

CALIFORNIA HEALTHY KIDS SURVEY



Oakland Military Institute
Secondary
2022-2023
Main Report





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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2022-23 California Healthy Kids Survey (CHKS) for schools within this school. The CHKS, along with its two companion surveys—the California School Staff Survey (CSSS) and the California School Parent Survey (CSPS)—form the California Department of Education's California School Climate, Health, and Learning Survey (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix provides more information about CHKS questions.

These surveys grew out of the California Department of Education's (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (<u>calschls.org</u>). The California Safe and Supportive Schools website (<u>ca-safe-supportive-schools.wested.org</u>) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Regional Centers offer data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs. The Appendix includes a brief guide to key CHKS Core Module indicators designed to help survey users more easily understand and interpret their findings.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As summarized in the Appendix, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The majority of the questions are school-specific, including the following indicators:

- student grades, truancy, boredom at school, attendance, academic motivation, and school connectedness, as indicators of engagement;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- perceived school safety, bullying, and victimization; and
- violence perpetration, substance use, and crime-related behavior (e.g., weapons possession).

The Core Module also assesses indicators of student well-being in general, including the scope and nature of substance use and mental health and wellness (chronic sadness, social and emotional distress, life satisfaction, and contemplation of suicide). These questions provide insight into important barriers to learning and development.

A wide range of demographic questions help districts identify differences among student groups and to better address the needs of significant and vulnerable students, including those required to be included in LCAP efforts. These include differences in the results related to race/ethnicity, gender, sexual orientation, and socioeconomic status; homeless and foster status; and English language proficiency.

Trauma Module (Supplementary)

The Student Trauma Module was developed in 2022 to provide LEAs with data to assess factors related to community trauma and implementation of trauma-informed practices. Developed in collaboration with a state advisory group, the module assesses family-, peer-, and school co-regulation supports (supports that help students cope with trauma); emotional safety at school; impacts of trauma on student wellness; emotion regulation; and stress-associated health conditions (somatic symptoms).

School Climate Module (Supplementary)

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention, peer relationships, respect for diversity, and the quality of the physical environment (calschls.org/survey-administration/downloads).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional capacities linked to student mental health and well-being and academic success. It includes 43 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential.

• Table A1.1 describes the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option by grade level. Percentages are rounded to the nearest whole number.

Racial/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (<u>calschls.org/reports-data/dashboard</u>). The dashboard can be used to graphically display statewide, county, and district key indicators from the Core and School Climate Module, trends over time, and disparities in survey outcomes across subgroups. Group differences by gender, race/ethnicity, parental education, parent military status, homeless status, afterschool participation, gender identity, and sexual orientation can be examined. In addition, results can be displayed for English learners, free and reduced-priced meal eligible students (before 2021-22), and foster youth – three important LCAP priority groups. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password protected, private data dashboard that displays up to eight years of CalSCHLS data at not only the district level but also the *individual school level*. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons across groups such as race/ethnicity, sexual orientation, gender identity, and afterschool participation; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

<u>CalSCHLS.org</u> contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf).
- The California Center for School Climate (<u>ca-safe-supportive-schools.wested.org/california-center-for-school-climate/</u>) provides free support and trainings on school climate and data use to LEAs in California. The website provides archived virtual events and other school climate improvement resources.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on <u>calschls.org/resources</u>.
- CDE's California Safe and Supportive Schools website (<u>ca-safe-supportive-schools.wested.org</u>) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The CalSCHLS Item Crosswalk (<u>calschls.org/resources/#resources_and_tools</u>) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS Regional Centers. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center 562.799.5164 or email <u>calschls@wested.org.</u>

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- Staff and Parent Surveys. If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources_and_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- Elementary CHKS Results. Examine how the results from 9th and 11th graders compare with those from 5th and 7th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- Other Data. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- Similar District and Statewide Results. The results from the biennial state administration of the CHKS, which provide representative state norms, can be downloaded from the CalSCHLS website (data.calschls.org/resources/Biennial_State_1921.pdf) or examined on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard). If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How

you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS Regional Center to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center (562.799.5164) or email <u>calschls@wested.org</u>.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available through the CalSCHLS Regional Centers to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Climate Report Cards and Mental Health Reports

In addition to this school-level report with all the survey results, two additional reports are available:

- A short, user-friendly, graphic School Climate Report Card that provides trends across key
 indicators of school climate and provides two-year state averages on those indicators
 (calschls.org/reports-data/#scrc)
- A graphic **Mental Health Report** that describes key indicators of mental health by grade level and by survey administration year (https://calschls.org/reports-data/#scrc)

Disaggregated Reports

The staff of the CalSCHLS Regional Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity), or by other characteristics of youth, such as those who are low in academic motivation compared to those who are high. This can be valuable for identifying what subgroups need to be targeted with what resources and programs. Given the LCAP requirement that districts identify and address the needs of underserved subgroups, doing this would be a natural next step for addressing subgroup disparities.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (<u>calschls.org/reports-data</u>). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed from students to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5164) or email calschls@wested.org.

Exhibit 1
Major School-Related Domains and Constructs Assessed by CalSCHLS in Secondary Schools

	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement					
Academic mindset			✓		
Academic motivation	✓	✓		✓	✓
Academic performance (grades)	✓				
Attendance (absences and reasons absent)	✓			✓	
School boredom	✓				
School connectedness	✓				
Student Social-Emotional and Physical Well-being					
Alcohol, tobacco, and drug use	✓			✓	✓
Behavioral self-control			✓		
Bedtime	✓				
Collaboration			✓		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Life satisfaction	✓				
Optimism	✓				
Perceived safety	✓			✓	✓
Persistence			✓		
Problem solving			✓		
Self-awareness			✓		
Self-efficacy			✓		
Social-emotional competencies and health			✓	✓	
Social-emotional distress	✓				
Violence and victimization (bullying)	✓			✓	✓
Zest			✓		
School Climate Conditions					
Academic rigor and norms				✓	✓
College and career supports				✓	✓
Family support			✓		
High expectations	✓			✓	✓
Meaningful participation and decision-making	✓			✓	✓
Parent involvement	✓			✓	✓
Physical environment	✓	✓		✓	✓
Relationships among staff				✓	
Relationships among students		✓	✓	✓	✓
Relationships between students and staff	✓			✓	✓
Respect for diversity and cultural sensitivity		✓		✓	✓
Teacher and other supports for learning		✓		✓	✓
School Climate Improvement Practices					
Bullying prevention		✓		✓	✓
Discipline and order (policies, enforcement)		✓		✓	✓
Services and policies to address student needs				✓	
Social-emotional/behavioral supports		✓		✓	✓
Staff supports				✓	

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Thomas Hanson, Ph.D. CalSCHLS Director, WestEd

Tom Herman Administrator, School Health and Safety Office California Department of Education

Survey Module Administration

Table 1 CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Alcohol and Other Drugs (AOD) Module	
C. Behavioral Health Module	
D. Closing the Achievement Gap (CTAG) Module	
E. Community Health Module	
F. Community Schools Module	
G. District Afterschool Module (DASM)	
H. Drug-Free Communities (DFC) Module	
I. Gang Risk Awareness Module (GRAM)	
J. Gender Identity & Sexual Orientation-Based Harassment Module	
K. Mental Health Supports Module	
L. Military-Connected School Module	
M. Physical Health & Nutrition Module	
N. Resilience & Youth Development Module	
O. Safety & Violence Module	
P. School Climate Module	
Q. Sexual Behavior Module	
R. Social Emotional Health Module (SEHM)	
S. Tobacco Module	
T. Trauma-Informed Practice Module	
Z. Custom Questions	

