



ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN: RESPONSE TEAMS

(Pending Board Approval 10-12-2021)

Athletic Director/Coach Name: Ernest Reyes

School: Health Sciences High & Middle College

Facility: Park De La Cruz Operation Center (Basketball Gym)

Call 911 or your local EMS for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.

911 TEAM		
CALL 911. Explain emergency. Provide location.		
Local EMS Number: 911		
EMS Access Point: Main Entrance 43rd Ave.		
Cross Streets: El Cajon Blvd. and 43rd		
Responder 1: HSHMC Coach/Staff		
MEET AMBULANCE at EMS Access Point. Take to victim.		
EMS Access Point: Main Entrance	Practices: Varies Depending on Season and Sport	Events: Athletic

CPR/AED TEAM
START CPR.
1. Position person on his/her back.
2. Put one hand on top of the other in the middle of a person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression.
3. Take turns with other responders as needed.
Coach/Advisor: HSHMC Staff
Responder 1: Assigned by HSHMC Coach/Staff

AED TEAM		
GET THE AED KIT.		
Nearest AED: Adjacent to the Gym, located in the Copley YMCA	Practices: Varies Depending on Season and Sport	Events: Athletic
Responder 1: Assigned by HSHMC Coach/Staff		
GET THE ATHLETIC TRAINER.		
Athletic Trainer: Ernest Reyes		
Cell/Contact Method: (619) 495-8524		
Typical location: HSHMC and Athletic Events.		

Cross Streets: El Cajon Blvd. and 43rd		
Responder 1: Assigned by HSHMC Coach/Staff		
CALL CONTACTS. Provide location and victim's name.		
Athletic Trainer: Ernest Reyes	Cell: (619) 495-8424	
Athletic Director: Ernest Reyes	Cell: (619) 495-8524	
Principal: Dr. Dominique Smith	Cell: (619) 933-0610	

Responder 2: Assigned by HSHMC Coach/Staff

WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.

1. Remove clothing from chest.
2. Attach electrode pads as directed by voice prompts.
3. Stand clear while AED analyzes heart rhythm.
4. Keep area clear if AED advises a shock.
5. Follow device prompts for further action.
6. After EMS takes over, give AED to Athletic Director for data download.

Responder 1: Assigned by HSHMC Coach/Staff

*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the California Code of Regulations and Education Code Sections 35179.5 and 44919. More information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook.



ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN: RESPONSE TEAMS

Athletic Director/Coach Name: Ernest Reyes

School: Health Sciences High & Middle College

Facility: Cherokee Point Elementary (Field)

Call 911 or your local EMS for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.

911 TEAM		
CALL 911. Explain emergency. Provide location.		
Local EMS Number: 911		
EMS Access Point: Main Entrance 38th Street		
Cross Streets: Wightman Street and 38th Street		
Responder 1: HSHMC Coach/Staff		
MEET AMBULANCE at EMS Access Point. Take to victim.		
EMS Access Point: Main Entrance 38th Street	Practices: Varies Depending on Season and Sport	Events: Athletic
Cross Streets: Wightman Street and 38th Street		
Responder 1: Assigned by HSHMC Coach/Staff		
CALL CONTACTS. Provide location and victim's name.		
Athletic Trainer: Ernest Reyes	Cell: (619) 495-8524	

CPR/AED TEAM
START CPR.
1. Position person on his/her back.
2. Put one hand on top of the other in the middle of a person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression.
3. Take turns with other responders as needed.
Coach/Advisor: HSHMC Staff
Responder 1: Assigned by HSHMC Coach/Staff
Responder 2: Assigned by HSHMC Coach/Staff
WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.
1. Remove clothing from chest.
2. Attach electrode pads as directed by voice prompts.
3. Stand clear while AED analyzes heart

AED TEAM		
GET THE AED KIT.		
Nearest AED: Not Available	Practices: Varies Depending on Season and Sport	Events: Athletic
Responder 1: Assigned by HSHMC Coach/Staff		
GET THE ATHLETIC TRAINER.		
Athletic Trainer: Ernest Reyes		
Cell/Contact Method: (619) 495-8524		
Typical location: HSHMC and Athletic Events		
Responder 1: Assigned by HSHMC Coach/Staff		

*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the California Code of Regulations and Education Code Sections 35179.5 and 44919. More



Athletic Director: Ernest Reyes	Cell: (619) 495-8524
Principal: Dr. Dominique Smith	Cell: (619) 933-0610

- rhythm.
4. Keep area clear if AED advises a shock.
 5. Follow device prompts for further action.
 6. After EMS takes over, give AED to Athletic Director for data download.

information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook.

ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN: RESPONSE TEAMS

Athletic Director/Coach Name: Ernest Reyes

School: Health Sciences High & Middle College

Facility: Hourglass Field (Miramar College)

Call 911 or your local EMS for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.

911 TEAM		
CALL 911. Explain emergency. Provide location.		
Local EMS Number: 911		
EMS Access Point: Main Entrance Building J1 Cul De Sac		

CPR/AED TEAM
START CPR.
1. Position person on his/her back.
2. Put one hand on top of the other in the middle of a person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression.

AED TEAM		
GET THE AED KIT.		
Nearest AED: Building J1 Fieldhouse	Practices: Varies Depending on Season and Sport	Events: Athletic
Responder 1: Assigned by HSHMC Coach/Staff		

Cross Streets: Black Mountain Rd and Miramar College Driveway		
Responder 1: HSHMC Coach/Staff		
MEET AMBULANCE at EMS Access Point. Take to victim.		
EMS Access Point: Main Entrance Building J1 Cul De Sac	Practices: Varies Depending on Season and Sport	Events: Athletic
Cross Streets: Black Mountain Rd and Miramar College Driveway		
Responder 1: Assigned by HSHMC Coach/Staff		
CALL CONTACTS. Provide location and victim's name.		
Athletic Trainer: Ernest Reyes		Cell: (619) 619-495-8524
Athletic Director: Ernest Reyes		Cell: (619) 495-8524
Principal: Dr. Dominique Smith		Cell: (619) 933-0610

3. Take turns with other responders as needed.
Coach/Advisor: HSHMC Staff
Responder 1: Assigned by HSHMC Coach/Staff
Responder 2: Assigned by HSHMC Coach/Staff
WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.
<ol style="list-style-type: none"> 1. Remove clothing from chest. 2. Attach electrode pads as directed by voice prompts. 3. Stand clear while AED analyzes heart rhythm. 4. Keep area clear if AED advises a shock. 5. Follow device prompts for further action. 6. After EMS takes over, give AED to Athletic Director for data download.

GET THE ATHLETIC TRAINER.
Athletic Trainer: Ernest Reyes
Cell/Contact Method:(619) 495-8524
Typical location: HSHMC and Athletic Events
Responder 1: Assigned by HSHMC Coach/Staff

*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the California Code of Regulations and Education Code Sections 35179.5 and 44919. More information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook.



ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN: RESPONSE TEAMS

Athletic Director/Coach Name: Ernest Reyes

School: Health Sciences High & Middle College

Facility: Cuyamaca College (Soccer Field)

Call 911 or your local EMS for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.

911 TEAM		
CALL 911. Explain emergency. Provide location.		
Local EMS Number: 911		
EMS Access Point: Cuyamaca College Drive West and Cuyamaca College Drive East		
Cross Streets: Rancho San Diego Pkwy and Cuyamaca College Drive		
Responder 1: HSHMC Coach/Staff		
MEET AMBULANCE at EMS Access Point. Take to victim.		
EMS Access Point:	Practices: Varies Depending on Season and Sport	Events: Athletic
Cross Streets: Rancho San Diego Pkwy and Cuyamaca College Drive		
Responder 1: Assigned by HSHMC Coach/Staff		
CALL CONTACTS. Provide location and victim's name.		

CPR/AED TEAM
START CPR.
1. Position person on his/her back.
2. Put one hand on top of the other in the middle of a person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression.
3. Take turns with other responders as needed.
Coach/Advisor: HSHMC Staff
Responder 1: Assigned by HSHMC Coach/Staff
Responder 2: Assigned by HSHMC Coach/Staff
WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.
1. Remove clothing from chest.
2. Attach electrode pads as directed by

AED TEAM		
GET THE AED KIT.		
Nearest AED: Not Available	Practices: Varies Depending on Season and Sport	Events: Athletic
Responder 1: Assigned by HSHMC Coach/Staff		
GET THE ATHLETIC TRAINER.		
Athletic Trainer: Ernest Reyes		
Cell/Contact Method: (619) 495-8524		
Typical location: HSHMC and Athletic Events		
Responder 1: Assigned by HSHMC Coach/Staff		

*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the

Athletic Trainer: Ernest Reyes	Cell: (619) 495-8524
Athletic Director: Ernest Reyes	Cell: (619) 495-8524
Principal: Dr. Dominique Smith	Cell: (619) 933-0610

- voice prompts.
3. Stand clear while AED analyzes heart rhythm.
 4. Keep area clear if AED advises a shock.
 5. Follow device prompts for further action.
 6. After EMS takes over, give AED to Athletic Director for data download.

California Code of Regulations and Education Code Sections 35179.5 and 44919. More information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook.