



**ARISE HIGH SCHOOL**

**3301 E 12th St Suite 205**

**Oakland, CA 94601**

***Main Building***

**Reopening School Plan**

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## **I. INTRODUCTION**

The following plan outlines ARISE High School's strategy in preparing for and responding to COVID-19 (coronavirus) by establishing guidelines to mitigate potential situations.

ARISE High School is dedicated to the safety of the community and wants to ensure that the best protocols and procedures are in place. We are asking all members of the community to join us in agreement to ensure the health and well-being of the community. By doing so, we will be able to help reduce exposure to COVID-19 and other diseases. We know mutual understanding, trust, and respect will be necessary in order to maximize the health and wellness of our community.

## II. Strategies for Prevention

COVID-19 & Virus Spread Awareness: COVID-19 is primarily transmitted by droplet transmission. Droplet transmission can occur when an individual coughs or sneezes and then inhales from another individual. Germs can also spread when an individual touches something that is contaminated and then touches their eyes, nose, or mouth. Other illnesses and diseases can also be spread through food or ineffective handwashing.

### *Prevention & Education:*

To help prevent the spread of any infectious disease, schools have an opportunity to educate students, staff, and the community on social etiquette, good health and hygiene habits, and disease prevention. ARISE High School will continue to provide public and community health awareness education.

Our educational message is:

- Cover Your Cough and Sneeze (in your elbows)
- Wash Your Hands Often
- Stay Home If You're Sick
- Wear appropriate PPE (Personal Protective Equipment: which includes masks, face shields, and sneeze guards)
- Practice Social Distancing

Cover Your Cough and Sneeze:

- Do not remove face masks while coughing or sneezing. A new mask will be provided if needed.
- In addition, cover your mouth and nose with a tissue when you cough or sneeze, OR cough or sneeze into your upper sleeve, not your hands.
- Clean your hands after you cough or sneeze.

*There will be an ample supply of tissues and hand sanitizer available in each classroom and throughout the campus. Students will have time to wash their hands throughout the school day.*

Resources:

[CDC Coughing & Sneezing](#)

Wash Your Hands Often:

Diligent hygiene, when practiced by the entire community, helps prevent virus transmission. Regular handwashing is critical. The best option is using soap and water

for at least 20 seconds. Additionally, the frequent use of alcohol-based hand rub with formulations containing 60% ethanol or 70% isopropanol is an effective way to prevent the spread of pathogens and infections.

To support this, ARISE High School has installed motion sensed sanitizers in common areas, motion sensed soap and paper towel dispensers, and providing hand sanitizer in each classroom. It is strongly suggested that students, faculty, and staff sanitize hands upon entering or exiting a space.

Resources:

- CDC guidance: [When and How to wash your hands](#)

Stay Home if You're Sick: The first line of defense against the spread of illness is for sick or exposed people to stay home from school, including students, faculty, and staff. All community members are required to complete a self-wellness assessment prior to coming to school. Students, faculty, and staff who are suspected to be ill, or who become ill at school, will be isolated from others while on campus and will return home as soon as possible. Sick policies, including appropriate clearance for return to school, will be clearly communicated and consistently enforced.

### **III. Cleaning, Disinfection, and Ventilation**

All campus classrooms and offices will be cleaned daily. The use of shared items will be minimized, and students should plan on bringing their own supplies accordingly. Hand sanitizer, additional PPE, antibacterial wipes, and gloves will be available in each classroom for use. Each space will also be equipped with an additional HEPA air purifier and fan to increase ventilation.

ARISE High School has access to a courtyard in either building which will be utilized to take advantage of natural ventilation. Canopies will also be placed to shelter outdoor spaces in response to various weather conditions. Doors and/or windows will remain open in order to maximize ventilation and airflow in spaces with those available.

ARISE High School is also equipped with HVAC systems that will also bring in additional outdoor ventilation. We have purchased additional HEPA air purifiers to provide additional air filtration in all classroom rooms especially in spaces with less ventilation.

### **IV. Cohorting:**

According to CPHD, "A cohort is a stable group of no more than 14 children or youth and no more than two supervising adults (or a configuration of no more than 16

individuals total in the cohort) in a supervised environment in which supervising adults and children stay together for all activities (e.g., meals, recreation, etc.), and avoid contact with people outside of their group in the setting.”

School Day: Students will be placed in stable groups of no more than 15 students. Students will remain in a single classroom and teachers will rotate between groups in order to lower exposure risk and minimize the number of contacts throughout the day. Group size will be determined by available space in each classroom in order to remain 6ft apart as recommended by CDC’s social distancing requirements. All students, staff, and teachers will be using face masks and distancing 6 feet from each other. We will also be implementing regular surveillance testing of our teachers, staff, and students in order to closely monitor and manage the spread of COVID-19 on our campus.

## **V. Visitor Policy**

We are restricting access to our campuses to students and employees. Parents and other visitors are asked to remain off-site unless arranged by appointment. We are asking all visitors to call the front office to make an appointment where a screening questionnaire will need to be answered. Deliveries will be scheduled in order and will be routed to the front office space only.