Core Module Results

1. Survey Sample

Table A1.1 Student Sample for Core Module

7 V				
	Grade 6	Grade 7	Grade 8	
Student Sample Size				
Target sample	53	53	72	
Final number	50	39	58	
Response Rate	94%	74%	81%	

Table A1.2
Number of Respondents by Instructional Model

	Grade 6	Grade 7	Grade 8	
In-school learning only	50	38	58	
Remote learning only	0	1	0	

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 6	Grade 7	Grade 8	Table
School Engagement and Supports		·		
School connectedness ^{†#} (<i>In-School Only</i>)	71	48	51	A6.4
School connectedness $^{\dagger \psi}$ (<i>Remote Only</i>)				A6.4
Academic motivation [†]	83	64	69	A6.4
School is really boring [±]	11	24	22	A6.11
School is worthless and a waste of time [±]	5	9	11	A6.11
Monthly Absences (3 or more)	9	29	2	A6.2
Maintaining focus on schoolwork $^{\dagger\Gamma}$	46	24	30	A6.10
Caring adult relationships [‡]	82	46	46	A6.4
High expectations-adults in school [‡]	90	59	63	A6.4
Meaningful participation [‡]	44	24	32	A6.4
Facilities upkeep $^{\dagger\Phi}$	74	33	44	A6.15
Promotion of parental involvement in school [†]	70	59	61	A6.4
School Safety and Cyberbullying				
School perceived as very safe or safe $^{\Phi}$	89	54	53	A8.1
Experienced any harassment or bullying§	16	39	35	A8.2
Had mean rumors or lies spread about you§	19	44	36	A8.3
Been afraid of being beaten up $^{\S \Phi}$	22	8	11	A8.3
Been in a physical fight ^{§ ©}	16	20	28	A8.4
Seen a weapon on campus $^{\S\Phi}$	5	12	15	A8.6
Cyberbullying [§]	14	32	25	A8.3

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ *The scale was based on four questions for remote respondents.*

 $[\]pm$ Rating of 7 or higher.

 $^{^{\}Gamma}$ Survey question was reverse-coded.

 $[\]Phi$ *In-School only.*

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

[§] Past 12 months.

Table A2.2

Key Indicators of Substance Use, Remote Learning, and Student Well-Being

	Grade 6 %	Grade 7	Grade 8 %	Table
Substance Use				
Current alcohol or drug use [¶]	0	3	11	A9.5
Current marijuana use [¶]	0	0	7	A9.5
Current binge drinking [¶]	0	3	4	A9.5
Very drunk or "high" 7 or more times, ever	0	0	4	A9.7
Been drunk or "high" on drugs at school, ever	3	0	5	A9.9
Current cigarette smoking [¶]	0	0	2	A10.4
Current vaping [¶]	0	3	6	A10.4
Current tobacco vaping [¶]	0	3	4	A10.5
Current marijuana vaping [¶]	0	0	4	A10.5
Routines				
Eating of breakfast	72	46	57	A4.1
Bedtime (at 12 am or later)	2	29	13	A4.2
Learning from Home				
Average days worked on schoolwork $(\geq 5)^{\P\delta}$				A5.1
Synchronous instruction (4 days or more) $^{\parallel\delta}$				A5.1
Interest in schoolwork done from home $^{\dagger\delta}$				A5.3
Meaningful opportunities $^{\sharp\delta}$				A5.2
Social and Emotional Health				
Social emotional distress [‡]	14	36	20	A7.5
Experienced chronic sadness/hopelessness§	11	43	27	A7.1
Considered suicide§	5	14	6	A7.2
Optimism [‡]	65	43	56	A7.3
Life satisfaction [∓]	79	58	66	A7.4

[¶]Past 30 days.

Today.

 $^{^{\}delta}$ *Remote only.*

[∥]Past 7 days.

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

[§]Past 12 months.

[∓]Average percent of respondents reporting "Satisfied" or "Very satisfied."

3. Demographics

Table A3.1 School Schedule, Past 30 Days

	Grade 6 %	Grade 7 %	Grade 8 %	
In-School Model	100	97	100	
Remote Learning Model	0	3	0	

Question HS/MS A.1: Which of the following best describes your school schedule during the past 30 days? Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting "I went to school in person at my school building for the entire day, Monday through Friday."

Remote Learning Model - Respondents selecting "I participated in school from home for the entire day on most or all weekdays and did not go to school in person."

Table A3.2

Gender of Sample

	Grade 6	Grade 7	Grade 8 %	
Male	79	64	61	
Female	21	31	39	
Nonbinary	0	5	0	
Something else	0	0	0	

Question HS/MS A.3: What is your gender?

Table A3.3
Sexual Orientation

	Grade 6 %	Grade 7 %	Grade 8 %
Straight (not gay)	89	89	98
Lesbian or Gay	0	3	0
Bisexual	0	3	0
Something else	0	0	0
Not sure	7	0	0
Decline to respond	4	6	2

Question HS/MS A.5: Which of the following best describes you?

Note: Cells are empty if there are less than 10 respondents.

Table A3.4

Gender Identity

	Grade 6 %	Grade 7 %	Grade 8 %
No, I am not transgender	91	86	91
Yes, I am transgender	0	0	0
I am not sure if I am transgender	0	0	0
Decline to respond	9	14	9

Question HS/MS A.4: Some people describe themselves as transgender when how they think or feel about their gender is different from the sex they were assigned at birth. Are you transgender?

Table A3.5

Race or Ethnicity

	Grade 6 %	Grade 7 %	Grade 8 %
American Indian or Alaska Native, non-Hispanic	0	3	0
Asian or Asian American, non-Hispanic	23	8	22
Black or African American, non-Hispanic	19	14	17
Hispanic or Latinx	51	65	57
Native Hawaiian or Pacific Islander, non-Hispanic	0	0	0
White, non-Hispanic	2	3	0
Multiracial, non-Hispanic	4	3	2
Something else, non-Hispanic	0	5	2

Question HS/MS A.6: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.6

Living Situation

	Grade 6 %	Grade 7 %	Grade 8 %	
A home with one or more parent or guardian	81	88	91	
Other relative's home	6	6	2	
A home with more than one family	11	0	5	
Friend's home	0	6	0	
Foster home, group care, or waiting placement	0	0	0	
Hotel or motel	0	0	0	
Shelter, car, campground, or other transitional or temporary housing	0	0	0	
Other living arrangement	2	0	2	

Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Table A3.7

Highest Education of Parents

	Grade 6 %	Grade 7 %	Grade 8 %	
Did not finish high school	9	17	4	
Graduated from high school	11	19	18	
Attended college but did not complete four-year degree	14	19	11	
Graduated from college	34	17	31	
Don't know	32	28	36	

Question HS/MS A.10: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)

Note: Cells are empty if there are less than 10 respondents.

Table A3.8

Language Spoken at Home

	Grade 6 %	Grade 7 %	Grade 8 %
English	40	36	42
Spanish	38	53	40
Mandarin	2	0	0
Cantonese	0	0	0
Taiwanese	0	3	0
Tagalog	0	0	0
Vietnamese	17	3	15
Korean	0	0	0
Arabic	2	3	0
Other	0	3	4

Question HS/MS A.12: What language is spoken most of the time in your home?

