances and consult when their competence level requires additional support.
- self-determination, self-development and affirmation within one's group identities. Special care is given to improve overall underserved in educational services.
- · Receive critical, timely information on college, career and postsecondary options and understand the full magnitude and meaning of how college and career readiness can have an impact on their educational choices and future opportunities.
- Privacy that should be honored to the greatest extent possible, while bilancing other competing interests (e.g., best interests of students, safety of others, pareatal grishin and adhering to laws, policies and ethical standards pertaining to confidentially and dischorary in the school setting.
- and free from abuse, bullying, harassment and other forms of

In this document, ASCA specifies the obligation to the principles of ethical behavior necessary to maintain the high standards of integrity, leadership and professionalism. The ASCA Ethical Standards for School Coanselors were developed in consulta-tion with state school counseling associations, school counselor educators, school counseling state and district leaders and school counselors across the nation to clarify the norms, values and beliefs of the profession.

The purpose of this document is to:

- . Serve as a guide for the ethical practices of all school counselors, supervisors/directors of school counseling programs an school counselor educators regardless of level, area, popula tion served or membership in this professional association.
- · Provide support and direction for self-assessment, peer consultation and evaluations regarding school counselors' responsithe school counseling profession.
- · Inform all stakeholders, including students, parents/guardians. teachers, administrators, community members and courts of justice of best ethical practices, values and expected behaviors of the school counseling professional.

#### A. RESPONSIBILITY TO STUDENTS

#### A.1. Supporting Student Development

#### School counselors:

Have a primary obligation to the students, who are to be treated with dignity and respect as unique individuals.

Aim to provide counseling to students in a brief context and support students and families/guardians in obtaining outside services if the student needs long-term clinical counseling.

diagnosis can potentially affect the student's academic success.

tion, gender identification/expression and cultural background and exercise great care to avoid imposing personal beliefs or values rooted in one's religion, culture or ethnicity.

#### **ASCA School Counselor Professional Standards & Competencies**

The ASCA School Counselor Professional Standards & Competencies outline the mindsets and behaviors school counselors need to meet the rigorous demands of the school counseling profession and the needs of pre-K-12 students. These standards and competencies help ensure new and experienced school counselors are equipped to establish, maintain and enhance a comprehensive school counseling program addressing academic achievement, career planning and social/emotional development. These standards and competencies can be used in a variety of ways including:

Self-assess their own mindsets and behaviors
 Formulate an appropriate professional development plan

Guide the recruitment and selection of competent school

#### Develop or inform meaningful school counselor performance

### School counselor education programs Establish benchmarks for ensuring school counseling students graduate with the knowledge, skills and attitudes

#### Organization of the ASCA School Counselor **Professional Standards & Competencies**

tencies are organized by munder standards and behavior stan-dards and competencies. The standards are beneater topics that describe the knowledge, attitude and skills school counselors need to implement a comprehensive school counseling program. The competencies are more specific and measurable indicators of the behavior standards.

selors hold about student achievement and success. Although it may be possible to measure these beliefs, the mindsets are more readily recognized through the behaviors a school counselor

- school counselors demonstrate through the implementation of a comprehensive school counseling program including: 1. Professional foundation the executal skills that are the basis of a school counselor's professional orientation
- 3. Planning and assessment activities necessary for the design, implementation and assessment of the come

can be used to further define the behaviors necessary for the



School Counseling Implementation Framework



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Scholar Standards

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### MANAGE

### **Program Focus**

- Beliefs
- Vision
- Mission

### **Program Planning**

- Data Profile
- Lesson Plans
- Use of Time
- Calendars
- Advisory Council

### **DELIVER**

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Indirect Scholar Services

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- Referrals
- •

### **ASSESS**

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Manage: Program Focus & Planning

Skills

### Mission

The mission of the Compass Charter Schools Counseling
Department is to provide a comprehensive school counseling
program that will empower all scholars to reach their fullest
potential through advocacy and to promote success through a
focus on academic, social/emotional and career development,
one scholar at a time.

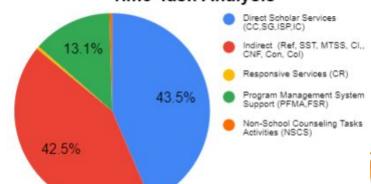
### Vision

We are committed to proactive collaboration with scholars to provide equitable school counseling services that promote academic success, personal growth and career exploration in a virtual learning environment.



