## Recess and lunch are tricky times to navigate with COVID protocols. Here are some guidelines:

Sign-Up Docs: K and 3rd Grade 1st and 4th Grade 2nd and 5th Grade



## Lunch (also applies to snack)

- When possible lunch should be outside. Sign up for your lunch location at the links above.
  - Consider having kids bring a towel or hula hoop to define their spot
- Schedule a bathroom time beforehand so everyone can wash their hands
  - o Remember, each of the 3 groups need to have separate bathroom times!

If you have to eat indoors, this is the time when people are most vulnerable to COVID-19. Follow these procedures:

- Everyone should face the same direction to the extent possible
- No one removes their mask until everyone is ready
- All people remove their masks at the same time following mask removal processes
  - Hold the loops
  - Fold the mask so the part touching your face is inside
  - Set the mask down
- Consider displaying a <u>countdown timer</u>
- No one can get up from their seat during the eating time
- After 20 mins (ish depending on if your group can be faster or slower), direct students to put their masks back on
- Clean up
  - Kids take ALLLL their trash home
  - Pass out Clorox wipes and kids wipedown their own space, dirty wipes go home in their lunch box
  - Kids should wash their hands or use hand sanitizer when finished

## Recess

- Stay in the area you signed up for
- Masks on the entire time
- No touching
- Kicking balls to each other, throwing balls to each other, races, building things with sticks, etc are all fine
- Consider planned games if kids struggle. Add game ideas here!
  - Kickball
  - o Guess the leader