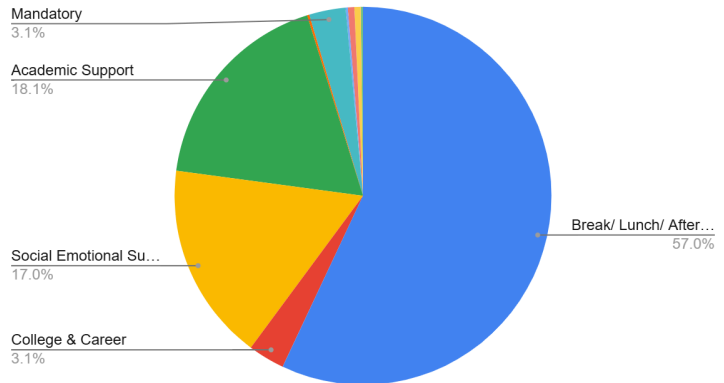


Counseling Mid-Semester Report

November: In November, we had over 542 student interactions. The wellness center served as an academic study hall after school three times a week which led to extended hours on most days serving student needs. We took in more visits for social/emotional health as winter approached and trends such as responsiveness to substance abuse infractions required collaboration with student services. Not indicated in the chart were push-in college and career activities for Military Science 9 and 10 in which counselors conducted occupational interest inventories and college awareness activities. Weekly classroom guidance and application support in the 12th grade Economics class yielded 95% (all but two students) meeting the November 30th application deadline for UC/CSUs (which were directed to community college applications in December). Dominican University and CSU East Bay both came on campus during this month to present to dual enrollment classes.

542 student-scanned visits to the Wellness Center

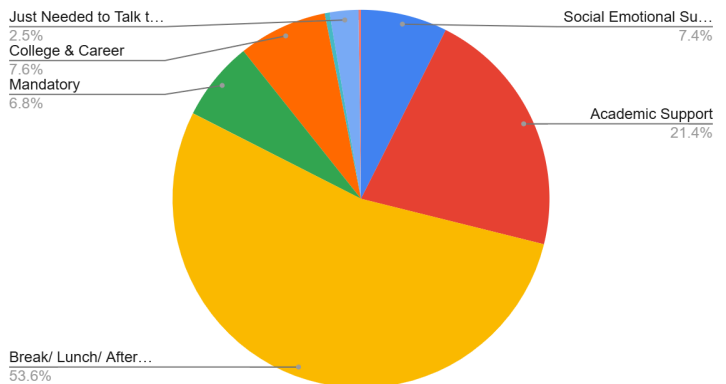
Count of Purpose for Visit



December: We had 485 student interactions. We held a largely attended holiday party the Friday before finals week to show student appreciation and build positive energy before testing. Additionally, we increased the academic tutoring to three times a week in the two weeks before finals. We maintained wellness center operations while also providing 4 hours daily in the front of the regimental hall to receive schedule inquiries and dual enrollment paperwork in preparation for the Spring Semester schedule. The counseling department addressed two student crises, lead the holiday food preparation initiative in which the student leaders made over 400 sandwiches for community residents. The counseling team provided significant inputs to the spring

485 student-scanned visits to the Wellness Center

Count of Purpose for Visit

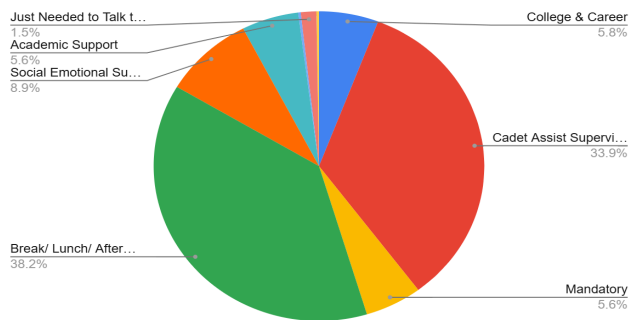


semester schedule, running regular reports, providing analysis, and auditing 100% of 11th and 12th grade transcripts

January: In January, we had 699 visits to the wellness center. This includes a large spike in cadet supervision as a result of 3xCadet Assist classes (25 students total) in which students are working on concurrent college enrollment or credit remediation. We also presented to each grade level on the upcoming opportunities [Back to School Classroom presentation Slides](#). We found 20% of our students to have dealt with a recent loss of a family member, and 25% of our students to be caregivers in their family system. Additionally, 35% of our students report moderate levels of stress, anxiety, or depression. Our Cash for College Night was attended by over 30 families in which students completed CalKids, Oakland Promise, California Dream Act, and FAFSA Applications. We have only received ten referrals for individual counseling, but are actively working two McKinney Vento cases. The last major project for the month was drafting immigration resources and distributing them to teachers, students, and parents to calm fears for the families in our community. The counseling team scheduled an immigrant rights information night and updated the college and career portion of the website with all spring events and resources to help families. 9 OMI students were accepted into the ACE (architecture, construction management, and engineering) Mentor Program Wednesdays after school and 4 were accepted to Highland's HEAL Path Medical Internship on Tuesdays/Thursdays after school.

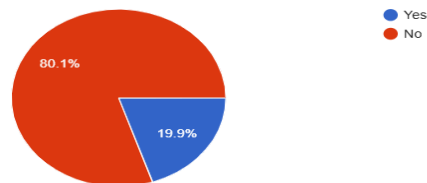
699 student-scanned visits to the Wellness Center

Count of Purpose for Visit



Have you suffered a recent loss of a loved one since the start of the school year?

