



BP 5010 Interscholastic Sports Policy

Elevate School recognizes that the educational program can best be achieved through a diversity of learning experiences. Competitive sports can enhance Elevate spirit and student morale and impact positively on students' social growth, development and physical well-being, provided the athletic programs are carefully planned.

Athletic activities do not take precedence over academics, but rather supplement academic study. Therefore, interscholastic sports must not conflict with or jeopardize the academic program of Elevate. Interscholastic sports must not exploit the students participating in such activities and must always be conducted in a manner that promotes students' health and welfare. The goal of interscholastic sports is the development of motor skills, the maintenance of physical fitness, development of self-awareness and socially desirable behavior and to develop recreation skills and positive character traits such as discipline, commitment, sportsmanship and co-operation.

Every student, coach, and advisor is a representative of Elevate. Therefore, they must be exemplary role models. All students participating in interscholastic sports must maintain a good citizenship record and passing grades in all classes. Elevate School shall maintain and provide accident insurance, including medical and hospital service for students injured during interscholastic sport activities. Parents/guardians will be required to receive a notice that:

1. They are aware of the risk inherent in interscholastic sports and that the charter school cannot guarantee that their student will not be injured despite the charter school's commitment to provide for students' health and safety;
2. It is imperative that the student strictly adhere to all safety rules, regulations and instructions as well as rules and guidelines related to sportsmanship and citizenship.

All parents/guardians will be required to sign a statement that they have received the notice, understand its contents and give permission for their student to participate in interscholastic sports. Elevate School will maintain membership in the sports leagues

such as, but not limited to AthLEAD Advantage Sports, YMCA Middle School Play Athletic League (MSPAL), and/or California Interscholastic Federation (“CIF”) if necessary. Elevate will appoint a school representative to MSPAL, AthLEAD & CIF and comply with all rules and regulations of MSPAL, AthLEAD & CIF if Elevate decides to participate in CIF.

The Executive Director and/or Athletic Coordinator will approve participation in all interscholastic sports and the schedule of all interscholastic sports, ensuring that the playing season is of reasonable duration. The Executive Director shall be responsible to the Board for compliance with all MSPAL, AthLEAD and CIF rules and regulations and all federal and state law including, but not limited to, Title IX, Educational Amendments of 1972, Prohibition of Sex Discrimination. The Executive Director or designee will approve all interscholastic sports and arrange for all bus transportation. The Executive Director or designee or Athletic Coordinator of Elevate will be present at all interscholastic sports events hosted by Elevate and ensure that the presence or ready availability of emergency medical treatment is available at all sporting activities.

All students participating in interscholastic sports must first obtain a medical clearance. Any injured students must receive medical clearance prior to again participating in any interscholastic sports. All participating students are required to wear appropriate safety equipment in the manner approved by the manufacturer.

Coaches and full-time members of the Elevate school staff, will be knowledgeable and competent in first-aid and emergency procedures, coaching techniques and adolescent psychology as it relates to sports participation. Coaches will ensure that training and competition will not over-tax the physical capabilities of the participating students and that students are instructed in safety, health and proper training.

Emergency Services	
Call EMS and provide the location	
Serra Mesa	2285 Murray Ridge Rd, San Diego Basketball Court
Tierrasanta	5606 Antigua Blvd, San Diego Upper Fields
Middle School	8404 Phyllis Place, San Diego Parking Lot
Emergency Number: 911	
Non - Emergency Number: (619) 531-2000 or (858) 484-3154	
Eastern Division PD Location: 9225 Aero Dr, San Diego	
Fire Department Location: 9366 Friars Rd, San Diego	
Emergency Medical Center: Rady Children's 3020 Childrens Way, San Diego	

Administering CPR
<ol style="list-style-type: none"> 1. Position person on his/her back. 2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression. 3. Take turns with other responders as needed.
Responder 1: Athletic Coordinator Responder 2: Head Coach Responder 3: Assistant Coach
WHEN AED ARRIVES
<ol style="list-style-type: none"> 1. Remove clothing from chest. 2. Attach electrode pads as directed by voice prompts. 3. Stand clear while AED analyzes heart rhythm. 4. Keep area clear if AED advises a shock. 5. Follow device prompts for further action. 6. After EMS takes over, give AED to Athletic Coordinator for data download.

AED TEAM	
AED Location: Serra Mesa	Staff Lounge Rm 212
AED Location: Tierrasanta	Office Bungalow Rm B4
AED Location: Middle School	MPR Near the Water Station
Responder 1: Athletic Coordinator	
School Nurse Contact Information	Danielle Alden 858 - 751 - 4774

*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the California Code of Regulations and Education Code Sections 35179.5 and 44919. More information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook.