



Cle Elum-Roslyn
SCHOOL DISTRICT

Cle Elum-Roslyn School District

July 14th 2025

Date and Time

Monday July 14, 2025 at 6:00 PM PDT

Location

Walter Strom Middle School
2694 SR 903
Cle Elum, WA 98922

Agenda

I. Opening Items

A. Call the Meeting to Order

Pledge of Allegiance

B. Open Meeting

- Excuse Board Member Absence
- Addition or Deletion to Agenda
- Adopt Agenda

II. Work Session

A. Budget

B. Capital Projects

- Facilities Tour

III. New Board Business

A. "On Deck" Policies-

Both 6701- Recess and Physical activity and 6702- Wellness; new to WSSDA

IV. Board Comments

V. Closing Items

A. Adjourn Meeting

Coversheet

"On Deck" Policies-

Section: III. New Board Business
Item: A. "On Deck" Policies-
Purpose:
Submitted by:
Related Material: 6701-Recess and Physical Activity (1) (1).doc
6702-Wellness (2) (1).doc



Policy: 6701
Section: 6000 - Management Support

Recess and Physical Activity

The board recognizes that recess is an essential part of the day for elementary school students, Young students learn through play, and recess supports the mental, physical, and emotional health of students and positively impacts their learning and behavior. Similarly, the board recognizes that students who engage in regular exercise are more likely to learn in the classroom and supports the district's increased emphasis on physical activity at all grade levels to enhance the well-being of the district's students. Therefore, it is the policy of the board to provide students with recess and opportunities for physical activity.

Recess

The district aims to make elementary school recess safe, inclusive, and high quality for all students. All district elementary schools (whether K-5 and/or K-6) will receive a minimum of 30 minutes per day of unstructured physical activity as recess. The accompanying procedure will specify how the district will meet other legal requirements.

Physical Activity

All schools, as a best practice and subject to available funding, will participate in a multi-component approach by which schools use all opportunities for students to be physically active, such as the Comprehensive School Physical Activity Program recommended by the Centers for Disease Control and Prevention, and will provide the following:

- Quality physical education;
- Physical activity during the school day (e.g., brain boosters/energizers);
- Physical activity before and after school;
- Recess that aims to be safe, inclusive, and high quality;
- Family and community engagement;
- Staff wellness and health promotion;
- Opportunities for active transportation to school; and
- Access to school district facilities for physical activity, fitness, sports, and recreation programs.

Cross References: 2161 - Special Education and Related Services for Eligible Students
 2162 - Education of Students With Disabilities Under Section 504 of the
 Rehabilitation Act of 1973
 3210 - Nondiscrimination
 3422 - Student Sports ☐☐☐ Concussion, Head Injury and Sudden
 Cardiac Arrest
 4260 - Use of School Facilities

Management Resources: Comprehensive School Physical Activity Program

Adoption Date: **March 29, 2024**
 Classification: **Essential**

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Policy: 6702
Section: 6000 - Management Support

Wellness

The board recognizes that a healthy school environment prepares students for college, careers, and successful futures. Students who engage in regular exercise are more likely to learn in the classroom. The board supports the district's increased emphasis on health, physical education, and physical activity at all grade levels to enhance the well-being of the district's students. Therefore, it is the policy of the board to emphasize health education and physical education and provide students with opportunities for physical activity.

Wellness Policy

The district, through a wellness committee, will develop and implement a comprehensive wellness policy in compliance with state and federal requirements for districts participating in the National School Lunch Program, the School Breakfast Program, and the United States Department of Agriculture (USDA) Smart Snacks in School nutrition standards.

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- Family and community engagement;
- Staff wellness and health promotion;
- Opportunities for active transportation to school; and
- Access to school district facilities for physical activity, fitness, sports, and recreation programs.

Cross References: 2124 - Physical Education and Health Class
 4260 - Use of School Facilities
 6700 - Nutrition

Legal References: RCW 28A.210.365 Food choice, physical activity, childhood fitness -
 Minimum standards - District waiver or exemption policy
 2 CFR Part 200 - Procurement
 7 CFR, Parts 210 and 220
 7 CFR, Part 245.5

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