



Los Angeles Unified School District

STUDENT HEALTH AND HUMAN SERVICES SCHOOL MENTAL HEALTH

Fee for Service Contract for Charter Schools 2018-2019

LAUSD SCHOOL MENTAL HEALTH

The LAUSD School Mental Health Unit was established in 1933 to promote the mental health, well-being and academic achievement of all LAUSD students.

School Mental Health professionals support positive student connections with peers, family, school and the community. PSWs facilitate student development and the ability to successfully deal with problems, crisis or traumatic experiences. PSWs foster resiliency, the ability to bounce back from challenges with a stronger sense of self confidence and coping capacity, by promoting healthy relationships, self reflection and problem solving skills to optimize school success.

Research suggests that schools may function as the de facto mental health system for children and adolescents. Nationally, only 16% of all children receive any mental health services. Of those receiving care, 70-80% receive that care in a school setting.

More than 25% of American youth experience a serious traumatic event by their 16th birthday, and many children suffer multiple and repeated traumas including: abuse, maltreatment and neglect; traumatic loss; serious accidental injury; violence in neighborhoods, schools and homes; treatment for life-threatening illness (medical trauma); accidents and fires; disasters and terrorism.

Research confirms that trauma and social- emotional barriers do impact school performance and impair learning; lower GPA, decrease reading ability, increase rate of school absences and increase rates of drop out, suspensions and expulsions.

PSWs provide early screening and bio-psychosocial assessments, prevention and early intervention, and evidence based treatment services.

In support of the implementation of the Coordinated Safe and Healthy School Plan and the Discipline Foundation Policy, the following core services are provided by PSWs:

- Crisis Counseling and Intervention Services
- Threat Assessment and Management
- Suicide Prevention, Intervention, Post-Vention Services
- Mental Health Consultation
- Mental Health Clinic Services
- Educationally Related Intensive Counseling Services (ERICS)

PSWs integrate a multi-tiered approach, to create and implement a continuum of school-wide prevention, early intervention, selected and intensive services for students with social-emotional, and behavioral needs; including those with significant disruptive, destructive, or violent behaviors.



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PSWs support a *school-wide* foundation of positive discipline, academic success, mental and emotional wellness through a caring school environment that promotes appropriate behaviors and problem solving skills and positive behavior support. PSWs *intervene early*, creating and implementing services that address risk factors and foster protective factors for students at-risk of severe academic or behavioral problems. PSWs provide *intensive intervention* including coordinated, comprehensive, culturally appropriate child (and family) focused evidence-based interventions.

SUGGESTED SERVICES

Specific Short-Term Services:

- Crisis counseling and intervention for students, staff, and parents after critical incidents
- Suicide prevention, intervention, post-vention trainings and support.
- Provide consultation as it relates to Educationally Related Intensive Counseling Services (ERICS).
- Provide student and parent psycho-education on topics that include: mental health and trauma awareness, social skills, conflict mediation, grief, drug prevention, and other social emotional issues impacting learning and the school community.
- Conduct staff development to address barriers to learning, including: Impact of Trauma on Learning, Psychological First Aid: Listen, Protect and Connect Model, Crisis Intervention & Management, and Threat Assessment & Management.
- Provide community referrals, linkages and coordination with District and community resources to address student and family needs.

Long-Term Services:

- Integrating multi-tiered approach to create and implement school and student services at every tier: universal, targeted and intensive.
- Provide a range of comprehensive mental health services including school-wide prevention, early intervention and treatment services.
- Provide consultation and services as it relates to Educationally Related Intensive Counseling Services (ERICS).
- Provide individual, group and family therapy targeting students who are at risk of school failure due to social, behavioral and emotional problems.
- Implement parent education and training, including Back in Control® and other evidence informed programs.
- Collaborate with teachers and school staff by providing mental health consultation to individuals and/or groups. Developing strategies for classroom management, design and monitor behavior contracts, and support positive behavior planning and implementation.
- Implement evidence based short-term (10 weeks) treatment that addresses the symptoms of trauma, depression, and anxiety (Cognitive Behavior Intervention for Trauma in Schools or CBITS).
- Participate in the school's Student Support and Progress Team (SSPT)



