## Let yourself be moved.

Excel Academy Charter School Health & Wellness Program - Class Pass



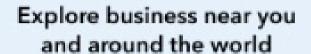
## Class Pass

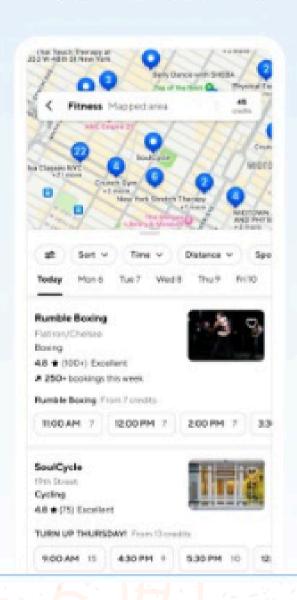
Class Pass is an employer offered Health and Welfare benefit that allows employees access to multiple participating health and wellness establishments of their choice. Using a unit or credit system class pass assigns units to activities based on time of class and popularity. Staff can gain access to health and wellness activities such as yoga, pilates, gym memberships, sauna, infra red & hyperbaric therapies, meditation among many more. Class Pass offers a variety of activities and therapies for staff at all ability and skill level



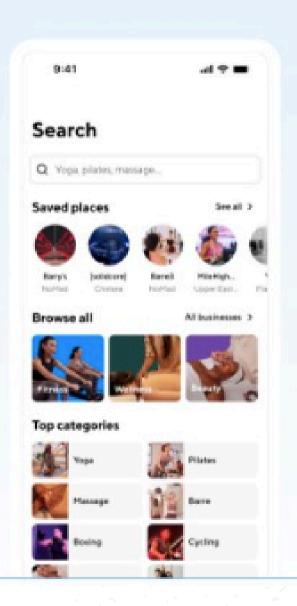
### ClassPass is a monthly fitness and wellness membership

Employees can access thousands of fitness studios, gyms, salons and spas in one place.

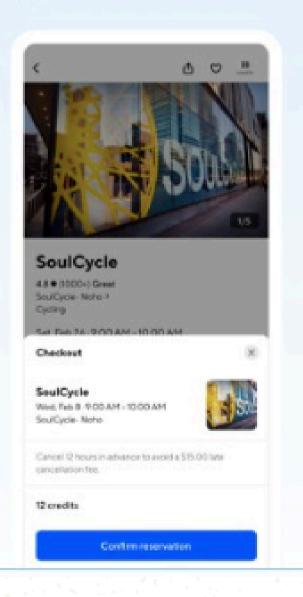




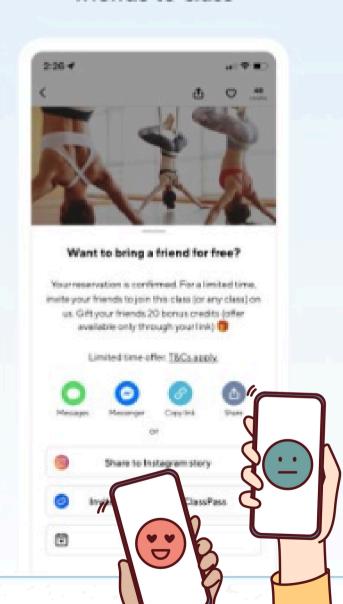
Search by activity



Book classes & appointments with credits



#### Invite coworkers and friends to class



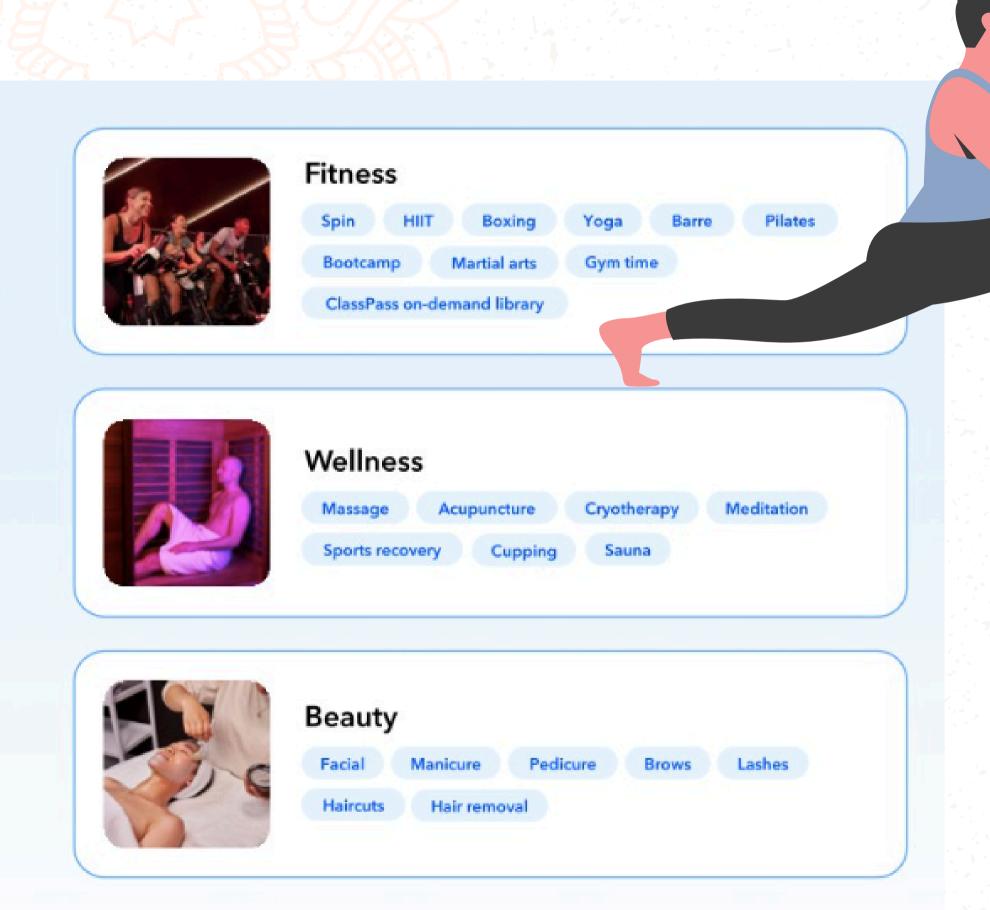


## Offerings

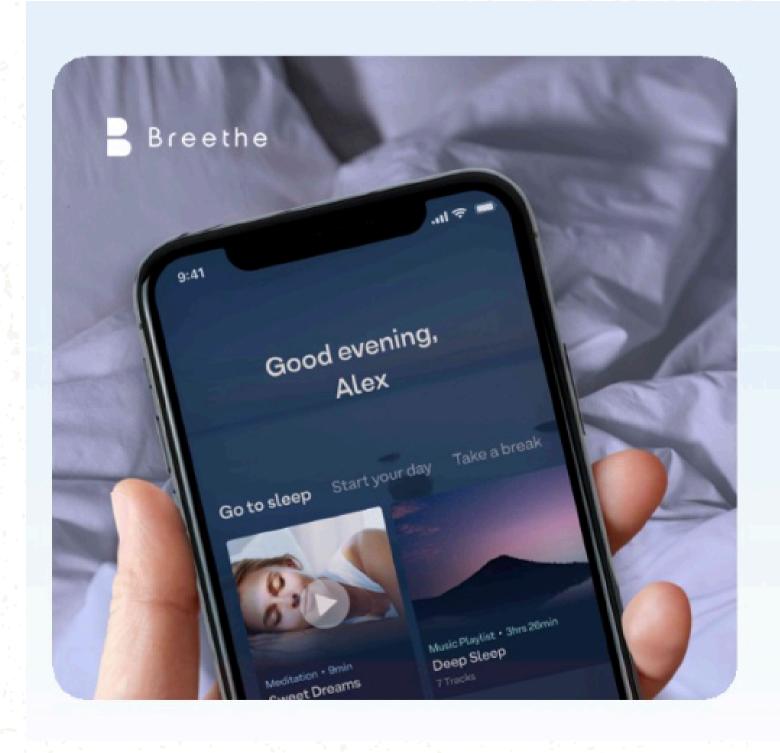
### Enable employees to take care of their physical & mental health however they choose

Employees can mix and match thousands of fitness classes, wellness appointments and our library of 4,000 on-demand workouts to build a routine that works for their lifestyle.

Browse all classes & appointments



## Not just physical health



## Employees get access to Breethe

We've teamed up with Breethe to give your employees **one year of free access** to resources that will help reduce stress, increase sleepy quality and more.



**Guided meditations** 



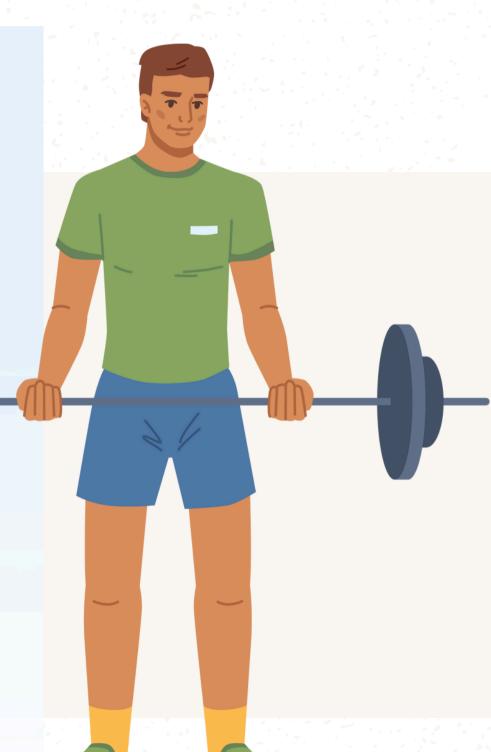
Hypnotherapy sessions



White noise



Music



## What class pass can offer to you.



Anxiety relief

Services such as massage and meditation



Flexible time

Access classes at anytime to fit into a busy schedule



Reduce stress

Sauna and Chrio therapies



Life balancing

Yoga and Pilates



Health tips

Wellness Centers



Health report

Online - mobile application to track your progress



## How Credits Work



6-credit plan Eddie · Austin

Eddie usually books a mental reset & gym session once a week. During a busy month, he rolls his credits over.

Gym Time x3 3 credits

Meditation 3 credits



25-credit plan Kate · Amsterdam

Kate recently found out she's pregnant and uses ClassPass once or twice a week to stay active.

Prenatal Yoga x2 8 credits
4 credits each

Full Body Pilates 10 credits

Meditation 4 credits

Barre 3 credits



**80-credit plan Mel** · New York

Mel uses ClassPass to book her favorite workouts on repeat & keep up a fitness routine.

Strength Training x2 16 credits 8 credits each

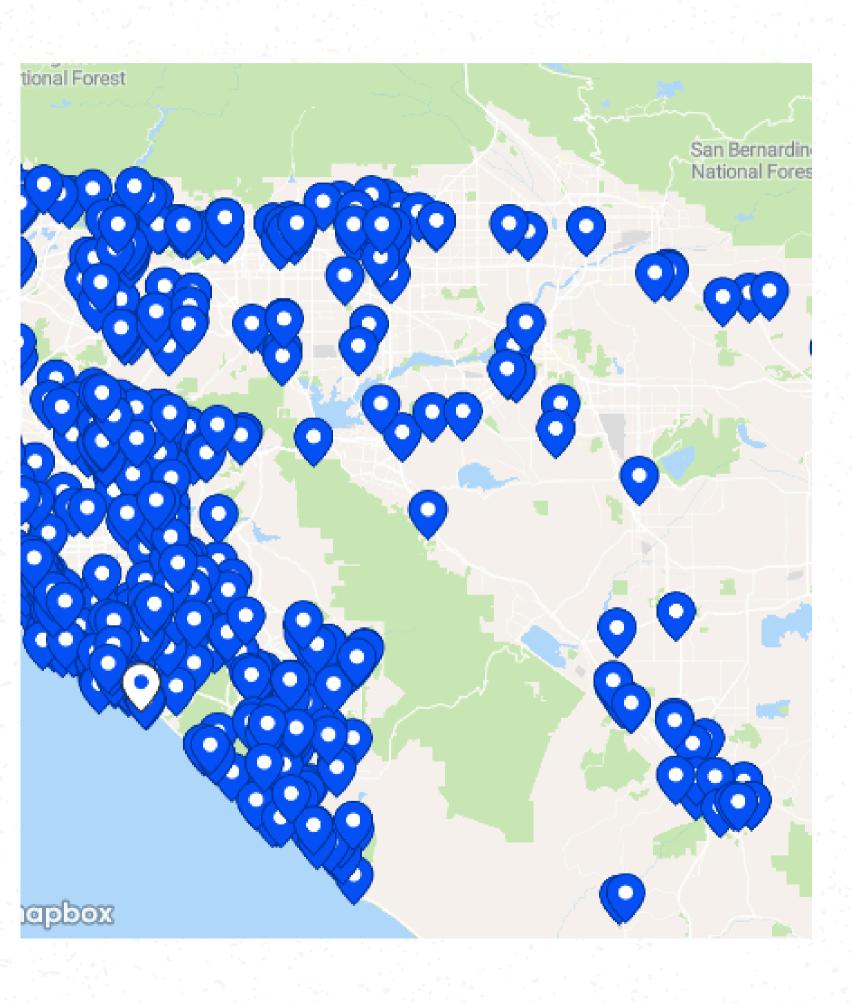
Hot Yoga x3 21 credits 7 credits each

Cycling x6 30 credits 5 credits each

Cryotherapy 13 credits







# The focus on strength, balance & flexibility.

11

Units Per Month ER Contribution

50%

Off EE Buy Up Packages K's

Participating Establishments

#### ...and can use their ClassPass membership around the globe

ClassPass is available in thousands of cities worldwide, meaning you're able to offer your employees the same great benefit wherever they are.

