



Proposal for Comprehensive Forensic Psychological Services Phase I of Treatment

Created by Dr. Shawn L. Frugé, CEO
Frugé Psychological Associates, Inc.
April 4, 2022

OVERVIEW

Dr. Evangelia Ward-Jackson, MWA Director, requested that FPA draft a proposal to provide Comprehensive Forensic Psychological Services (CFTS) [REDACTED] WMs will undergo CFTS in accordance with principles and standards of the American Psychological Association and American College of Forensic Psychology. For this proposal, CFTS consist of five highly interdependent components: (1) assessment, (2) evidenced based psychotherapy, (3) crisis support, (4) parent consultation, and (5) MWA staff consultation. These interventions are primarily delivered by doctorate level, licensed forensic and clinical psychologists.

ASSESSMENT

Consistent with scientific literature speaking to WMs' specific traumatic exposure, they are administered the Beck Youth Inventories II, Multidimensional Anxiety Scale for Children II, Columbia University Metacognitive PTSD Scale, PCL-5 Questionnaire, How I Think Questionnaire, and FPA Symptom Checklist at the beginning and end of each phase of treatment. The aforementioned instruments are ordinal, summative measures of general psychological health, residual effects of trauma, and cognitive distortions predicative of social-emotional maturity and future juvenile delinquency. Students also undergo clinical and diagnostic interviews and expanded mental status examinations.

Data from assessment are used to render diagnosis (per the Diagnostic & Statistical Manual for Mental Disorders, Fifth Edition), clinical formulation, forensic case conceptualization, and strategic treatment planning. Both individual and group analyses are conducted to determine statistically significant improvements and effect sizes along with degree of trajectory change related to psychiatric impairment. Upon request of MWA's CEO or Board of Directors, permission of legal guardians, and assent of WMs, these data are aggregated, organized, and presented with non-identifiers to the responsible fiduciary party.

EVIDENCE BASED PSYCHOTHERAPY

WMs participate in Trauma Focused Cognitive Behavioral Treatment (TF-CBT) with integrated features of PMSC and Developmental Relation Therapy. These are evidenced based forms of psychotherapy that will be delivered in a group format. The TF-CBT group

meet for ninety (90) minutes, twice (2) per week. Goals and outcomes of TF-CBT are determined based upon confirmed DSM-5 diagnoses and other assessment results.

CRISIS SUPPORT

Crisis support sessions are offered to WM's during instances of extreme emotional reactivity between TF-CBT group sessions. Emotional reactivity is understood as non-compliance, tearfulness, behavioral withdrawal, unsolicited sexual advancement, and aggression along with suicidal and homicidal ideation in response to internal and external triggers. Objectives of crisis support sessions are psychiatric stabilization and increased coping.

PARENT CONSULTATION

Parent consultation sessions are offered once (1) per month for ninety (90) minutes. Legal guardians are provided with clinical updates and educated about different phases of TF-CBT. They are advised on ways to communicate, bond, and reinforce coping techniques in home and community settings.

MWA STAFF CONSULTATION

MWA staff are provided with insights about external triggers at MWA along with motivation driving WMs' behavioral transgressions. FPA staff will support MWA personnel in developing and modifying support plans for WMs. MWA staff consultation happen in individual or group modalities from fifteen (15) to sixty (60) minutes as warranted throughout the school week.

SERVICE, HOURS & FEES: PHASE I TREATMENT

Services will take place May 1, 2022 – July 29, 2022

Service	Hours	Hourly Rate	Flat Fee	Total
Post-Assessment			\$2,500	\$17,500
Psychotherapy	27	\$385		\$10,395
Treatment Planning	12	\$385		\$4,620
Crisis Support	24	\$385		\$9,240
Parent Consultation	4	\$385		\$1,540
Staff Consultation	14	\$385		\$5,390
Grand Total: Phase I	81			\$48,685

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Shawn L. Frugé", with a long horizontal line extending to the right.

Dr. Shawn L. Frugé, QME
Chief Executive Officer