



Recess and lunch are tricky times to navigate with COVID protocols. Here are some guidelines:

Sign-Up Docs:

[6th Grade](#)

[7th Grade](#)

[8th Grade](#)

Lunch (also applies to snack)

- When possible lunch should be outside. Sign up for your lunch location at the links above.
 - Consider having kids bring a towel or hula hoop to define their spot (or see what we have in Wellness that you can keep in your space)
 - If outdoors and seated, have kids sit feet-to-feet to help maintain distance
- Schedule a bathroom time beforehand so everyone can wash their hands and/or have everyone use hand sanitizer

If you have to eat indoors, this is the time when people are most vulnerable to COVID-19. Follow these procedures:

- Everyone should face the same direction to the extent possible
- Open windows and doors where possible
- No one removes their mask until everyone is ready
- All people remove their masks at the same time following mask removal processes
 - Hold the loops
 - Fold the mask so the part touching your face is inside
 - Set the mask down
- Consider displaying a [countdown timer](#)
- No one can get up from their seat during the eating time
- After 20 mins (ish depending on if your group can be faster or slower), direct students to put their masks back on
- Clean up
 - Kids take ALLLLL their trash home
 - Pass out Clorox wipes and kids wipedown their own space, dirty wipes go home in their lunch box (do not have kids come up to get cleaning supplies or walk up to throw out trash.)
 - Kids should wash their hands or use hand sanitizer when finished

Recess

- Stay in the area you signed up for
- Masks on the entire time
- No touching
- Kicking balls to each other, throwing balls to each other, races, jumprope, hula hoop, building things with sticks, etc are all fine