161 responses



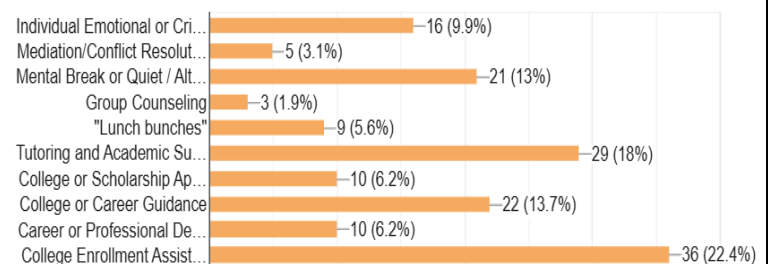
ACE MENTOR PROGRAM

ARCHITECTURE • CONSTRUCTION • ENGINEERING



Which of the following support services have you taken advantage of or attended in the fall semester? [Copy chart](#)

161 responses



Upcoming: February is black history, kindness, and scholarship month! With the absence of peer health exchange. The Senior Class has already received a presentation from our Oakland Promise Scholarship partners (focus of this month) and the Junior class received presentations from the Students Rising Above Scholarship and Genesys Works Internship. Our dual enrollment class is the most attended of any on campus (last semester 21 of 23 students earned a C or greater, with 100% achieving college credit). We are leading a field trip to SF State on February 21st. Additionally we are pushing into Junior and Senior Military Science for scholarship and internship support. In 9th and 10th grade military science we are filling in for the recent void of Peer Health Exchange's SEL curriculum, by leading activities bimonthly. The end of the month will mark both a new Career Panel Series and the start of AERIES Academic Planning to jumpstart the master scheduling process. The counseling team will support senior college decision making activities between now and spring break as they receive financial aid offers and follow-on tasks from respective universities. We are taking lead on the immigrant rights presentations to our community and providing resources/toolkits.



February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 7th Period High School Group	4	5 MS Lunch Bunch / ASP Wellness Club	6 Family Grizzly Night	7 Genesys Works Presentation	8 Black Student Expo (Oakland Marriott)
9	10 7th Period High School Group	11	12 MS Lunch Bunch	13 HealPath Summer Internship Deadline	14 No School!	15 No School!
16 UCSF Cure Internship Deadline	17 No School	18	19 MS Lunch Bunch / ASP Wellness Club	21	22	23
24	25 7th Period High School Group	26	27 MS Lunch Bunch	28 Career Panel Service Industry / OP Deadline		

For All Applicants

Scholarship Application Opens	October 1, 2024
Scholarship Application Closes	March 7, 2025 @ 11:59PM PST
Check for your Award Letter via email	April 11, 2025
Accept your Scholarship	April 18, 2025 @ 11:59PM PST

Number of Classroom Presentations (NOV-JAN)

- 12th grade = 10
- 11th grade = 6
- 10th grade = 9
- 9th grade = 12
- 8th grade = 4
- 7th grade = 3
- 6th grade = 3

<p>Participants in Group Counseling/Workshops</p>	<p>Individual High School:</p> <ul style="list-style-type: none"> • Mandatory: 7 • Voluntary: 7 <p>Group High School:</p> <ul style="list-style-type: none"> • Need Improvement, sustained attendance <p>Individual Middle School:</p> <ul style="list-style-type: none"> • Mandatory: 8 • Voluntary: 5 <p>Group Middle School:</p> <ul style="list-style-type: none"> • Mandatory: 6 • Voluntary: 9
<p>Family/Community Engagement</p>	 <p>The poster for Oakland Promise Family Learning Groups features a blue and green color scheme. At the top, it reads 'OAKLAND PROMISE' with a graduation cap icon, followed by 'FAMILY LEARNING GROUPS' and 'Open to all parents and guardians in Oakland.' Below this is the '2024-2025 WORKSHOP SCHEDULE'. A central section includes 'Virtual' with a clock icon, the time '6:30pm-7:30pm', a QR code, and an 'RSVP' button with the website 'www.tfaforms.com/5140175'. The schedule lists dates and topics: SEPT 19 (Oakland Promise Cradle To Career), OCT 17 (A-G : Charting Your Course to College), NOV 21 (Start Your College Fund Now), DEC 19 (FAFSA & CADAA: Unlock Financial Aid), JAN 16 (Free Income Tax Services), FEB 20 (Free Summer Programs), MAR 20 (Technology Access for All), and APR 17 (High School Success Panel).</p>

Reason for Referrals:

- *24 individual referrals in a 3 month timeframe; the trends for referral including the following:
- Bullying at the middle school level (Addressed with the ASGs)
 - Negative self talk around defeating mindset with academics, anxiety over grades/classes, and unstable home life
 - Drugs as a coping mechanism is still among the more common occurrences for students speaking with counselors
 - The wellness center is still frequently used for students managing daily stressors and bringing social/emotional issues to counselors, in which teachers sign passes to take mental breaks.
 - Even though we are accepting, it is predominantly select staff members that are using the referral process (Wiley, Mahlke, Leung, Amaya, and Helfrich), we have only received 1 referral outside of those teachers. Others have come from parents.

Trends/Outcomes:

- 1) seven substance abuse prevention occurrences led to group work and individual counseling for select students
- 2) three mediation or restorative actions between middle and high school required counseling leadership and progress monitoring with student services
- 3) application & scholarship support - 95% of senior class applied to 4-year colleges and universities (initial feedback is over 80% admitted)
- 4) chronic absenteeism is being addressed by counselors supporting phone calls with the front desk and bringing students in for counseling after they have been absent for a sustained period or experienced a family loss/emergency that impacted their attendance
- 5) athletic study hall increased due to Soccer Playoffs and the start of girls/boys basketball (preparing for eligibility)
- 6) Crisis response decreased; suicidal ideations (3) and CPS reports (2)