

The background features a dark blue gradient with a starry space pattern. Overlaid on this are several circular gauges or progress indicators. One large gauge on the left has a scale from 140 to 260 with tick marks and a white arrow pointing to approximately 210. Other smaller gauges are scattered across the image, some with dashed lines and arrows, suggesting a sense of motion or progress.

# WE ARE IN THE FINAL STRETCH!

12.4.18 FACULTY MEETING  
THE AGENDA IS ON THE WHITE BOARD  
LOG ON TO QUIZZIZ TO WIN!

# MINDFUL MESSENGRERS: THE FINAL STRETCH

## Mindfulness Meditation

Reduced Stress, Irritability and Anxiety



Before



After

# PALI ACRONYM

**P**ositivity

**A**spiration

**L**earning

**I**ntegrity



THE “I” STANDS FOR ...



**ntegrity**

# ACADEMIC INTEGRITY POLICY: HONOR CODE

## Student Conduct

### Student Honor Code

Palisades Charter High School commits itself to pursuing excellence with honor. All members of the school community: faculty, staff, students and parents, are responsible for maintaining this standard. As a student of our community, you are expected to demonstrate integrity and be proud of your own accomplishments.

The ethical standards for behavior at Palisades Charter High School serve as a framework for the development of good character. Adherence to such standards engenders the integrity and trust necessary for a flourishing academic community where both teachers and students thrive.

#### What is cheating?

Cheating or academic dishonesty can take many forms, but always involves the improper taking of information from and/or giving of information to another student, individual, or other source. Examples of cheating can include, but are not limited to:

- Taking or copying answers on an examination or any other assignment from another student or other source
- Giving answers on an examination or any other assignment to another student
- Copying assignments that are turned in as original work
- Collaborating on exams, assignments, papers, and/or projects without specific teacher permission
- Stealing teacher roll books or documents
- Stealing exams
- Allowing others to do the research or writing for an assigned paper
- Using unauthorized electronic devices
- Falsifying data or lab results
- Changing grades manually or electronically
- Stealing, or destroying or tampering with teacher roll books or documents
- Stealing or distributing exams without specific

teacher permission

- Manipulating answer documents to falsify test results

#### What is plagiarism?

Plagiarism is a common form of cheating or academic dishonesty in the school setting. It is representing another person's works or ideas as the student's own without giving credit to the proper source and submitting it for any purpose. Examples of plagiarism can include, but are not limited to:

- Submitting someone else's work, such as published sources in part or whole, as the student's own work without giving credit to the source
- Turning in purchased papers or papers from the Internet, written by someone else
- Representing another person's artistic or scholarly works such as musical compositions, computer programs, photographs, drawings, or paintings, as the student's own work
- Helping others plagiarize by giving them the student's own work
- "Working together" by copying someone else's work and passing it off as your own.

#### What is forgery?

Forgery or falsifying documents generally refers to the making of a fake document, the changing of an existing document, or the making of a signature, without authorization. Examples of forgery include, but are not limited to:

- Signing another person's name to documents
- Falsifying grades and/or letters of recommendation
- Falsifying transcripts and/or letters of admissions from colleges or other educational institutions
- Falsifying identification cards
- Falsifying legal certificates or contracts

## THINK-PAIR-SHARE PROMPT

What action(s) do you take to maintain academic integrity in your classroom?

(You can start on your exit ticket here.)

# TECH CORNER: JOHN VIEIRA

## **PALI EDTECH** PALISADES CHARTER HIGH SCHOOL



Welcome to the new [WWW.PALIEDTECH.ORG](http://WWW.PALIEDTECH.ORG) Website



# CHECKOUT: FRIDAY, DECEMBER 14

MAIN OFFICE	AA OFFICE	ATTENDANCE OFFICE	COUNSELING OFFICE
OPERATIONS; CLASSROOM LOCK-UP	PLC DIGITAL NOTEBOOK PLC STIPEND FORMS	ATTENDANCE RECORDS SIGN-OFF	GRADE BOOKS HUMAN RESOURCES

**DEADLINE :FRIDAY, DECEMBER 14 3:15 PM**



# JANUARY 7<sup>TH</sup> PREVIEW:

BREAKFAST FROM 7:15 AM – 7:40 AM

TRAINING 7:40 AM – 3:15 PM

TRAUMA INFORMED STRATEGIES

CHARTER RENEWAL

HUMAN RESOURCES

TECHNOLOGY:  
INFINITE CAMPUS AND SCHOOLOGY

## CREATING A TRAUMA-SENSITIVE CLASSROOM

BY KRISTIN SOUERS AND PETE HALL

- 4 BIG IDEAS
- 12 STRATEGIES
- 1 SELF-CARE CHALLENGE

### WHAT IS TRAUMA?

“Trauma is an exceptional experience in which powerful and dangerous events overwhelm a person’s capacity to cope” (Rice & Groves, 2005). Keep in mind that the experience doesn’t have to be life-threatening to trigger a trauma response. Adverse Childhood Experiences (ACEs) can have a significant impact on child development.

#### Examples of Some ACEs

- parental divorce
- witnessing domestic violence
- death of a loved one
- physical abuse
- sexual abuse
- parental incarceration
- homelessness
- bullying

✧ Note that it’s the child’s response and interpretation of the event that creates the harmful impact and matters most, not the event itself. ✧

### 5 FUNDAMENTAL TRUTHS

- Trauma is real.
- Trauma is prevalent. In fact, it is likely much more common than we care to admit.
- Trauma is toxic to the brain and affects development and learning.
- Educators need to be prepared to support students who have experienced trauma, even if we don’t know exactly who they are.
- Children are resilient, and within positive learning environments they can grow, learn, and succeed.