## **VI. Physical Distancing**

Students, staff, and community members alike on campus will practice social distancing at all times when practical. In order to support this, classroom desks and other furniture are spaced to allow for six feet of distance between students, and offices and other indoor spaces are rated for total occupancy. Students and staff must maintain their distance when moving around the campus. In order to increase the potential for physical distancing during travel to and from locations, student movement will be restricted on campus. Dismissals, transitions, and restroom/breaks will be staggered in order to ensure students remain physically distanced.

## **VII. Entrance, Egress, and Movement**

The movement of students, staff, and parents will be managed to avoid close contact.

### *Entering Campus*

ARISE High School students arrive on campus by car and on foot. All students enter through the main entrance of each building on E. 12th Street. Upon arrival, students

and staff will be monitored in order to ensure face coverings are present in order to enter designated spaces. The teacher will admit students to the classroom, dispensing hand sanitizer. Once in the classroom, students will remain in their designated seats unless given permission to exit the classroom.

### *Exiting Campus*

Students will be dismissed in staggered time slots in order to continue social distancing and avoid mixing of groups. We encourage students to go directly to their cars or walk home and minimize socializing.

## **VIII. Face Coverings and Other Essential Protective Gear**

All faculty, staff, and students must use appropriate face masks at all times while on campus, both indoors and outdoors, unless they are eating, drinking, or in medical distress. We are not allowing eating in classrooms and all food will be to go. If students or staff need to drink water they will go outside or to designated areas 6 feet apart from others. Face shields will be provided for all staff in addition to face masks. We encourage community members to use masks that are fitted to the face, leaving minimal gaps between the mask and face. While community members are asked to provide their own masks, ARISE High School maintains a supply of disposable masks should they be needed.

## **IX. Health Screening**

All faculty, staff, and students are required to complete a self-wellness assessment prior to coming to school each day. In order to support the continued health and safety of our community, please use the Wellness Assessment Checklist to verify that it is safe for you to come to school today:

If you answer YES to any of the following questions, DO NOT come to the school. Please use your best judgment when answering these questions and if you are ever unsure how to answer a question please contact the school office at (510) 436-5487 for next steps.

*Wellness Assessment Checklist ([linked here](#)):*

- Have you come in contact with someone who has COVID-19 or symptoms of COVID-19 in the past 14 days? (close contact = within 6 feet for 15 minutes or longer)
- In the past 14 days. Have you or someone you live with been diagnosed with COVID-19?



- In the past 72 hours, have you or anyone in your household had any of the following symptoms:
  - Fever or chills (fever = 100F or higher)
  - Cough
  - Sore throat
  - Headache
  - Difficulty breathing or wheezing
  - Feeling unusually weak or fatigued
  - Unexplained muscle aches
  - Loss of sense of taste or smell
  - Runny or congested nose
  - Nausea, vomiting, or diarrhea

## **X. Healthy Hygiene Practices**

Diligent hygiene, when practiced by the entire community, helps prevent virus transmission. Regular hand-washing with soap and water is critical. Additionally, the frequent use of alcohol-based hand rub with formulations containing 60% ethanol or 70% isopropanol is an effective way to prevent the spread of pathogens and infections. To support this, ARISE High School has placed hand sanitizer stations in every classroom and office space. For community health, it is imperative that students and faculty never share personal items such as utensils, water bottles, classroom supplies, or electronic devices. Disinfectant is available in classrooms and common spaces to clean personal items as needed. Desks and workstations will be cleaned on a daily basis.

## **XI. Snacks & Meals**

Lunch meals will be provided in a Take-Home format for all students participating in in-person instruction. Students attending in-person instruction will be able to take home a lunch and breakfast meal at the end of each school day. Home deliveries will continue to all students and families who request meal assistance and do not attend campus classes. For staff meals, we ask that staff take their meals outdoors and socially distanced, or in their classrooms without other staff or students present. For students who are on campus full time, they may have meals outdoors socially distanced by 6 feet. Students who only come in the afternoon will not be having meals on campus. During this time, ARISE High School's microwaves are not available.

## **XII. Health Concerns**

### *In the Event of Illness*

Students, teachers, and staff who feel unwell for any reason are required to stay home. Any student, teacher, or staff member with a fever of 100 degrees or higher, or any of the other symptoms of possible COVID-19 virus infection, cannot come to campus.

If a student, faculty, or staff member develops an illness, fever, or other COVID-19 symptoms while at school, the individual(s) will be sent home. Students should report to the front office right away, where a staff member will contact their family for immediate pickup. Sick students waiting for pickup will remain physically isolated in a dedicated space located in each building. Faculty and staff members who are ill must leave campus right away.

### *Returning to Campus*

We ask that students and staff members who are absent because of COVID-19 symptoms contact their health care provider to discuss testing and medical care. If a student, faculty, or staff member tests positive for COVID-19 with or without symptoms, they cannot return to campus until they meet the Alameda County Public Health Department criteria. If a student, faculty, or staff member exhibits COVID-19 symptoms but does not get a COVID-19 test, they may not return to school until at least 24 hours have passed with no temperature over 100F degrees without the use of fever-reducing medications and at least 10 days since symptoms first appeared, or an alternate diagnosis for the symptoms is provided by their health care provider.