Table A3.9

English Language Proficiency Among Students Speaking a Language Other Than English at Home

	Grade 6 %	Grade 7 %	Grade 8
How well do you			
understand English?			
Very well	67	61	69
Well	26	30	31
Not well	7	9	0
Not at all	0	0	0
speak English?			
Very well	65	59	72
Well	31	36	28
Not well	4	5	0
Not at all	0	0	0
read English?			
Very well	54	59	44
Well	35	32	56
Not well	12	9	0
Not at all	0	0	0
write English?			
Very well	35	52	31
Well	58	26	69
Not well	8	17	0
Not at all	0	4	0
English Language Proficiency Status			
Proficient	54	52	44
Not proficient	46	48	56

Question HS/MS A.12, 12A-12D: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions: how well do you understand... speak... read... and write English? Response options are reverse coded so higher values indicate higher English proficiency level ("Not at all" (1); "Not well" (2); "Well" (3); and "Very well" (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as "Proficient" or "Not Proficient" based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

Not Proficient: students with average item response < 3.5.

Table A3.10
Number of Days Attending Afterschool Program (In-School Only)

	Grade 6 %	Grade 7 %	Grade 8 %	
I do not attend my school's afterschool program	59	60	49	
1 day	5	0	2	
2 days	7	0	5	
3 days	2	6	11	
4 days	0	14	5	
5 days	27	20	27	

Question HS/MS A.16: How many days a week do you usually go to your school's afterschool program? Note: Cells are empty if there are less than 10 respondents.

Table A3.11

Military Connections

	Grade 6 %	Grade 7 %	Grade 8	
No	96	81	98	
Yes	4	8	0	
Don't know	0	11	2	

Question HS/MS A.11: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

4. Routines

Table A4.1

Eating of Breakfast

	Grade 6 %	Grade 7 %	Grade 8 %	
No	28	54	43	
Yes	72	46	57	

Question HS/MS A.14: Did you eat breakfast today?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2 *Bedtime*

	Grade 6 %	Grade 7	7 Grade 8	
Before 7:00 pm	4	0	0	
7:00-7:59 pm	2	0	4	
8:00-8:59 pm	20	9	15	
9:00-9:59 pm	39	23	27	
10:00-10:59 pm	26	26	24	
11:00-11:59 pm	7	14	18	
12:00-12:59 am	0	14	4	
After 1:00 am	2	14	9	
Bedtime at 12 am or later	2	29	13	

Question HS/MS A.13: What time did you go to bed last night?

5. Learning from Home

Table A5.1

Remote Learning Schedule and Instructional Time (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8
Time spent on learning and completing schoolwork from home on the average weekday			
Less than 1 hour			
Between 1 and 2 hours			
Between 2 and 3 hours			
Between 3 and 4 hours			
Between 4 and 5 hours			
More than 5 hours			
Number of days in the past week participating in an online class from home where your teacher talked to students			
0 days			
1 day			
2 days			
3 days			
4 days			
5 days			
Number of weekdays participating in school from home for the entire school day			
0 days			
1 day			
2 days			
3 days			
4 days			
5 days			

Question HS/MS A.17, 18, 19: In the past 30 days, how many weekdays in an average week did you participate in school from home for an entire school day? On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Table A5.2

Interesting Activities Provided for Student in Remote Learning (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8 %	
Not at all true				
A little true				
Pretty much true				
Very much true				

Question HS/MS A.46: There is a teacher or some other adult from my school... who provides me with interesting activities to do while I am participating in school from home.

Note: Cells are empty if there are less than 10 respondents.

Table A5.3

Interest in Schoolwork Done from Home (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Strongly disagree			
Disagree			
Neither disagree nor agree			
Agree			
Strongly agree			

Question HS/MS A.37: How strongly do you agree or disagree with the following statements?... I am interested in the schoolwork I do when participating in school from home.

6. School Performance, Engagement, and Supports

Table A6.1

Grades, Past 12 Months

	Grade 6 %	Grade 7 %	Grade 8
Mostly A's	40	0	16
A's and B's	36	40	29
Mostly B's	16	11	7
B's and C's	9	20	20
Mostly C's	0	3	11
C's and D's	0	14	11
Mostly D's	0	3	2
Mostly F's	0	9	4

Question HS/MS A.21: During the past 12 months, how would you describe the grades you mostly received in school?

Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Absences, Past 30 Days

	Grade 6 %	Grade 7 %	Grade 8 %	
I did not miss any days of school in the past 30 days	48	26	67	
1 day	28	26	20	
2 days	15	20	11	
3 or more days	9	29	2	

Question HS/MS A.15, 20: In the past 30 days, how often did you miss an entire day of school for any reason? [In-School only]. In the past 30 days, how often did you miss an entire day of remote learning classes for any reason? [Remote only]

Table A6.3

Reasons for Absence, Past 30 Days

	Grade 6 %	Grade 7 %	Grade 8 %	
Does not apply; I didn't miss any school	52	23	61	
Illness (feeling physically sick), including problems with breathing or your teeth	26	54	20	
Were being bullied or mistreated at school (<i>In-School Only</i>)	2	0	4	
Felt very sad, hopeless, anxious, stressed, or angry	4	9	6	
Didn't get enough sleep	2	6	2	
Didn't feel safe at school or going to and from school (<i>In-School Only</i>)	0	6	4	
Had to take care of or help a family member or friend	7	6	7	
Wanted to spend time with friends	0	0	0	
Used alcohol or drugs	0	0	0	
Were behind in schoolwork or weren't prepared for a test or class assignment	0	3	4	
Were bored or uninterested in school	2	0	2	
Had no transportation to school (In-School Only)	4	3	2	
Other reason	13	23	9	

Question HS/MS A.22, 23: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.) [In-School only]... In the past 30 days, did you miss a day of school from home for any of the following reasons? (Mark All That Apply.) [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

Table A6.4
School Environment, School Connectedness, Academic Motivation, and Promotion of Parental Involvement Scales

	Grade 6 %	Grade 7 %	Grade 8	Table
Total school supports	72	43	47	
Caring adults in school [‡]	82	46	46	A6.5
High expectations-adults in school [‡]	90	59	63	A6.6
Meaningful participation at school [‡]	44	24	32	A6.7
School connectedness ^{†#} (In-School Only)	71	48	51	A6.8
School connectedness $^{\dagger \psi}$ (Remote Only)				A6.8
Academic motivation [†]	83	64	69	A6.9
Promotion of parental involvement in school [†]	70	59	61	A6.13

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

[‡]Scales are based on average of respondents reporting "Pretty much true" or "Very much true."

[†]Scales are based on average of respondents reporting "Agree" or "Strongly agree."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ *The scale was based on four questions for remote respondents.*

Table A6.5

Caring Relationships Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Caring adults in school			
Average reporting "Pretty much true" or "Very much true"	82	46	46
There is a teacher or some other adult from my school			
who really cares about me.			
Not at all true	0	6	7
A little true	14	38	47
Pretty much true	52	41	29
Very much true	34	16	16
who notices when I'm not there.			
Not at all true	7	22	16
A little true	16	53	38
Pretty much true	49	19	33
Very much true	29	6	13
who listens to me when I have something to say.			
Not at all true	0	16	11
A little true	18	26	42
Pretty much true	36	32	27
Very much true	47	26	20

Question HS/MS A.44, 47, 50: There is a teacher or some other adult from my school... who really cares about me... who notices when I'm not there... who listens to me when I have something to say.

Table A6.6

High Expectations Scale Questions

	Grade 6	Grade 7 %	Grade 8
High expectations-adults in school			
Average reporting "Pretty much true" or "Very much true"	90	59	63
There is a teacher or some other adult from my school			
who tells me when I do a good job.			
Not at all true	2	19	13
A little true	13	23	25
Pretty much true	38	42	38
Very much true	47	16	24
who always wants me to do my best.			
Not at all true	0	13	5
A little true	9	25	25
Pretty much true	29	28	38
Very much true	62	34	31
who believes that I will be a success.			
Not at all true	0	13	10
A little true	5	31	33
Pretty much true	35	34	29
Very much true	60	22	29

Question HS/MS A.45, 48, 51: There is a teacher or some other adult from my school... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success.

