**ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN:**

**RESPONSE TEAMS**

 *(For Board Approval 8/30/2023)*

**Athletic Director/Coach Name:** Mikayla Haywood **School:** Health Sciences High & Middle College

**Facility:** Park De La Cruz Operation Center (Basketball Gym)

 *Call 911 or your local EMS for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.*

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| **911 TEAM** |  | **CPR/AED TEAM** |  | **AED TEAM** |
| **CALL 911. Explain emergency. Provide location.** |  | **START CPR.** |  | **GET THE AED KIT.** |
| Local EMS Number: 911 |  |  |   | 1. Position person on his/her back.2. Put one hand on top of the other in the middle of a person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression.3. Take turns with other responders as needed. |   | Nearest AED: Adjacent to the Gym, located in the Copley YMCA | Practices:Varies Depending on Season and Sport | Events:Athletic  |
| EMS Access Point: Main Entrance 43rd Ave. |  |  |  |  | Responder 1: Assigned by HSHMC Coach/Staff |
| Cross Streets: El Cajon Blvd. and 43rd |   |   |   |   | **GET THE ATHLETIC TRAINER.** |
| Responder 1: HSHMC Coach/Staff  |   |   | Athletic Trainer: Mikayla Haywood |
| **MEET AMBULANCE** at EMS Access Point. Take to victim. |   | Coach/Advisor: HSHMC Staff |   | Cell/Contact Method: (909) 543-8732 |
| EMS Access Point: Main Entrance | Practices:Varies Depending on Season and Sport | Events:Athletic  |   | Responder 1: Assigned by HSHMC Coach/Staff |   | Typical location: HSHMC and Athletic Events.  |
| Cross Streets: El Cajon Blvd. and 43rd |   |   |   | Responder 2: Assigned by HSHMC Coach/Staff |   | Responder 1: Assigned by HSHMC Coach/Staff |
| Responder 1: Assigned by HSHMC Coach/Staff |   | **WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.** |   | \*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the California Code of Regulations and Education Code Sections 35179.5 and 44919. More information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook. |
| **CALL CONTACTS.** Provide location and victim's name. |   | 1. Remove clothing from chest.2. Attach electrode pads as directed by voice prompts.3. Stand clear while AED analyzes heart rhythm.4. Keep area clear if AED advises a shock.5. Follow device prompts for further action.6. After EMS takes over, give AED to Athletic Director for data download. |   |
| Athletic Trainer: Mikayla Haywood | Cell: (909) 543-8732 |   |   |
| Athletic Director: Mikayla Haywood | Cell: (909) 543-8732 |   |   |
| Principal: Dr. Dominique Smith | Cell: (619) 933-0610 |   |   |
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**ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN: RESPONSE TEAMS** 

**Athletic Director/Coach Name:** Mikayla Haywood **School:** Health Sciences High & Middle College

**Facility:** Cherokee Point Elementary (Field)

 *Call 911 or your local EMS for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.*

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| **911 TEAM** |  | **CPR/AED TEAM** |  | **AED TEAM** |
| **CALL 911. Explain emergency. Provide location.** |  | **START CPR.** |  | **GET THE AED KIT.** |
| Local EMS Number: 911 |  |  |   | 1. Position person on his/her back.2. Put one hand on top of the other in the middle of a person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression.3. Take turns with other responders as needed. |   | Nearest AED: Not Available | Practices:Varies Depending on Season and Sport | Events:Athletic  |
| EMS Access Point: Main Entrance 38th Street |  |  |  |  | Responder 1: Assigned by HSHMC Coach/Staff |
| Cross Streets: Wightman Street and 38th Street |   |   |   |   | **GET THE ATHLETIC TRAINER.** |
| Responder 1: HSHMC Coach/Staff  |   |   | Athletic Trainer: Mikayla Haywood |
| **MEET AMBULANCE** at EMS Access Point. Take to victim. |   | Coach/Advisor: HSHMC Staff |   | Cell/Contact Method: (909) 543-8732 |
| EMS Access Point: Main Entrance 38th Street | Practices:Varies Depending on Season and Sport | Events:Athletic  |   | Responder 1: Assigned by HSHMC Coach/Staff |   | Typical location: HSHMC and Athletic Events |
| Cross Streets: Wightman Street and 38th Street |   |   |   | Responder 2: Assigned by HSHMC Coach/Staff |   | Responder 1: Assigned by HSHMC Coach/Staff |
| Responder 1: Assigned by HSHMC Coach/Staff |   | **WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.** |   | \*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the California Code of Regulations and Education Code Sections 35179.5 and 44919. More information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook. |
| **CALL CONTACTS.** Provide location and victim's name. |   | 1. Remove clothing from chest.2. Attach electrode pads as directed by voice prompts.3. Stand clear while AED analyzes heart rhythm.4. Keep area clear if AED advises a shock.5. Follow device prompts for further action.6. After EMS takes over, give AED to Athletic Director for data download. |   |
| Athletic Trainer: Mikayla Haywood | Cell: (909) 543-8732 |   |   |
| Athletic Director: Mikayla Haywood | Cell: (909) 543-8732 |   |   |
| Principal: Dr. Dominique Smith | Cell: (619) 933-0610 |   |   |
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**ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN: RESPONSE TEAMS** 