## **XIII. Identification and Tracing of Contacts**

If a member of our community tests positive for COVID-19, becomes symptomatic or has had a known exposure, we ask that they contact the school office at (510) 436-5487 or Karla Gandiaga, Head of School at (617)816-4721 as soon as possible to inform ARISE High School. While protecting privacy, the office staff or school administration will report the case to public health officials and follow their guidance around contact tracing and community notification. They will contact trace for any contacts within ARISE High School and, while respecting privacy regulations, notify individuals and groups that have had close contact with people who have tested positive and share recommended next steps with affected individuals. School staff will also work with our facilities team to guide appropriate quarantine, cleaning, and disinfection of affected areas.

Community members who have had close contact with an infected individual (within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour

period, with or without a mask on) will be notified. Simply working or being in the same building/classroom with someone who has symptoms, or who recently had exposure or tested positive does not trigger a higher risk for getting the virus. ARISE will follow all guidelines from Alameda County Health and their contact-tracing procedures if a confirmed positive COVID case is found on campus.

Individuals will not be able to return to campus until the appropriate quarantine or an isolation period has passed. This includes improved symptoms, at least 24 hours with no temperature over 100F degrees without the use of fever-reducing medications and at least 10 days since symptoms first appeared, or an alternate diagnosis for the symptoms is provided by their health care provider.

The school’s office staff will provide information and resources regarding the isolation/quarantine instructions and can be contacted for further questions at (510) 436-5487.

#### XIV. Staff Training and Family Education

All in-person instruction staff will be brought on-site in small groups for training on day-to-day activities and protocols. Training will include campus circulation, health and safety, and cleaning and disinfection protocols. The school will produce a series of instructional materials and videos for students and parents to view prior to coming on campus that cover safety procedures and expectations via mail, email, phone call, and social media.

Once on campus, all students will be trained on safety protocols, guidelines, resources, and expectations.

#### Testing

County Tier	Staff Testing Cadence	Students K-12 Testing Cadence
Yellow	Symptomatic* and response testing	Symptomatic* and response testing
Orange	Symptomatic* and response testing	Symptomatic* and response testing
Red	Symptomatic* and response testing + Every 2 weeks asymptomatic testing	Symptomatic* and response testing + Every 2 weeks asymptomatic testing
Purple	Symptomatic* and response testing + Every 2 weeks asymptomatic testing	Symptomatic* and response testing + Every 2 weeks asymptomatic testing
CR>14	Symptomatic* and response testing + Weekly asymptomatic (PCR or twice weekly antigen)**	Symptomatic* and response testing + Weekly asymptomatic (PCR or twice weekly antigen)**

## **XV. COVID-19 Testing**

Each district is responsible for developing a plan to test staff members at a frequency in alignment with state and county guidelines: staff & students should be tested every 2 weeks for Counties in the Purple or Red Tier. ARISE, with approval from the California Public Health Department, has partnered with Color to provide bi-weekly, self-administered testing for students and staff. Testing will take place on campus, monitored by trained staff.

Students who are experiencing COVID-19 symptoms will be tested immediately and will be required to isolate for a minimum of 10 days or until cleared by a doctor. Any COVID-positive cases among staff or students that occur during In-person learning will initiate a cohort closure for 14 days.

## **XVI. Triggers for Switching to Distance Learning**

As conditions continue to evolve, we will operate based on these principles, as well as California and county ordinances, the status of our preparation, and the practicalities of delivering our program:

- What is permitted by California and Alameda County and the surrounding counties where students, faculty, and staff reside;
- How we are prepared to ensure the safety and well-being of the school community based on emerging regulations and standards;
- What is practical given the specifics of our school programs and the timing of the school year.

ARISE High School reserves the right to suspend in-person learning at any time deemed necessary to support the health of the community. Should 5% of the community test positive in a 14 day period, ARISE High School will switch to distance learning mode in accordance with guidelines from Alameda County Public Health Department. If AQI is forecasted to exceed 100, ARISE High School will move to distance learning mode as our current systems would not allow us to be indoors without the doors and windows open.

## **XVII. Communication Plans**

Regular weekly reminders will be sent to all community members about safety plans, protocols, procedures, guidelines, resources, and expectations. All plans and resources will be sent via phone call, text message, email, and social media.

In case of any positive case of COVID-19, our Covid Liaison will notify local health officials immediately, and of exposed staff and families as relevant, while protecting privacy as required by state and federal laws. The community can expect an email and phone call when a positive case is confirmed on our campus. Close contacts will receive a phone call from our COVID Liaison as well as from local health officials to initiate contact tracing.

## **XVIII. Additional Information**

School Type: Public Charter

Proposed date of reopening: April 12, 2021

Estimated Number of Faculty and Staff returning: 8

Estimated Number of Students returning: 60

Grade Levels served: 9-12

Grade Levels proposed to be reopened: 9-12