Table A6.7 *Meaningful Participation Scale Questions*

	Grade 6 %	Grade 7 %	Grade 8 %
Meaningful participation at school	70	70	70
Average reporting "Pretty much true" or "Very much true"	44	24	32
At school/When I participate in school,			
I do interesting activities.			
Not at all true	2	9	22
A little true	29	44	27
Pretty much true	42	31	35
Very much true	27	16	16
I help decide things like class activities or rules.			
Not at all true	19	28	27
A little true	40	50	44
Pretty much true	12	19	18
Very much true	30	3	11
I do things that make a difference.			
Not at all true	10	39	33
A little true	43	42	35
Pretty much true	33	13	22
Very much true	14	6	11
I have a say in how things work.			
Not at all true	19	23	47
A little true	43	52	25
Pretty much true	21	19	18
Very much true	17	6	9
I help decide school activities or rules.			
Not at all true	52	53	52
A little true	21	41	28
Pretty much true	14	0	13
Very much true	12	6	7

Question HS/MS A.52-61: At school [In-School only],... When I participate in school [Remote only],... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.

Table A6.8
School Connectedness Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
School connectedness [#] (In-School Only)			
Average reporting "Agree" or "Strongly agree"	71	48	51
School connectedness $^{\psi}$ (Remote Only)			
Average reporting "Agree" or "Strongly agree"			
I feel close to people at/from this school.			
Strongly disagree	2	9	5
Disagree	4	24	7
Neither disagree nor agree	30	24	35
Agree	43	32	36
Strongly agree	20	12	16
I am happy with/to be at this school.			
Strongly disagree	7	15	7
Disagree	9	12	4
Neither disagree nor agree	11	24	44
Agree	39	41	36
Strongly agree	35	9	9
I feel like I am part of this school.			
Strongly disagree	4	6	15
Disagree	4	19	7
Neither disagree nor agree	20	28	29
Agree	41	34	44
Strongly agree	30	13	5

Question HS/MS A.24-31: How strongly do you agree or disagree with the following statements?... I feel close to people at this school. [In-School only]... I feel close to people from this school. [Remote only]... I am happy to be at this school. [In-School only]... I feel like I am part of this school.... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]... I feel safe in my school. [In-School only]

^{*}The scale was based on five survey questions for in-school respondents.

 $[\]psi$ The scale was based on four questions for remote respondents.

Table A6.8
School Connectedness Scale Questions – Continued

	Grade 6 %	Grade 7 %	Grade 8
The teachers at this school treat students fairly/The teachers treat students fairly.			
Strongly disagree	2	18	7
Disagree	9	9	17
Neither disagree nor agree	20	29	28
Agree	33	29	41
Strongly agree	36	15	7
I feel safe in my school. (In-School Only)			
Strongly disagree	2	9	9
Disagree	2	3	7
Neither disagree nor agree	17	29	25
Agree	35	44	47
Strongly agree	43	15	11

Question HS/MS A.29-31 How strongly do you agree or disagree with the following statements?... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]...I feel safe in my school. [In-School only]

Table A6.9

Academic Motivation Scale Questions

	Grade 6	Grade 7	Grade 8
Academic motivation	%	%	%
Academic mouvation Average reporting "Agree" or "Strongly agree"	83	64	69
	83	04	09
try hard to make sure that I am good at my choolwork.			
Strongly disagree	2	3	2
Disagree	2	3	0
Neither disagree nor agree	2	16	9
Agree	48	38	57
Strongly agree	46	41	31
I try hard on my schoolwork because I am interested in it.			
Strongly disagree	2	12	9
Disagree	7	6	22
Neither disagree nor agree	30	48	35
Agree	30	27	28
Strongly agree	30	6	6
work hard to try to understand new things when doing my schoolwork.			
Strongly disagree	2	3	7
Disagree	0	3	9
Neither disagree nor agree	11	30	20
Agree	48	45	50
Strongly agree	39	18	13
am always trying to do better in my schoolwork.			
Strongly disagree	2	3	0
Disagree	0	0	2
Neither disagree nor agree	9	15	9
Agree	39	33	48
Strongly agree	50	48	41

Question HS/MS A.38-41: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard on my schoolwork because I am interested in it... I work hard to try to understand new things when doing my schoolwork... I am always trying to do better in my schoolwork.

Table A6.10

Maintaining Focus on Schoolwork

	Grade 6 %	Grade 7 %	Grade 8 %
It is hard for me to stay focused when doing my schoolwork.			
Strongly disagree	15	15	7
Disagree	30	9	22
Neither disagree nor agree	26	30	31
Agree	17	27	30
Strongly agree	11	18	9

Question HS/MS A.36: How strongly do you agree or disagree with the following statements?... It is hard for me to stay focused when doing my schoolwork.

Table A6.11 School Boredom

	Grade 6	Grade 7 %	Grade 8 %	
School is really boring.				
High (7-10)	11	24	22	
Medium (4-6)	39	50	47	
Low (0-3)	50	26	31	
School is worthless and a waste of time.				
High (7-10)	5	9	11	
Medium (4-6)	2	24	11	
Low (0-3)	93	68	78	

Table A6.12A

Level of School Boredom and Value of School - 6th Grade

	.,		School is really boring (Grade 6)										
		0 Strongly Disagree	1	2	3	4	5	6	7	8	9	10 Strongly Agree	
۵	Strongly Disagree 0	Low	Low Boredom &			Mid-	Mid-Boredom & High				n Boredom &		
tim	1	High Value		Hi	gh Val	ue	High Value			lue			
e of	2	50%			36%		7%						
a waste of time	3												
ıd a	4	Low	Bored	om &		Mid-Boredom &			High Boredom &				
ss ar	5	М	id-Valı	ıe [⊼]		Mid-Value			Mid-Value				
School is worthless and	6					2%			0%				
WOI	7												
ol is	8	Low	Bored	om &		Mid-	Boredo	om &		High	Bored	lom &	
cho	9	Low Value $^{\overline{\overline{\wedge}}}$		Lo	w Valu	ıe [₹]		L	ow Val	lue			
	10 Strongly Agree										5%		

Notes: Cells are empty if there are less than 10 respondents.

Percentages may not add up to 100% because categories with very low responses are not reported.

 $^{^{}ar{\overline{\wedge}}}$ Results are not reported due to a very small number of responses.

Table A6.12B

Level of School Boredom and Value of School - 7th Grade

	.,		School is really boring (Grade 7)										
		0 Strongly Disagree	1	2	3	4	5	6	7	8	9	10 Strongly Agree	
۵	Strongly Disagree 0	Low	Low Boredom &			Mid-	Mid-Boredom &				High Boredom &		
time	1	High Value		Hi	gh Val	ue	High Value			lue			
e of	2	26%			35%		6%						
wast	3												
ıd a	4	Low	Bored	om &		Mid-Boredom &			High Boredom &				
ss ar	5	М	id-Valı	ıe [⊼]		Mid-Value			Mid-Value				
School is worthless and a waste of time	6					15%			9%				
WOI	7												
ol is	8	Low	Bored	om &		Mid-	Boredo	om &		High	Bored	lom &	
cho	9	Low Value $^{\overline{\overline{\wedge}}}$		Lo	w Valu	ıe [₹]		L	ow Val	lue			
	10 Strongly Agree										9%		

Notes: Cells are empty if there are less than 10 respondents.

Percentages may not add up to 100% because categories with very low responses are not reported.

 $^{^{}ar{\overline{\wedge}}}$ Results are not reported due to a very small number of responses.

