

**Three Rivers Charter School (TRCS)  
Expanded Learning Opportunities Program (ELO-P) Plan  
Revised 12.12.23**



**Local Educational Agency (LEA) Name: Three Rivers Charter School**  
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**School Sites Selected to operate ELO-P:**  
**Three Rivers Charter School**  
**1211 Del Mar Dr. Ste. 301**  
**Fort Bragg, CA 95437**

**Purpose**

This template will aid LEAs in the development of a program plan as required by EC Section 46120(b)(2). In this program plan, LEAs will describe program activities that support the whole child, and students' Social and Emotional Learning (SEL) and development.

**Definitions**

“Expanded learning” means before school, after school, summer, or intersession learning programs that focus on developing the academic, social, emotional, and physical needs and interests of pupils through hands-on, engaging learning experiences. It is the intent of the Legislature that expanded learning programs are pupil-centered, results driven, include community partners, and complement, but do not replicate, learning activities in the regular school day and school year. (EC Section 8482.1[a])

“Expanded learning opportunities” (ELO) has the same meaning as “expanded learning” as defined in EC Section 8482.1. “Expanded learning opportunities” does not mean an extension of instructional time, but rather, opportunities to engage pupils in enrichment, play, nutrition, and other developmentally appropriate activities. (EC Section 46120[e][1])

### **Instructions**

This Program Plan needs to be approved by the LEA’s Governing Board in a public meeting and posted on the LEA’s website.

The program plan template guide is considered a living document that is periodically reviewed and adjusted to reflect the needs of the community, updates in the law, and to provide continuous improvement in the development of an effective ELO-P.

The LEA is responsible for creating, reviewing, and updating the program plan every three years in accordance with EC Section 8482.3(g)(1). LEAs are encouraged to work collaboratively with partners and staff to develop and review the program plan. The LEA is responsible for the plan and the oversight of any community partners or subcontractors. The LEA should include any partners in the development and review of the plan. It is recommended that the plan be reviewed annually.

The Expanded Learning Division adopted the Quality Standards for Expanded Learning in California (Quality Standards) and introduced requirements for Continuous Quality Improvement (CQI) to help programs engage in reflection and be intentional about program management practices and activities delivered to students. To create the program plan, provide a narrative description in response to the prompts listed under each Quality Standard below. The LEA may customize and include additional prompts, such as describing SEL activities, or refining the plan. In addition to the narrative response, it may be useful to include tables, charts, or other visual representations that contribute to the understanding of the ELO-P. LEAs are encouraged to download and reference the Quality Standards in order to provide ongoing improvements to the program. The Quality Standards can be found on the California Department of Education’s (CDE) Quality Standards and CQI web page, located at <https://www.cde.ca.gov/ls/ex/qualstandcqi.asp>.

# TRCS Responses to Quality Standards Elements

## 1. Safe and Supportive Environment

*Describe how the program will provide opportunities for students to experience a safe and supportive environment. Include if the program will be offered on the school site or off campus. If not on site, describe where in the community it will be and how students will be supported to get there.*

TRCS will offer extended learning opportunities to students in safe and supportive environments both onsite and off campus.

TRCS will build on existing onsite expanded learning opportunities for students before and after school. Our programs are led by trusted, supportive TRCS staff who participate in on-going health and safety procedures, training, and practice drills. The after school ELO programs integrate TRCS's positive behavior program intervention and support (PBIS) program driven by our school's REACH values of Respect, Empathy, Achievement, Citizenship and Hard Work.

Onsite ELO offerings include:

- Breakfast in the Tent begins at 8:00am daily before class and all TRCS students are offered free breakfast in a calm, social, supervised environment with peers.
- The Tides Afterschool Program (Three Rivers Interactive Daily Enrichment Supplement) offers a safe, nurturing after care option for students until 5:00 pm daily and includes:
  - Academic support
  - Recreational Sports such as wrestling, soccer, volleyball, acro-dance and basketball
  - Games, hands-on activities and free play
  - Snack
  - School releases early on Friday and additional STEAM (Science, Technology, Engineering, Art, Math) focussed activities are offered.
- Saturday Academy will be offered on several Saturdays throughout the year. This 9 hour day includes sessions that families pre-register for spanning a variety of topics and themes. Sessions are led by TRCS staff and community or family volunteers. Sessions include both academic support and a wide array of enrichment activities.

TRCS will invest in our existing ELO offerings to strengthen and grow our program based on the needs and interests of students and families.