**Athletic Director/Coach Name:** Mikayla Haywood **School:** Health Sciences High & Middle College

**Facility:** Hourglass Field (Miramar College)

 *Call 911 or your local EMS for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.*

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| **911 TEAM** |  | **CPR/AED TEAM** |  | **AED TEAM** |
| **CALL 911. Explain emergency. Provide location.** |  | **START CPR.** |  | **GET THE AED KIT.** |
| Local EMS Number: 911 |  |  |   | 1. Position person on his/her back.2. Put one hand on top of the other in the middle of a person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression.3. Take turns with other responders as needed. |   | Nearest AED: Building J1 Fieldhouse  | Practices:Varies Depending on Season and Sport | Events:Athletic  |
| EMS Access Point: Main Entrance Building J1 Cul De Sac  |  |  |  |  | Responder 1: Assigned by HSHMC Coach/Staff |
| Cross Streets: Black Mountain Rd and Miramar College Driveway |   |   |   |   | **GET THE ATHLETIC TRAINER.** |
| Responder 1: HSHMC Coach/Staff  |   |   | Athletic Trainer: Mikayla Haywood |
| **MEET AMBULANCE** at EMS Access Point. Take to victim. |   | Coach/Advisor: HSHMC Staff |   | Cell/Contact Method: (909) 543-8732 |
| EMS Access Point: Main Entrance Building J1 Cul De Sac  | Practices:Varies Depending on Season and Sport | Events:Athletic |   | Responder 1: Assigned by HSHMC Coach/Staff |   | Typical location: HSHMC and Athletic Events |
| Cross Streets: Black Mountain Rd and Miramar College Driveway |   |   |   | Responder 2: Assigned by HSHMC Coach/Staff |   | Responder 1: Assigned by HSHMC Coach/Staff |
| Responder 1: Assigned by HSHMC Coach/Staff |   | **WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.** |   | \*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the California Code of Regulations and Education Code Sections 35179.5 and 44919. More information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook. |
| **CALL CONTACTS.** Provide location and victim's name. |   | 1. Remove clothing from chest.2. Attach electrode pads as directed by voice prompts.3. Stand clear while AED analyzes heart rhythm.4. Keep area clear if AED advises a shock.5. Follow device prompts for further action.6. After EMS takes over, give AED to Athletic Director for data download. |   |
| Athletic Trainer: Mikayla Haywood | Cell: (909) 543-8732 |   |   |
| Athletic Director: Mikayla Haywood | Cell: (909) 543-8732 |   |   |
| Principal: Dr. Dominique Smith | Cell: (619) 933-0610 |   |   |
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**ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN: RESPONSE TEAMS** 

**Athletic Director/Coach Name:** Mikayla Haywood **School:** Health Sciences High & Middle College

**Facility:** Cuyamaca College (Soccer Field)

 *Call 911 or your local EMS for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.*

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| **911 TEAM** |  | **CPR/AED TEAM** |  | **AED TEAM** |
| **CALL 911. Explain emergency. Provide location.** |  | **START CPR.** |  | **GET THE AED KIT.** |
| Local EMS Number: 911 |  |  |   | 1. Position person on his/her back.2. Put one hand on top of the other in the middle of a person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression.3. Take turns with other responders as needed. |   | Nearest AED: Not Available | Practices:Varies Depending on Season and Sport | Events:Athletic  |
| EMS Access Point: Cuyamaca College Drive West and Cuyamaca College Drive East |  |  |  |  | Responder 1: Assigned by HSHMC Coach/Staff |
| Cross Streets: Rancho San Diego Pkwy and Cuyamaca College Drive |   |   |   |   | **GET THE ATHLETIC TRAINER.** |
| Responder 1: HSHMC Coach/Staff  |   |   | Athletic Trainer: Mikayla Haywood |
| **MEET AMBULANCE** at EMS Access Point. Take to victim. |   | Coach/Advisor: HSHMC Staff |   | Cell/Contact Method: (909) 543-8732 |
| EMS Access Point: | Practices:Varies Depending on Season and Sport | Events:Athletic |   | Responder 1: Assigned by HSHMC Coach/Staff |   | Typical location: HSHMC and Athletic Events |
| Cross Streets: Rancho San Diego Pkwy and Cuyamaca College Drive |   |   |   | Responder 2: Assigned by HSHMC Coach/Staff |   | Responder 1: Assigned by HSHMC Coach/Staff |
| Responder 1: Assigned by HSHMC Coach/Staff |   | **WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.** |   | \*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the California Code of Regulations and Education Code Sections 35179.5 and 44919. More information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook. |
| **CALL CONTACTS.** Provide location and victim's name. |   | 1. Remove clothing from chest.2. Attach electrode pads as directed by voice prompts.3. Stand clear while AED analyzes heart rhythm.4. Keep area clear if AED advises a shock.5. Follow device prompts for further action.6. After EMS takes over, give AED to Athletic Director for data download. |   |
| Athletic Trainer: Mikayla Haywood | Cell: (909) 543-8732 |   |   |
| Athletic Director: Ernest Reyes | Cell: (909) 543-8732 |   |   |
| Principal: Dr. Dominique Smith | Cell: (619) 933-0610 |   |   |
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