#### Counseling Services Curriculum Lesson Plan Michelle Bateman Counselor(s): Kiki Helton Date: 10/8/2020 Activity Learning Lab Get SMART: Goal Setting Grade(s): ASCA Domain: Academic Social/Emotional ASCA Mindsets & Behaviors Identify the appropriate mindset and behavior standards addressed in the core curriculum being presented (2-3 maximum). Use the following link for reference to the standards: https://www.schoolcounselor.org/asca/media/asca/home/MindsetsBehaviors.pdf M 6. Positive attitude toward work and learning **Behavior Standards** B-LS 7. Identify long- and short-term Learning academic/career/social Strategies emotional goals s B-SMS 5. Demonstrate perseverance to Management achieve long- and short-term goals







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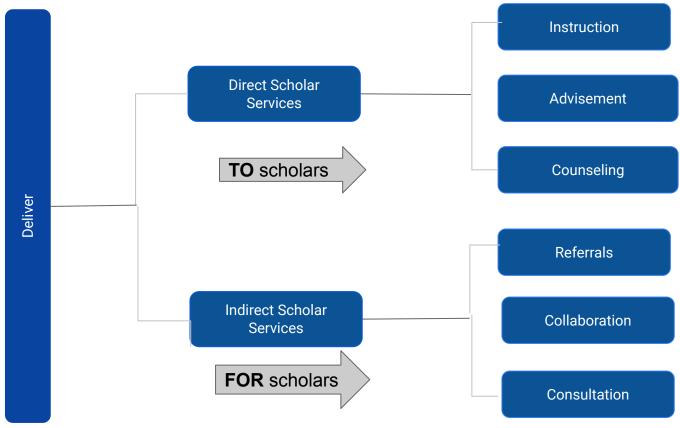
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**Direct & Indirect Counseling Services** 





**Direct Instruction: Counseling Core Curriculum** 

Description

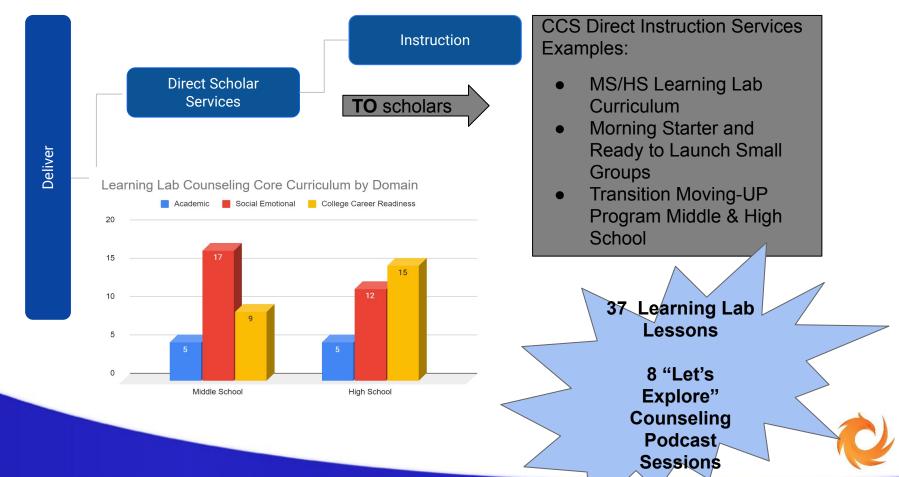
Provides school counseling content in a systematic way to ALL scholars 6-12

Purpose

Scholar awareness
Skill development
Application of skills needed in
everyday life



**Direct Instruction: Counseling Core Curriculum** 



**Direct Advisement: Individual Scholar Planning** 

Description

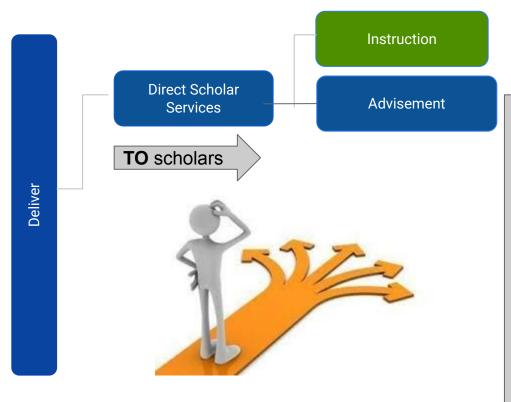
Assists scholars in planning, monitoring, and managing their academic, social emotional, and college/career development

