October 6, 2020

Alton B. Nelson, Jr.
Chief Executive Officer
Making Waves Academy
4123 Lakeside Drive
Richmond, CA 94806

RE: SOW - Proposal Leadership Coaching for 3 Leaders of Making Waves Academy

Amount: \$ 48,000 Tax ID:

LETTER OF AGREEMENT

Making Waves Academy and Meadowlark Consulting Group, LLC Executive Coaching for 3 Leaders

Dear Alton,

It was a pleasure speaking to you about your desire to continue growing the leadership capabilities of your team through professional executive coaching.

This statement of work is for:



This coaching program includes a customized 360° feedback process using interviews and twelve, 90-minute coaching sessions, to include the identification of specific skills to hone and master as a senior leader, to effectively influence at all levels. Alternatively, an online electronic 360 assessment may be used. The specifics of this proposal includes the following coaching services.

1. SCOPE

This letter of agreement represents 6 months of customized Coaching services to be provided by Therese Lenk of Meadowlark Consulting Group, LLC, to

2. DELIVERABLES

PHASE 1: Months 1 & 2

- Indepth meeting with Coachee (1.5 to 2 hours) via Zoom to understand business and developmental goals, strengths, challenges, current work environment, career progression and desire, and development activities to-date, as well as Alton's expectations. Agree on the coaching process, initial plan/timing for coaching and roadmap.
- Collection, evaluation and analysis of recent and past performance reviews and other assessments.
- Launch 360° process: identification of stakeholders as raters, communications and timeline. Note: this launch will depend on the timing of other corporate activities.
- Three 1.5 hour (in person/Zoom) one-on-one coaching sessions to provide some immediate coaching tools and models to apply.
- Seven to Ten (7-10) key stakeholder interviews to gain qualitative feedback information. A customized set of interview questions is developed. This assessment is done early in the process of the coaching engagement to identify areas to leverage and develop.
- Complete self-assessment tools: Work of Leaders Profile. Discover instinctive
 mindsets that shape responses and interactions; begin to recognize opportunities to
 stretch beyond one's comfort zone and take actions to become more agile in
 influence situations.
- Identification of books, tools, models, and research the coach will use to support the coaching process and help the leader improve the identified skills.

PHASE 2: Months 3 & 4

- Analysis of feedback data, creation of executive feedback report with specific development suggestions.
- An in-depth 360-feedback session and alignment on goals and plan.
- Creation of development plan goals and objectives and alignment with leaders' manager on those goals.
- Creation of communication plan and follow up with key stakeholder raters, to include engaging others and working on specific targeted areas.

- Four 1.5 hour (in person/Zoom) one-on-one coaching sessions to provide coaching tools and models to create wins with new leadership skills deployed.
- Determine whether additional style self-assessments may be needed.

PHASE 3: Months 5 & 6

- Four 1.5 hour (in person/Zoom/phone) one-on one coaching sessions.
- Coaching is available between sessions for critical situations, should they arise.
- A customized scorecard and/or program report to the leader will identify progress and continued development after conclusion of the coaching assignment.
- Identification of books, tools, models, and research the coach will use to support the coaching process and help the leader improve the identified skills.
- End of coaching program plan for ongoing development.

Additional Coaching Options

- Shadow coaching to observe leadership of team and/or interactions with others, as appropriate, and provide feedback.
- Additional assessments, as needed, such as MBTI, DISC, TKI Conflict EQ/EI, etc., to increase self-awareness and style adaptation to those less similar to self.

3. PAYMENT TERMS

- The total fees for 6-months of coaching is as follows:
 - \$18,000.
 - \$15,000.
 - : \$15,000.

Total: \$48,000.

- The targeted start date is October, 2020.
- Six (6) invoices will be sent over the course of the 6-months coaching engagement;
 the first within 30 days of agreement acceptance.
- Fees are payable within 30 days of receipt.
- Client will provide point of contact for invoicing, PO # and paperwork as required.
- Invoices are made payable to: Meadowlark Consulting Group, LLC.
- Invoices will be made through, and payments can also be received through: www.Bill.com, or ACH.

Regards,

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Therese L. Lenk
Managing Partner
Meadowlark Consulting Group, LLC

CONTACT INFORMATION

Therese Lenk, Managing Partner