Table A6.12C

Level of School Boredom and Value of School - 8th Grade

	oj school Bo			<i>J</i>								
					,	School		•	ng			
				i		(Grade	8)	i		i	
		0 Strongly Disagree	1	2	3	4	5	6	7	8	9	10 Strongly Agree
	Strongly Disagree	Law	Domad	am Pr		Mid	Boredo	o Pr		II: ala	Domod	lom Pr
e	0	Low Boredom &			IVIIU-	boreac	JIII &		nign	Bored	ioni &	
tim	1	High Value		Hi	High Value			High Value				
e of	2	28%			43%				7%			
a waste of time	3											
	4	Low	Bored	om &		Mid-Boredom &			High Boredom &			
ss aı	5	M	id-Valı	ue [₹]		Mid-Value			Mid-Value			
School is worthless and	6					4%			7%			
[OM	7											
ol is	8	Low	Bored	om &		Mid-	Boredo	om &	High Boredom &			
	9	Low Value $^{\bar{\bar{\wedge}}}$		Low Value [₹]		ıe [₹]		L	ow Val	lue		
	10										7%	
	Strongly											
	Agree											

Notes: Cells are empty if there are less than 10 respondents.

Percentages may not add up to 100% because categories with very low responses are not reported.

 $[\]bar{\bar{\wedge}}$ Results are not reported due to a very small number of responses.

Table A6.13

Promotion of Parental Involvement Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Promotion of parental involvement in school			
Average reporting "Agree" or "Strongly agree"	70	59	61
Teachers at this school communicate with parents about what students are expected to learn in class.			
Strongly disagree	9	3	5
Disagree	9	6	9
Neither disagree nor agree	24	18	18
Agree	29	61	58
Strongly agree	29	12	9
Parents feel welcome to participate at this school.			
Strongly disagree	2	12	4
Disagree	0	3	5
Neither disagree nor agree	20	30	35
Agree	54	42	38
Strongly agree	24	12	18
School staff take parent concerns seriously.			
Strongly disagree	2	6	7
Disagree	0	9	2
Neither disagree nor agree	26	36	31
Agree	39	36	46
Strongly agree	33	12	13

Question HS/MS A.33-35: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff take parent concerns seriously.

Table A6.14

Checking Student Progress

	Grade 6 %	Grade 7 %	Grade 8 %	
A teacher or some other adult from my school checks on how I am feeling.				
Not at all true	7	19	33	
A little true	29	38	35	
Pretty much true	22	22	18	
Very much true	42	22	15	

Question HS/MS A.49: There is a teacher or some other adult from my school... who checks on how I am feeling. Note: Cells are empty if there are less than 10 respondents.

Table A6.15

Quality of School Physical Environment (In-School Only)

	~	~	~	_
	Grade 6	Grade 7	Grade 8	
	%	%	%	_
My school is usually clean and tidy.				
Strongly disagree	2	12	5	
Disagree	2	9	20	
Neither disagree nor agree	22	45	31	
Agree	43	18	36	
Strongly agree	30	15	7	

Question HS/MS A.32: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.

7. Social and Emotional Health

Table A7.1

Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 6 %	Grade 7 %	Grade 8 %	
No	89	57	73	
Yes	11	43	27	

Question HS A.150/MS A.143: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 10 respondents.

Table A7.2
Seriously Considered Attempting Suicide, Past 12 Months

	Grade 6 %	Grade 7 %	Grade 8 %	
No	95	86	94	
Yes	5	14	6	

Question HS A.151/MS A.144: During the past 12 months, did you ever seriously consider attempting suicide? Note: Cells are empty if there are less than 10 respondents.

Table A7.3

Optimism Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Optimism			
Average reporting "Pretty much true" or "Very much true"	65	43	56
Each day I look forward to having a lot of fun.			
Not at all true	16	14	15
A little true	22	38	33
Pretty much true	22	24	23
Very much true	41	24	29
I usually expect to have a good day.			
Not at all true	8	29	24
A little true	28	38	18
Pretty much true	22	19	31
Very much true	42	14	27
Overall, I expect more good things to happen to me than bad things.			
Not at all true	14	24	20
A little true	19	29	24
Pretty much true	30	38	29
Very much true	38	10	27

Question HS A.157-159/MS A.150-152: Please tell us how true each statement is of you... Each day I look forward to having a lot of fun... I usually expect to have a good day... Overall, I expect more good things to happen to me than bad things.

Table A7.4

Life Satisfaction Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Life satisfaction			
Average reporting "Satisfied" or "Very satisfied"	79	58	66
I would describe my satisfaction with			
my family life as			
Very dissatisfied	3	10	2
Dissatisfied	3	5	0
A little dissatisfied	0	5	10
A little satisfied	6	14	13
Satisfied	28	33	33
Very satisfied	61	33	42
my friendships as			
Very dissatisfied	3	5	6
Dissatisfied	0	19	4
A little dissatisfied	6	5	2
A little satisfied	14	14	10
Satisfied	36	43	40
Very satisfied	42	14	38
my school experience as			
Very dissatisfied	3	14	6
Dissatisfied	6	5	2
A little dissatisfied	0	10	20
A little satisfied	22	14	35
Satisfied	33	38	24
Very satisfied	36	19	14

Question HS A.160-162/MS A.153-155: Please describe your level of satisfaction below. I would describe my satisfaction with... my family life as... my friendships as... my school experience as...

Table A7.4

Life Satisfaction Scale Questions – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
I would describe my satisfaction with			
myself as			
Very dissatisfied	6	14	4
Dissatisfied	3	5	8
A little dissatisfied	8	10	10
A little satisfied	6	19	10
Satisfied	25	29	35
Very satisfied	53	24	35
where I live as			
Very dissatisfied	3	5	6
Dissatisfied	3	0	0
A little dissatisfied	6	5	8
A little satisfied	6	33	17
Satisfied	40	29	33
Very satisfied	43	29	37

Question HS A.163, 164/MS A.156, 157: Please describe your level of satisfaction below. I would describe my satisfaction with... myself as... where I live as...

Table A7.5
Social Emotional Distress Scale Questions

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress	70	-/0	70
Average reporting "Pretty much true" or "Very much true"	14	36	20
I had a hard time relaxing.			
Not at all true	38	19	60
A little true	41	48	13
Pretty much true	16	19	19
Very much true	5	14	8
I felt sad and down.			
Not at all true	57	29	62
A little true	30	29	23
Pretty much true	8	24	10
Very much true	5	19	6
I was easily irritated.			
Not at all true	51	29	42
A little true	27	24	25
Pretty much true	8	14	13
Very much true	14	33	19
It was hard for me to cope and I thought I would panic.			
Not at all true	78	47	79
A little true	14	21	10
Pretty much true	5	16	4
Very much true	3	16	8
It was hard for me to get excited about anything.			
Not at all true	69	55	67
A little true	25	25	19
Pretty much true	6	15	10
Very much true	0	5	4

Question HS A.152-156/MS A.145-149: Over the past 30 days, how true do you feel these statements are about you?... I had a hard time relaxing... I felt sad and down... I was easily irritated... It was hard for me to cope and I thought I would panic... It was hard for me to get excited about anything.

8. School Violence, Victimization, and Safety

Table A8.1

Perceived Safety at School (In-School Only)

	Grade 6 %	Grade 7 %	Grade 8 %	
Very safe	62	15	26	
Safe	27	38	26	
Neither safe nor unsafe	8	35	40	
Unsafe	3	4	6	
Very unsafe	0	8	2	

Question HS A.114/MS A.107: How safe do you feel when you are at school?

Table A8.2

Reasons for Harassment on School Property, Past 12 Months

	Grade 6 %	Grade 7 %	Grade 8
Race, ethnicity, or national origin	/0	70	70
0 times	92	83	75
1 time	8	4	4
2 or more times	0	13	21
Religion			
0 times	97	96	96
1 time	3	0	0
2 or more times	0	4	4
Gender			
0 times	97	87	98
1 time	3	4	2
2 or more times	0	9	0
Because you are gay, lesbian, or bisexual or someone thought you were			
0 times	95	91	98
1 time	5	4	2
2 or more times	0	4	0
A physical or mental disability			
0 times	100	96	90
1 time	0	4	6
2 or more times	0	0	4
Any of the above five reasons	14	26	29

Question HS A.134-138, 141-145/MS A.127-131, 134-138: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability. [Remote only]

Table A8.2

Reasons for Harassment on School Property, Past 12 Months – Continued

	Grade 6 %	Grade 7 %	Grade 8 %	
You are an immigrant or someone thought you were				
0 times	100	87	87	
1 time	0	9	10	
2 or more times	0	4	4	
Any other reason				
0 times	92	95	88	
1 time	5	0	2	
2 or more times	3	5	10	
Any harassment	16	39	35	

Question HS A.134-147/MS A.127-140: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... You are an immigrant or someone thought you were [In-school only]... Any other reason [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability [Remote only]... You are an immigrant or someone thought you were [Remote only]... Any other reason. [Remote only]

Table A8.3
School Violence Victimization Scale Questions

	Grade 6	Grade 7	Grade 8
	%	%	%
School violence victimization (In-School Only)			
Average reporting "1 or more times"	20	28	27
During the past 12 months, how many times on school property have you			
been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around? (In-School Only)			
0 times	73	72	77
1 time	11	4	6
2 to 3 times	16	16	8
4 or more times	0	8	9
been afraid of being beaten up? (In-School Only)			
0 times	78	92	89
1 time	14	8	4
2 to 3 times	5	0	0
4 or more times	3	0	8
During the past 12 months, how many times have you			
had mean rumors or lies spread about you?			
0 times	81	56	64
1 time	16	20	8
2 to 3 times	0	8	13
4 or more times	3	16	15
had sexual jokes, comments, or gestures made to you?			
0 times	86	64	75
1 time	5	16	8
2 to 3 times	3	8	4
4 or more times	5	12	13

Question HS A.115, 116, 118, 119, 130, 131/MS A.108, 109, 111, 112, 123, 124: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around? [In-school only]... been afraid of being beaten up? [In-school only]... had mean rumors or lies spread about you? [In-school only]... had sexual jokes, comments, or gestures made to you? [In-School only]... During the past 12 months, how many times did students from your school... spread mean rumors or lies spread about you? [Remote only]... make sexual jokes, comments, or gestures toward you? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Table A8.3School Violence Victimization Scale Questions – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
During the past 12 months, how many times on school property have you/did students from your school			
had your property stolen or deliberately damaged? (In-School Only)			
0 times	81	79	77
1 time	14	13	13
2 to 3 times	5	0	6
4 or more times	0	8	4
been made fun of because of your looks or the way you talk?			
0 times	76	64	68
1 time	16	24	8
2 to 3 times	3	4	4
4 or more times	5	8	21
been made fun of, insulted, or called names?			
0 times	81	79	62
1 time	11	4	9
2 to 3 times	5	4	8
4 or more times	3	13	21
During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?			
0 times (never)	86	68	75
1 time	8	5	10
2 to 3 times	3	14	6
4 or more times	3	14	10

Question HS A.120, 121, 129, 132, 133, 148/MS A.113, 114, 122, 125, 126, 141: During the past 12 months, how many times on school property have you... been made fun of because of your looks or the way you talk? [In-school only]... had your property stolen or deliberately damaged, such as your car, clothing, or books? [In-school only]... been made fun of, insulted, or called names? [In-school only]... During the past 12 months, how many times did students from your school... make fun of you because of your looks or the way you talk? [Remote only]...make fun of you, insult you, or call you names? [Remote only]... During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone? Note: Cells are empty if there are less than 10 respondents.

Table A8.4
School Violence Perpetration Scale Questions (In-School Only)

	Grade 6	Grade 7	Grade 8
C-11-2-1	%	%	%
School violence perpetration	2	-	0
Average reporting "1 or more times"	3	7	9
During the past 12 months, how many times on school property have you			
been in a physical fight?			
0 times	84	80	72
1 time	11	8	19
2 to 3 times	5	12	6
4 or more times	0	0	4
been offered, sold, or given an illegal drug?			
0 times	100	92	90
1 time	0	4	6
2 to 3 times	0	0	4
4 or more times	0	4	0
damaged school property on purpose?			
0 times	100	96	98
1 time	0	0	0
2 to 3 times	0	4	0
4 or more times	0	0	2
carried a gun?			
0 times	100	100	96
1 time	0	0	4
2 to 3 times	0	0	0
4 or more times	0	0	0
carried any other weapon (such as a knife or club)?			
0 times	100	96	100
1 time	0	0	0
2 to 3 times	0	4	0
4 or more times	0	0	0

Question HS A.117, 122-125/MS A.110, 115-118: During the past 12 months, how many times on school property have you... been in a physical fight?... been offered, sold, or given an illegal drug?... damaged school property on purpose?... carried a gun?... carried any other weapon (such as a knife or club)?

Table A8.5

Threats and Injuries with Weapons at School, Past 12 Months (In-School Only)

	Grade 6 %	Grade 7 %	Grade 8 %	
During the past 12 months, how many times on school property have you				
been threatened with harm or injury?				
0 times	95	92	85	
1 time	5	4	9	
2 to 3 times	0	0	0	
4 or more times	0	4	6	
been threatened or injured with a weapon (gun, knife, club, etc.)?				
0 times	100	96	94	
1 time	0	4	0	
2 to 3 times	0	0	0	
4 or more times	0	0	6	

Question HS A.126, 128/MS A.119, 121: During the past 12 months, how many times on school property have you... been threatened or injured with a weapon (gun, knife, club, etc.)?... been threatened with harm or injury? Note: Cells are empty if there are less than 10 respondents.

Table A8.6
Weapons Possession on School Property, Past 12 Months (In-School Only)

	Grade 6 %	Grade 7 %	Grade 8 %
During the past 12 months, how many times on school property have you			
seen someone carrying a gun, knife, or other weapon?			
0 times	95	88	85
1 time	3	4	11
2 to 3 times	3	8	2
4 or more times	0	0	2

Question HS A.127/MS A.120: During the past 12 months, how many times on school property have you... seen someone carrying a gun, knife, or other weapon?

9. Alcohol and Other Drug Use

Table A9.1
Summary Measures of Level of AOD Use and Perceptions

	Grade 6 %	Grade 7 %	Grade 8	Table
Lifetime illicit AOD use to get "high" [⊼]	10	13	15	A9.2
Lifetime alcohol or drug use	10	13	15	A9.2
Lifetime marijuana use	7	3	7	A9.2
Lifetime very drunk or high (7 or more times)	0	0	4	A9.7
Current alcohol or drug use [¶]	0	3	11	A9.5
Current marijuana use [¶]	0	0	7	A9.5
Current heavy drug use [¶]	0	0	2	A9.5
Current heavy alcohol use (binge drinking) [¶]	0	3	4	A9.5
Current alcohol or drug use on school property \P^{Φ}	0	3	9	A9.8
Harmfulness of occasional marijuana use ^B	39	36	30	A9.10
Difficulty of obtaining marijuana ^C	34	25	19	A9.11

 $^{^{\}bar{\wedge}}$ Excludes prescription pain medication.

[¶]Past 30 days.

 $^{^{\}Phi}$ *In-School only.*

 $[^]B$ Great harm.