Students exposed to trauma and toxic stress are more likely to struggle with academic success. Trauma doesn’t discriminate. It happens across all communities and all cultures.

### WHAT IS A TRAUMA-SENSITIVE LEARNING ENVIRONMENT?

It’s our responsibility as professionals and caregivers to provide a safe, predictable setting for children to be, learn, and thrive. A trauma-sensitive environment—also referred to as a positive learning environment—is a classroom, school, nook, or any other teaching location in which each and every student is healthy, safe, engaged, supported, and challenged.

### 4 BIG IDEAS TO HELP CREATE A TRAUMA-SENSITIVE LEARNING ENVIRONMENT

- Self-Awareness:** What assumptions, thoughts, and fears drive our actions? To best serve those in our care, we first must care for and know ourselves.
- Relationship:** Human connection is the basis of all our work, and in order for us to promote learning and healthy development, we must foster strong interpersonal relationships.
- Belief:** In order for us to positively influence our students, we must be clear on what we believe about children who have experienced or are experiencing trauma and our role in supporting their healthy development.
- Live, Laugh, Love:** Life is a glorious journey. We must find the silver lining in every cloud to be the champions our students so richly deserve.

### THE KNOWN PREVALENCE OF TRAUMA

in the average classroom

PREVALENCE OF TRAUMA KEY:

- Red: Students with 3+ ACEs
- Orange: Students with 2 ACEs
- Yellow: Students with 1 ACE
- Blue: Students with no known ACEs

Please come & join us  
for some Holiday cheer!  
Everyone is welcome "campus--wide."



MERRY  
*and*  
BRIGHT



HOLIDAY PARTY

DECEMBER | 13 | AT 12:30 PM

MERCER HALL

*Games & Prizes*

HOLIDAY CHEER  
DECEMBER 13  
THURSDAY  
12:30 PM



THANK YOU FOR ALL THE EXTRA  
EFFORT THIS SEMESTER!

THROUGH FLOODS AND FIRES, WE HAVE  
CARRIED EACH OTHER, OUR FAMILIES, AND  
OUR STUDENTS THROUGH TO THE END OF A  
SUCCESSFUL SEMESTER.

PALI CARES

MRS. KING

*Stop & Shop for the Holidays at Pali*  
**Not sure what to get a teacher, coach or staff member?**  
*Buy a gift certificate!*

You choose the amount of the gift card and the receiver chooses the gift card!

All certificates will be signed with your student's name and include the message:  
"Tis the season to be thankful and celebrate all you do!"

1. Fill out the Holiday Gift Certificate form below
2. Have your student deliver to the PALI HIGH LIBRARY the completed form with payment (Check or Cash accepted)

**\*\*Orders must be turned in by December 11**  
to guarantee delivery before the holiday break!

Parent Name: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
Email: \_\_\_\_\_

Circle payment method: **Cash**    **Check** (payable to Palisades Charter HS Booster Club)

Specify amount of the certificate (\$5-\$50)	Teachers Name(s)/ Subject** (EX. Mr. King-History) <i>(There are several teachers with the same name- the more info the better!)</i>	Office Use Cert. #
\$		
\$		
\$		
\$		
\$		
\$		
\$		
TOTAL	\$\$	

**\*\*\*\*\*I want to donate to the Pali Cares Program\*\*\*\*\***

(A Booster Club Supported Program)

Add a gift card to your order and you will be helping a Pali student in need

\_\_\_ \$5 McDonald's    \_\_\_ \$10 Subway    \_\_\_ \$25 Ralphs    \_\_\_ \$25 Ross Dress for Less

**Please add these donations to my order----New Total \$ \_\_\_\_\_**

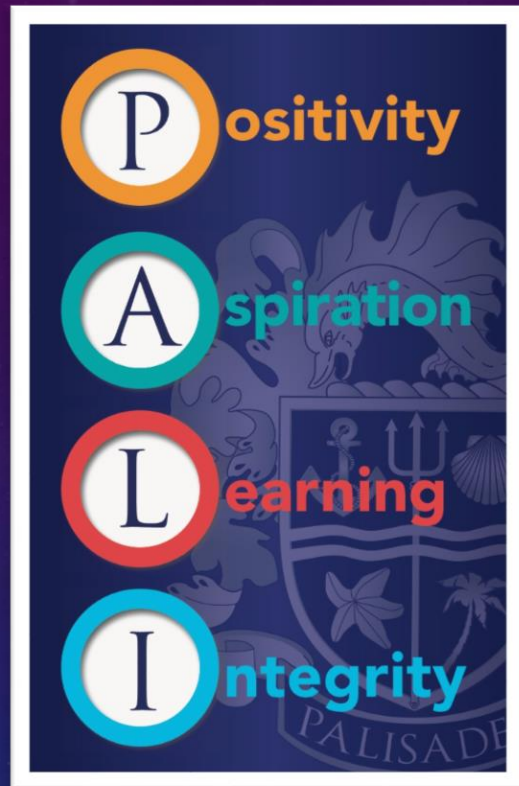


# PALI FACULTY ACHIEVEMENT

Congratulations to Angelica Pereyra!



# PALI POSITIVE!



**Positive mind.  
Positive vibes.  
Positive life.**



HAVE A FANTASTIC FINAL STRETCH!

