# WHAT TO DO IF A STUDENT IS SICK, OR TESTS POSITIVE FOR COVID-19 AT SCHOOL?

## IDENTIFY AND ISOLATE

Student shows signs of COVID-19 symptoms. Teacher or staff excuses student from classroom. Alerts the COVID-19 POC.[1]

COVID-19 POC takes student to isolation room/area and ensures student is properly supervised and masked. COVID-19 testing coordinator administers COVID-19 test. The guardian is called for immediate pick up. Arrangements are made for student to go home with asynchronous assignments.

NOTE: If multiple students are in isolation room, ensure mask use and social distancing while supervised.

Guardian picks up student, and then contacts healthcare provider for further evaluation.

NOTE: Once COVID-19 test results arrive, COVID-19 diagnosis will inform the need for quarantine of close contacts.[2]

## CLEAN AND DISINFECT

Relocate classmates and staff away from classroom for 30 minutes to clean and disinfect area that the ill student occupied. Continue use of PPE to reduce risk of infection.

**COVID-19 test result: NEGATIVE**

## RENTRY

Student returns to school based on existing school illness management policies.

**COVID-19 test result: POSITIVE**

### Common Symptoms of COVID-19 in Children

- Fever or chills
- Stomachache
- Tiredness
- Headache
- Cough
- Poor appetite
- Muscle or body aches
- Nasal congestion or runny nose
- New loss of taste or smell
- Shortness of breath or difficulty breathing
- Diarrhea or vomiting

## ISOLATE

Student diagnosed with COVID-19 begins home isolation. Student enters CNCA internal Independent Study Program (IS) [3] during isolation period.

## CLEAN AND DISINFECT

Relocate classmates and staff away from classroom for 3-4 hours. Deep clean, disinfect, and use electrostatic sprayer in all areas that the ill student occupied. Ventilate the area(s) as long as possible before cleaning to let virus particles settle.

## IDENTIFY AND ISOLATE

COVID-19 POC starts a list of close contacts and siblings of the ill student and informs guardians of close contacts of possible exposure. If applicable, COVID-19 takes close contacts to the isolation room for COVID-19 testing and enrollment in internal IS Program during home isolation.

COVID-19 POC works with HSO to assess spread and support follow-up with staff and guardians that had contact with the ill student.

Guardians of close contacts and siblings are advised to keep their child(ren) home and quarantine for 10 days, per local health department requirements.[4]

## RENTRY

The student(s) can return to school and end isolation once the following are met:

A. 10 days from the start of the symptoms, AND
B. Fever free for 24 hours without fever reduction medication, AND
C. Symptoms have improved.

[1]*"COVID-19 POC" is the designated point of contact for student response, commonly the APSS.* [2]*Close contact is defined as someone who was within 6 feet for a total of 15 minutes or more within 2 days prior to illness onset.* [3]*CNCA's internal Independent Study ("IS") program includes asynchronous assignments and a regular synchronous check-in throughout the quarantine or isolation period.* [4]*CDC guidance provides that people who are fully vaccinated and do not have COVID-19 symptoms do not need to quarantine nor get tested after an exposure to someone with COVID-19.*

Source: cdc.gov/coronavirus
Last Updated: August 2, 2021