^CVery difficult.

Table A9.2
Summary of AOD Lifetime Use

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol	7	13	11
Marijuana	7	3	7
Inhalants	0	0	2
Any other drug, pill, or medicine to get "high"	2	0	2
Any of the above AOD use	10	13	15
Any illicit AOD use to get "high".	10	13	15

 $^{^{\}bar{\wedge}}$ Excludes prescription pain medication, tranquilizers or sedatives, diet pills, and prescription stimulant.

Table A9.3

Lifetime AOD Use

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol (one full drink)			· •
0 times	93	88	89
1 time	0	9	4
2 to 3 times	0	3	2
4 or more times	7	0	5
Marijuana (smoke, vape, eat, or drink)			
0 times	93	97	93
1 time	2	3	0
2 to 3 times	5	0	4
4 or more times	0	0	4
Inhalants			
0 times	100	100	98
1 time	0	0	0
2 to 3 times	0	0	2
4 or more times	0	0	0
Any other drug, pill, or medicine to get "high" or for reasons other than medical			
0 times	98	100	98
1 time	0	0	2
2 to 3 times	2	0	0
4 or more times	0	0	0

Question HS A.65-67, 73/MS A.66-68, 70: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Any other drug, pill, or medicine to get "high" or for reasons other than medical. Note: Cells are empty if there are less than 10 respondents.

Table A9.4

Methods of Marijuana Consumption

	Grade 6 %	Grade 7 %	Grade 8
During your life, how many times have you used marijuana in any of the following ways			
Smoke it?			
0 times	98	97	93
1 time	2	3	0
2 to 3 times	0	0	4
4 or more times	0	0	4
In a vaping device?			
0 times	100	97	94
1 time	0	3	2
2 to 3 times	0	0	2
4 or more times	0	0	2
Eat or drink it in products made with marijuana?			
0 times	98	100	95
1 time	0	0	4
2 to 3 times	2	0	2
4 or more times	0	0	0

Question HS A.77-79/MS A.74-76: During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In a vaping device (vape pens, mods, or portable vaporizers)?... Eat or drink it in products made with marijuana?

Table A9.5

Current AOD Use, Past 30 Days

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol (one or more drinks of alcohol)	0	3	6
Binge drinking (5 or more drinks in a row)	0	3	4
Marijuana (smoke, vape, eat, or drink)	0	0	7
Inhalants	0	0	2
Other drug, pill, or medicine to get "high" or for reasons other than medical	0	0	2
Any drug use	0	0	9
Heavy drug use	0	0	2
Any AOD Use	0	3	11

Question HS A.83-86, 88/MS A.80-84: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?... inhalants (things you sniff, huff, or breathe to get "high")?... any other drug, pill, or medicine to get "high" or for reasons other than medical?

Notes: Cells are empty if there are less than 10 respondents.

Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get "high" (high school only), or any other illegal drug/pill to get "high").

Table A9.6
Frequency of Current AOD Use, Past 30 Days

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol (one or more drinks)			
0 days	100	97	94
1 or 2 days	0	3	6
3 to 9 days	0	0	0
10 to 19 days	0	0	0
20 to 30 days	0	0	0
Binge drinking (5 or more drinks in a row)			
0 days	100	97	96
1 or 2 days	0	3	4
3 to 9 days	0	0	0
10 to 19 days	0	0	0
20 to 30 days	0	0	0
Marijuana (smoke, vape, eat, or drink)			
0 days	100	100	93
1 or 2 days	0	0	7
3 to 9 days	0	0	0
10 to 19 days	0	0	0
20 to 30 days	0	0	0

Question HS A.83-85/MS A.80-82: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?

Table A9.7

Lifetime Drunk or "High"

	Grade 6 %	Grade 7 %	Grade 8 %
Very drunk or sick after drinking alcohol			
0 times	95	100	89
1 to 2 times	5	0	9
3 to 6 times	0	0	0
7 or more times	0	0	2
"High" (loaded, stoned, or wasted) from using drugs			
0 times	93	97	93
1 to 2 times	8	3	2
3 to 6 times	0	0	2
7 or more times	0	0	4
Very drunk or "high" 7 or more times	0	0	4

Question HS A.74, 75/MS A.71, 72: During your life, how many times have you been... very drunk or sick after drinking alcohol?... "high" (loaded, stoned, or wasted) from using drugs?

Table A9.8

Current AOD Use on School Property, Past 30 Days (In-School Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol			
0 days	100	97	94
1 to 2 days	0	3	6
3 or more days	0	0	0
Marijuana (smoke, vape, eat, or drink)			
0 days	100	100	96
1 to 2 days	0	0	4
3 or more days	0	0	0
Any other drug, pill, or medicine to get "high" or for reasons other than medical			
0 days	100	100	96
1 to 2 days	0	0	4
3 or more days	0	0	0
Any of the above	0	3	9

Question HS A.93-95/MS A.88-90: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol?... use marijuana (smoke, vape, eat, or drink)?... use any other drug, pill, or medicine to get "high" or for reasons other than medical?

Note: Cells are empty if there are less than 10 respondents.

Table A9.9
Lifetime Drunk or "High" on School Property

	Grade 6	Grade 7	Grade 8	
0 times	<u>%</u> 97	100	% 95	
1 to 2 times	3	0	4	
3 to 6 times	0	0	0	
7 or more times	0	0	2	

Question HS A.76/MS A.73: During your life, how many times have you been... drunk on alcohol or "high" on drugs on school property?

Table A9.10
Perceived Harm of AOD Use

	Grade 6 %	Grade 7 %	Grade 8 %
Alcohol - drink occasionally			
Great	37	31	12
Moderate	5	7	21
Slight	11	14	13
None	47	48	54
Alcohol - 5 or more drinks once or twice a week			
Great	39	36	26
Moderate	8	11	13
Slight	3	0	4
None	50	54	57
Marijuana - use occasionally			
Great	39	36	30
Moderate	5	7	13
Slight	5	4	6
None	50	54	51
Marijuana - use daily			
Great	42	41	30
Moderate	6	4	9
Slight	8	4	4
None	44	52	57

Question HS A.101-104/MS A.96-99: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, vape, eat, or drink) ... Use marijuana daily. Note: Cells are empty if there are less than 10 respondents.

Table A9.11
Perceived Difficulty of Obtaining Alcohol, Marijuana, and Prescription Drugs to Get "High"

erceived Dijjicuity of Oblaining Acconoi, Marijuana, and	ina i rescription Drags to Get Iligh				
	Grade 6 %	Grade 7 %	Grade 8 %		
Alcohol					
Very difficult	34	18	17		
Fairly difficult	5	18	8		
Fairly easy	5	14	6		
Very easy	3	4	15		
Don't know	53	46	55		
Marijuana					
Very difficult	34	25	19		
Fairly difficult	11	14	8		
Fairly easy	3	7	4		
Very easy	0	4	19		
Don't know	53	50	51		
Prescription drugs to get "high" or for reasons other than prescribed					
Very difficult	34	18	17		
Fairly difficult	5	11	6		
Fairly easy	5	18	6		
Very easy	0	4	11		
Don't know	55	50	60		

Question HS A.107-109/MS A.102-104: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana... Prescription drugs to get "high" or for reasons other than prescribed.

