

PFA Message The PCHS Mental Health Team wants you to know this can seem like a very scary subject for many of us, but this is a reminder this is just a safety discussion. We are all required to learn, practice and talk about what to do in the event there is an emergency, but the likelihood of an active assailant is very rare. Remember this will help us be prepared! Information Presentation

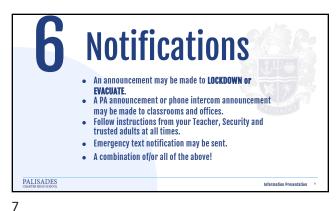
Respond Immediately No single response fits all situations; however, making sure each individual knows his or her options for response and can react decisively will save There is no single answer for what to do, but a survival mindset can increase the odds of surviving. During an active assailant situation, the natural human reaction, even if you are highly trained, is to be startled, feel fear and anxiety, and even experience initial disbelief and denial. (1) PALISADES

Protect yourself Quick Facts about an Active Assailant Can happen anywhere Can happen anytime Protect Yourself Key Messages
• Run, hide, and fight Lock, lights, out of sight (**LOCKDOWN** protocol) See something, say something Before you run, know the exits Find a place to hide (1)

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safe option, hide in as safe a place as possible. **Hide in a location w** Close and lock windows and close blinds or cover windows; Turn off lights; Hide along the wall closest to the exit but out of the view from the hallway (allowing for an ambush of the assailant and for possible escape if the assailant enters the room); Remain in place until given an all clear by identifiable law enforcement officers Only as a last resort, only when in imminent danger, Fight. PALISAD**!**

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1 Tabletop What is the fastest path from your classroom to a safe location off campus? The Presbyterian Church, the Pacific Palisades Women's Club, El Medio Bluffs, and Temescal Canyon Road (park just below Pali Academy) have been identified as rally points. Which one is closest to you? Please review the emergency exit map and look up locations with your class. Navigate to the Active Assailant folder <u>here</u> in the Schoology Safety Course. You will find the additional Tabletop 2 exercise in that folder (for a more advanced PALISADES

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