#### Off site ELO Offerings:

In an attempt to move toward offering students thirty additional intersessional nine hour days of ELO, we will research and fund students' participation in existing programs in our small rural community. We will work with partnering community organizations to offer ELO to students during school breaks, on weekends and during the summer.

## **2. Active and Engaged Learning**

*Describe how the program will provide opportunities for students to experience active and engaged learning that either supports or supplements, but does not duplicate, the instructional day.*

The ELO programs at TRCS after school will offer:

- Daily academic support and enrichment, to support student academic success
- Daily outdoor play and physical activity to increase student activity levels and healthy exercise habits.
- Weekly classes focussed on a variety of sports
- Hands-on learning experiences, including STEAM and play based opportunities

As we move toward offering the full requirement of intersessional ELO during summer, weekends and vacations, opportunities will be offered to TRCS students in partnership with local community organizations who have existing programs in our small rural community. Opportunities for outdoor exploration science camps and art classes, for example, will provide learning experiences that are hands-on, utilize multiple senses and support collaborative interaction with people in the larger community.

## **3. Skill Building**

*Describe how the program will provide opportunities for students to experience skill building.*

Our daily Academic Support during Tides provides a collaborative environment for students to receive academic support from skilled TRCS staff, credentialed teachers and their peers. Any student is welcome to this space after school to get help with work

completion and tasks from the regular school day or extra support with targeted academic skills or concepts identified by their teacher. Students and staff at Tides build on 21st century skills as they utilize technology and work collaboratively to bolster academic success.

In the Tides after school program, students will be provided access to enriching educational opportunities and physical movement classes. In all areas, students will be encouraged to use collaboration, communication, critical thinking, and creativity during activities within the program.

#### **4. Youth Voice and Leadership**

*Describe how the program will provide opportunities for students to engage in youth voice and leadership.*

The ELO program provides and supports intentional opportunities for students to play a meaningful role in program design and implementation, and provides ongoing access to authentic leadership roles. Educational partners (students, staff, families, school board) have opportunities throughout the year to provide feedback on the program via formal surveys. TRCS Staff encourage and engage students on a regular basis to share their perspectives regarding program design, what they want to learn and the quality of their experience in the program. Students are given agency to help decide games and activities.

The Recreational Sports piece of our Tides Program utilizes a peer coaching model and we engage peer tutors during Academic Support time. Engaging youth leaders in these ways promotes positive cross-age relationships within the program and empowers students to have a positive impact on other individuals, developing empathy and building confidence and skills.

Our TRCS Student Council is composed of two students from each grade level and a student School President who is elected by the student body. The Student Council reflects on all programs at the school, including the ELO programs, to provide meaningful feedback to the Staff, Director and School Board. Student Council shares ideas for new programs and activities as well ideas for improvements.

#### **5. Healthy Choices and Behaviors**

*Describe how the program will provide opportunities for students to engage in healthy choices and behaviors. Describe how students will be served nutritious meals and/or snacks during the ELO-P hours of programming.*

Our ELO programs promote student well being by providing nutritious foods and ample opportunities for physical activity.

All students are offered a free, nutritious breakfast daily before school begins. Healthy snacks are provided after school during Tides. TRCS is a sponsor of the National School Lunch and Breakfast Programs and operates under the Community Eligibility Provision allowing all our students to receive two nutritious meals each day for free. Snacks are purchased with ELO and other funds and we receive snack donations from the Fort Bragg Food Bank, a community partner organization.

The Tides after school program is outdoors with free play and organized physical activities (as weather permits). The Recreational Sports piece of Tides is focussed on student health and wellness through a diverse offering of sports activities such as soccer, basketball, dance, ultimate frisbee and volleyball. Social emotional well being is also a focus at TRCS and our Student Support Counselor is available after school to meet with students and groups, help resolve behavior issues and help guide students in making decisions toward a healthy lifestyle.

## **6. Diversity, Access, and Equity**

*Describe how the program is designed to address cultural and linguistic diversity and provide opportunities for all students to experience diversity, access, and equity. Describe how the ELO-P will provide access and opportunity for students with disabilities.*

The ELO program creates an environment in which students experience values that embrace diversity and equity regardless of race, color, religion, sex, age, income level, national origin, physical ability, sexual orientation and/or gender identity and expression.

The ELO programs are open to all TRCS students. Communications are provided in English and Spanish to make the information accessible to all our families. Our ELO programs are free for families including Tides and Saturday Academy.

All TRCS students are welcome in the ELO programs including students with disabilities. We are aware of and seek information and strategies to support all participant needs.

## **7. Quality Staff**

*Describe how the program will provide opportunities for students to engage with quality staff.*

The TRCS Director is responsible for hiring all staff on site. Our ELO programs are run by quality TRCS staff who have regular training in health and safety, behavior management and other professional skills. The ELO program funds will allow the program to increase hourly pay rates, with the purpose of attracting a strong candidate pool and maintaining highly trained quality staff, as well as increase the number of staff members.

## **8. Clear Vision, Mission, and Purpose**

*Describe the program's clear vision, mission, and purpose.*

The Expanded Learning Opportunities Program at TRCS will provide a safe and enriching learning environment for students outside the regular school day. Engaging ELO offerings with a focus on the whole child will promote academic success and physical and emotional wellbeing for students.

As the ELO programs are further developed at TRCS, our educational partners (including students, staff, families, board and community partners) will have opportunities to provide input and feedback. The current programs have been built on the needs and input from our educational partners, specifically through the development of the school's Local Control Accountability Plan (LCAP).

## **9. Collaborative Partnerships**

*Describe the program's collaborative partnerships. Local educational agencies are encouraged to collaborate with non-LEA entities to administer and implement ELO-P programs.*

As we further develop the ELO program at TRCS, we plan to seek collaboration with local entities to enhance our program. TRCS has many existing local collaborative partnerships and we are investigating the potential to collaborate with these organizations in our ELO offerings. Local organizations with whom we have collaborated include: Noyo Center for Marine Science, Nature Day Camp, Point Cabrillo Light House, Noyo Food Forest, Audubon Society, Flockworks and more.

## **10. Continuous Quality Improvement**

*Describe the program's Continuous Quality Improvement plan.*

The ELO program at TRCS uses data from multiple sources to assess its strengths and weaknesses in order to continuously improve program design, outcomes and impact. Data is collected from our educational partners, including youth, regarding the quality and effectiveness of the program at least once annually. Staff demonstrate their commitment to continuous improvement on a daily basis through regular self-assessment of individual performance as well as attending professional development and training opportunities that expand their capacity. TRCS has weekly teaching staff and monthly whole staff meetings where we reflect as a team and work on continuous improvement of all our programs.

## **11. Program Management**

*Describe the plan for program management.*

The TRCS Director will maintain oversight of the ELO programs. Regular check-ins with ELO staff informally and formally at staff meetings will provide opportunity for communication around any necessary changes to improve the program. All new programs and large expenses are approved by the TRCS Board of Directors.

## **12. Existing After School Education and Safety (ASES) and 21<sup>st</sup> Community Learning Centers (21<sup>st</sup> CCLC) Elementary and Middle School grantees.**

Does not Apply.

## **13. Transitional Kindergarten and Kindergarten**

*Programs serving transitional kindergarten or kindergarten pupils shall maintain a pupil-to-staff member ratio of no more than 10 to 1. (EC Section 46120[b][2][D]). Please address the proposed schedule and plan for recruiting and preparing staff*



*to work in the program, including supporting them to understand how to work with younger children. How will the lower pupil-to-staff ratio be maintained? How will the curriculum and program be developmentally-informed to address this younger age group?*

Does not Apply.

TRCS serves students in first through eighth grade. We do not have kindergarten or transitional kindergarten at this time.

#### **14. Sample Program Schedule**

*Please submit a sample program schedule that describes how the ELO-P or other fund sources, including the California State Preschool Program for children enrolled in transitional kindergarten or kindergarten, will be combined with the instructional day to create a minimum of nine hours per day of programming (instructional day plus ELO-P or other supports). Also, submit a sample schedule for a minimum nine-hour summer or intersession day.*

#### **School Day ELO Schedule (8:00 - 5:00 = 9 hours)**

- 8:00 - 8:30 Breakfast in the Tent
- 8:30 - 3:00 Regular School day
- After School ELO:
  - 3:00 - 5:00 TIDES Afterschool Program
- Friday Early Release ELO:
  - 12:00 - 5:00 Tides Afterschool Program

**Intersessional ELO Schedule** is under development. In an attempt to move toward offering students thirty additional intersessional nine hour days of ELO, we will research and fund students' participation in existing programs in our small rural community.

We have added the Saturday Academy to be offered once a month on campus. Programming for school breaks and summer is under development with impending facilities remodel beginning in 2024.