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PSYCHIATRIC SOCIAL WORKER RATES

| Fee for Service Rates | |
|-----------------------|----------|
| 1 hour | \$80.47 |
| 1 day | \$644.00 |

School-Purchase PSW - 1.0 FTE Rates (also available for other FTE'S)

| Fee for Service Rates | |
|-----------------------|-----------|
| C Basis Yearly | \$131,332 |

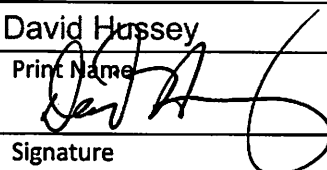
For more information, please contact:

Joel Cisneros, Director
(213) 241-3841
joel.cisneros@lausd.net

Cecilia Ramos, Assistant Director
(213) 241-3841
cecilia.ramos@lausd.net



**Los Angeles Unified School District
School Mental Health
FEE FOR SERVICE (FFS) REQUEST**

| | | |
|-----------------------|---|---------------------------|
| Charter School: | <u>El Camino Real Charter High School</u> | Date: <u>1/11/2019</u> |
| Telephone: | <u>818-595-7500</u> | Fax: <u>818-710-9023</u> |
| Address: | <u>5440 Valley Circle Blvd</u> | Local District: _____ |
| | <u>Woodland Hills, CA 91367</u> | |
| Request Completed by: | <u>David Hussey</u> | <u>Executive Director</u> |
| | Print Name | Title |
| |  | |
| | Signature | Telephone |
| | <u>d.hussey@ecrchs.net</u> | <u>818-595-7503</u> |
| | Print E-Mail Address | |

Examples of Services include: Psychiatric Social Worker to provide School Purchased Social Work Services (see attached SMH FFS Description); Crisis Counseling & Intervention Services (including crisis response; threat assessment & management; suicide prevention, intervention, post-vention services; training & professional development); services and consultation regarding Educationally Related Intensive Counseling Services (ERICS) ; mental health consultation.

1. Describe Services, Materials, and/or Project Requested: (Use additional pages if necessary.)

One Psychiatric Social Worker (PSW) to provide the following:

- Direct mental health service to students and families
- Multi-tiered mental health interventions (universal, targeted, and intensive)
- Collaborate with school administrators to coordinate the Coordination of Services Team
- Document services, analyze data and provide reports

If services are requested, complete below:

| | | |
|--------------------------------|----------------------------|---|
| Start Date: <u>1/28/2019</u> | End Date: <u>6/30/2019</u> | (End Date: June 30 th - the end of school year is preferred when possible) |
| Number of Students: <u>TBD</u> | Frequency: <u>TBD</u> | |
| Hours per day: <u>8</u> | Days per week: <u>5</u> | Total Days: <u>108</u> |

2. Fee for Service Analysis: (To be completed by School Mental Health, LAUSD)

Office or Division: School Mental Health Date: _____

Is the service/material/project available on a fee for service basis? ☐ Yes ☐ No

The estimated cost of the service/materials/project is: _____

Please attach documentation for cost estimate.

| | |
|--|---------------------|
| Estimate completed by: <u>Joel Cisneros / Director</u> | Date |
| Print Name/Title | <u>213.241.3841</u> |
| Signature | Telephone Number |

3. Proceed with the above project at the estimated cost.

Charter School Signature and Title

4. Upon completion of service and/or delivery of materials, the appropriate District Office will send the completed "Confirmation of Services Provided to Charter School" form to School Mental Health.

Please forward the FEE FOR SERVICE REQUEST to:

LAUSD School Mental Health
333 S. Beaudry Avenue, 29th Fl.
Los Angeles, CA 90017

If you have any questions please call School Mental Health at
213.241.3841.

FAX to 213.241.3305