

# Objective

- Introduction
- Overview & Services
- Response to Challenges
- Highlights

## Danilo Garcia

### Middle School Social Worker

Mr. Garcia is a licensed mental health therapist with a Pupil Personnel Services Credential, and a background in family systems and trauma-informed care.



## Rachel Navarro

### **Upper School Social Worker**

Ms. Navarro is working towards licensure, and has over ten years of social services experience, including leadership roles within school-based wellness centers.

Currently, Ms. Navarro's focus is prioritizing family, and embracing the new addition of a second child with her husband. Congrats!





# Overview & Services

MWA School Social Workers are trained mental health professionals who strive to link the home, school and community by providing direct as well as indirect services to students, families and school personnel. In doing so, we serve to empower Wave-Makers to achieve their life dreams by building relationships, promoting academic success, and developing social-emotional wellness and mental health.

This work can be framed within three main categories, which include:

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Direct Services

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- Direct Services
- Policy & Programming

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This work can be framed within three main categories, which include:

- Direct Services
- Policy & Programming
- Advocacy & Empowerment

**Direct Services** 

Policy & Programming

#### **Direct Services**

**Policy & Programming** 

- Therapeutic/Counseling services
- Safety/Risk Assessments
- Crisis intervention
- Case Management
- Direct support to staff
- Parent/Guardian coaching/consultation
- Referrals to community partners/resources

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- Therapeutic/Counseling services
- Safety/Risk Assessments
- Crisis intervention
- Case Management
- Direct support to staff
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- Referrals to community partners/resources

### **Policy & Programming**

- Reviewing and updating critical policies and protocols
- Developing staff in-service training and professional development offerings
- Collaborating on Advisory SEL content
- Ensuring compliance with critical data submissions (i.e. CALPADS)
- Developing and enhancing systems to identify and support student needs

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- Facilitating & participating in student-focused intervention meetings
- Providing essential information about factors impacting students' learning experiences
- Obtaining and coordinating community resources to meet student needs
- Developing content to facilitate parent/guardian support with students' wellness and mental health

# Response to Challenges

# **Unprecedented Times**

During Pandemic & Distance Learning			
Non-comm or Disengaged Students	Depressive & Anxious Symptoms	Changes in Family Roles & Expectations	
Housing & Food insecurity	Lack of Motivation	Physical Health Risks and Concerns	
Family/Environmental Stress	Parent Education & Support	Student Decision-Making	

# **Proactive Response**

**Information & Resources** 

**Ensuring Access to Supports** 

# **Proactive Response**

### Information & Resources

Collaborating with stakeholders to disseminate information and resources including:

- Locating food banks & distribution sites
- Accessing behavioral/mental health services
- Understanding crisis response services
- Connecting parents/guardians to internal services/referrals
- Developing self-care strategies
- Empowering students to develop content via Brain & Psych Club
- Professional development on our Notice.Talk.Act. protocol

### **Ensuring Access to Supports**

# **Proactive Response**

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### **Ensuring Access to Supports**

Collaborating with stakeholders to streamline school-based services by:

- Creating an Emergency Psychological Services Consent form
- Facilitating a protocol for community donations
- Conducting Family Support Sessions for students identified with critical needs
- Partnering with our School Nurse to support families directly impacted by COVID-19

# **Identifying Needs**

**Alignment in Services** 

**Integrated Referral Pathways** 

# **Identifying Needs**

### **Alignment in Services**

Creating systems and practices that enhance collaboration and services, such as:

- Creation of an internal referral/service tracking system
- Discovering new ways to interface with existing platforms (e.g. PowerSchool)
- Formalizing steps for early detection and screening of potential needs (e.g. enrollment/registration)

### **Integrated Referral Pathways**

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### **Integrated Referral Pathways**

Utilizing our Multi-tiered Systems of Support to identify needs and collaborate within an interdisciplinary framework:

- Clinical Care Meetings
- COST Meetings
- Grade-Level Meetings
- SPED Team Meetings
- SST Meetings
- Notice.Talk.Act.

# Highlights

# **Direct Services Spotlight**

A total of 51 students, or approximately 41 percent of referrals to MWA School Social Workers, are receiving counseling or case management services.

Over 100 referrals received by MWA Social Workers were initiated by faculty or staff in accordance to our N.T.A. protocol.

Service Provided	Semester 1 Total
Counseling/Case Management	51
Safety/Risk Assessments	25
Family Support Sessions	30
Crisis Intervention	6
Referrals to Community Partners	10

## **Community** in Action

We combine our intellect and critical thinking to support each other and make healthy choices for ourselves and positive changes in our community.