**Purpose** 

Development and use of Individual Academic Outlook Plans (AO)



Direct Appraisal & Advisement: Individual Scholar Planning



Individual Scholar Planning

- Academic Planning & Course Selection Process (CP, Honors, AP, Concurrent Enrollment)
- Exploring School & Community Opportunities (Clubs, Field Trips, Community Service)
- Determining Post Secondary Educational Goals (Enroll, Employ, Enlist)
- College Application Process
- Financial Aid
- Work/Entertainment Permits



### **Direct Counseling**

Description

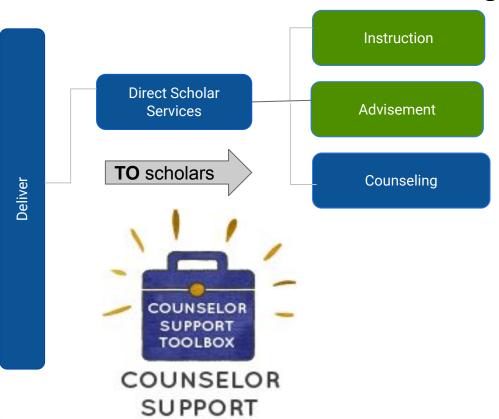
Short term professional assistance and support provided to a scholar based on counseling theories and techniques

Purpose

Help scholars identify problems, causes, potential consequences and benefits, alternatives and outcomes to make decisions and take appropriate actions



### **Direct Counseling**

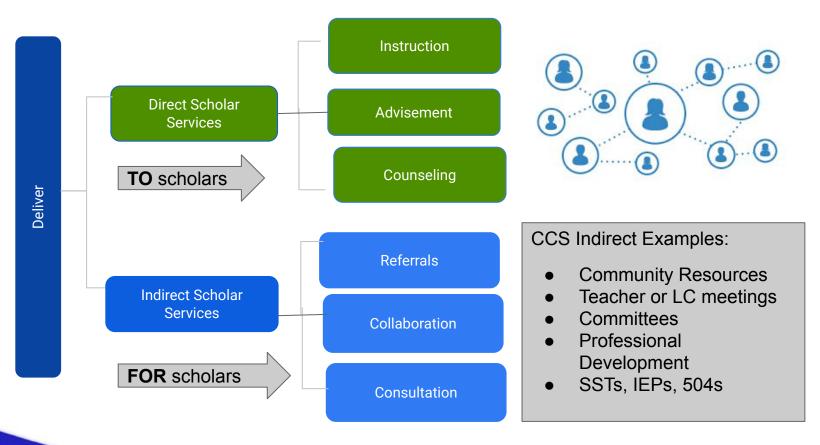


### CCS Counseling Examples:

- Times of transition
- Heightened stress
- Critical change
- Support during or after crisis (Crisis Response)



### **Indirect Scholar Services**





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### 2022/2023 Actions for Program Improvement

- **SUPPORT** for all scholars grades 6-12 within each domain
  - Full Implementation and evidence-based suicide risk screening tool (Columbia-Suicide Severity Rating Scale (C-SSRS)
- ADVOCATE for scholar needs
  - ASCA Model Coaching
- ELIMINATE scholar barriers to learning
  - Annual Scholar Outcome Goal Plan and Closing the Gap Action Plan
- DELIVER a planned proactive curriculum
  - Podcast Series (8 episodes) on important topics related to overall well-being
- USE of DATA
  - Data tracking monthly suicide risk screening data
- PROVIDE individualized scholar interventions
  - All counseling staff trained in suicide risk screening
- CONNECT scholars with school activities and community resources
  - Developing health and wellness section of our CCS Counseling Office with a library of books on various topics to support positive self development



### THANK YOU COMPASS SCHOOL COUNSELING TEAM





### Questions?



### Contact:

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