

PCHS Mental Health Services

PCHS Mental Health Highly Qualified Staff - Team Members

- ▶ 2.4 Psychiatric School Social Workers
- ▶ 1 School Psychologist
- ▶ 1 Licensed MFT / Autism Specialist

PSW Services

Weekly COST Consult & Guidance

Individual & Group Counseling

Suicide Risk Assessment

Threat Assessment

Crisis Counseling

Parent / Family Consultation

Student Outreach

PCHS Mental Health Highly Qualified Staff

- ▶ Benefit of LAUSD Affiliation
 - ▶ Highly trained - ongoing PD
 - ▶ Access to Mental Health Resources
 - ▶ Trauma Informed Schools Training
 - ▶ Crisis Team

2020-21

PARENT SUPPORT & EDUCATION

- 2 parent workshops
- 5 Family Support Groups and 3 Spanish Family Support Groups
- 2 parent DMH presentations
- Building community with Paul Revere Middle School and their parent support programs
- Collaboration with Pali PTSA for future student and parent supports

2020-21 STAFF WELLNESS/SUPPORT

- Monthly Afternoon Tea For Teachers
- Monthly Lunch Bunch for Teachers
- Mental Health Awareness PD
- Pali Faculty Virtual Engagement Activities
- Virtual infographics and resources created and provided to staff

2020-21

Schoolwide Virtual Supports

- Created mental health website and virtual therapy office for parents, teachers, and students
- Created Mental Health Schoology course for students
- Developed infographics for stress management and community resources throughout the year
- Assisted in transition of students to in-person learning
- Promotion of Mental Health Awareness with collaboration with ASB

2020-21

Drop In Groups

- Daily student support during the week of the presidential election
- 5 drop-in support groups for managing stress and anxiety during finals week for both semesters, and for AP testing periods
- Provided grief support for soccer team after death of teammate

Additional Contributions

Follow up - BARK

Schoology Course

Collaboration with Paul Revere

Identify incoming students at risk

Access to student information

.4 FTE support at Pali Academy

replaces contract with SMFS

Supplement School Psych Services