10. Tobacco Use

Table A10.1
Summary of Key CHKS Tobacco Indicators

	Grade 6	Grade 7	Grade 8	Table
Use Prevalence and Patterns	70	70	70	
Ever smoked a whole cigarette	7	0	0	A10.2
Current cigarette smoking [¶]	0	0	2	A10.4
Current cigarette smoking at school $^{\P\Phi}$	2	0	0	A10.6
Ever tried smokeless tobacco	0	0	4	A10.2
Current smokeless tobacco use [¶]	0	0	2	A10.4
Current smokeless tobacco use at school [¶]	3	0	4	A10.6
Ever used vape products	0	6	13	A10.2
Current use of vape products [¶]	0	3	6	A10.4
Current tobacco vaping [¶]	0	3	4	A10.5
Current marijuana vaping [¶]	0	0	4	A10.5
Current vaping at school \P^{Φ}	0	3	4	A10.6
Attitudes and Correlates				
Harmfulness of occasional cigarette smoking ^B	37	43	25	A10.8
Harmfulness of smoking 1 or more packs/day ^B	35	50	34	A10.8
Harmfulness of vaping occasionally ^B	39	28	27	A10.9
Harmfulness of vaping several times a day ^B	45	41	36	A10.9
Difficulty of obtaining cigarettes ^C	39	21	11	A10.10
Difficulty of obtaining vape products ^C	34	11	11	A10.10
Anti-Tobacco Policy				
School bans tobacco use and vaping	68	52	75	A10.11

[¶]Past 30 days.

 $^{^{\}Phi}$ *In-School only.*

^BGreat harm.

^CVery difficult.

Table A10.2

Lifetime Tobacco Use

	Grade 6 %	Grade 7 %	Grade 8 %
A cigarette, even one or two puffs			
0 times	93	100	95
1 time	0	0	4
2 to 3 times	0	0	2
4 or more times	7	0	0
A whole cigarette			
0 times	93	100	100
1 time	0	0	0
2 to 3 times	0	0	0
4 or more times	7	0	0
Smokeless tobacco			
0 times	100	100	96
1 time	0	0	0
2 to 3 times	0	0	2
4 or more times	0	0	2
Vape products			
0 times	100	94	87
1 time	0	3	2
2 to 3 times	0	3	5
4 or more times	0	0	5

Question HS A.62-64/MS A.62-65: During your life, how many times have you used the following?... A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Vape products. Note: Cells are empty if there are less than 10 respondents.

Table A10.3
Substances Ever Vaped

	Grade 6 %	Grade 7 %	Grade 8 %
Vaped tobacco or nicotine			
0 times	100	97	91
1 time	0	0	2
2 to 3 times	0	3	4
4 or more times	0	0	4
Vaped marijuana or THC			
0 times	100	100	93
1 time	0	0	0
2 to 3 times	0	0	2
4 or more times	0	0	5
Vaped other product			
0 times	100	100	95
1 time	0	0	0
2 to 3 times	0	0	4
4 or more times	0	0	2

Question HS A.64A-64C/MS A.65A-65C: During your life, how many times have you used the following?... Vaped tobacco or nicotine... Vaped marijuana or THC... Vaped other product.

Table A10.4

Any Current Use and Daily Use

	Grade 6 %	Grade 7 %	Grade 8	
Cigarettes				
Any	0	0	2	
Daily (20 or more days)	0	0	0	
Smokeless tobacco				
Any	0	0	2	
Daily (20 or more days)	0	0	0	
Vape products				
Any	0	3	6	
Daily (20 or more days)	0	0	0	

Question HS A.80-82/MS A.77-79: During the past 30 days, on how many days did you use... cigarettes?... smokeless tobacco (dip, chew, or snuff)?... vape products?

Table A10.5
Substances Vaped, Past 30 Days

	Grade 6 %	Grade 7 %	Grade 8 %
Vaped tobacco or nicotine?			
0 days	100	97	96
1 or 2 days	0	3	4
3 to 9 days	0	0	0
10 to 19 days	0	0	0
20 to 30 days	0	0	0
Vaped marijuana or THC?			
0 days	100	100	96
1 or 2 days	0	0	4
3 to 9 days	0	0	0
10 to 19 days	0	0	0
20 to 30 days	0	0	0
Vaped other product?			
0 days	100	97	98
1 or 2 days	0	3	0
3 to 9 days	0	0	2
10 to 19 days	0	0	0
20 to 30 days	0	0	0

Question HS A.82A-82C/MS A.79A-79C: During the past 30 days, on how many days did you use vape products?... Vaped tobacco or nicotine... Vaped marijuana or THC... Vaped other product?

Table A10.6

Current Smoking on School Property, Past 30 Days (In-School Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Cigarettes			
0 days	98	100	100
1 or 2 days	2	0	0
3 to 9 days	0	0	0
10 to 19 days	0	0	0
20 to 30 days	0	0	0
Smokeless tobacco			
0 days	97	100	96
1 or 2 days	3	0	4
3 to 9 days	0	0	0
10 to 19 days	0	0	0
20 to 30 days	0	0	0
Vape			
0 days	100	97	96
1 or 2 days	0	3	2
3 to 9 days	0	0	2
10 to 19 days	0	0	0
20 to 30 days	0	0	0

Question HS A.90-92/MS A.85-87: During the past 30 days, on how many days on school property did you... smoke cigarettes?... use smokeless tobacco (dip, chew, or snuff)?... vape?

Table A10.7
Secondhand Smoke on School Property, Past 30 Days (In-School Only)

	Grade 6 %	Grade 7 %	Grade 8 %	
Breathed the smoke or vapor from someone who was using cigarettes or e-cigarettes				
0 days	100	97	94	
1 day	0	3	2	
2 days	0	0	0	
3-9 days	0	0	2	
10-19 days	0	0	0	
20-30 days	0	0	2	

Question HS A.96/MS A.91: During the past 30 days, on how many days on school property did you... breathe the smoke or vapor from someone who was using cigarettes or e-cigarettes?

Note: Cells are empty if there are less than 10 respondents.

Table A10.8

Perceived Harm of Cigarette Smoking

	Grade 6 %	Grade 7 %	Grade 8 %
Smoke cigarettes occasionally			
Great	37	43	25
Moderate	5	17	15
Slight	11	0	8
None	47	40	53
Smoke 1 or more packs of cigarettes each day			
Great	35	50	34
Moderate	8	10	9
Slight	5	0	0
None	51	40	57

Question HS A.97, 98/MS A.92, 93: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day. Note: Cells are empty if there are less than 10 respondents.

Table A10.9

Perceived Harm of Using Vape Products

	Grade 6 %	Grade 7 %	Grade 8
Vape tobacco or nicotine occasionally			
Great	39	28	27
Moderate	5	17	15
Slight	5	7	6
None	50	48	52
Vape tobacco or nicotine several times a day (100 puffs or more)			
Great	45	41	36
Moderate	3	3	8
Slight	3	3	4
None	50	52	53

Question HS A.99, 100/MS A.94, 95: How much do people risk harming themselves physically and in other ways when they do the following?... Vape tobacco or nicotine occasionally... Vape tobacco or nicotine several times a day (100 puffs or more).

Table A10.10
Perceived Difficulty of Obtaining Cigarettes and Vape Products

	Grade 6 %	Grade 7 %	Grade 8 %
Cigarettes	,-	, -	, -
Very difficult	39	21	11
Fairly difficult	5	21	15
Fairly easy	3	7	8
Very easy	0	3	13
Don't know	53	48	53
Vape products			
Very difficult	34	11	11
Fairly difficult	8	14	8
Fairly easy	8	11	11
Very easy	0	21	21
Don't know	50	43	49

Question HS A.105, 106/MS A.100, 101: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes... Vape products.

Note: Cells are empty if there are less than 10 respondents.

Table A10.11
School Bans Tobacco Use and Vaping

	Grade 6	Grade 7	Grade 8	
	%	%	%	
No	3	26	2	
Yes	68	52	75	
Don't know	29	22	23	

Question HS A.113/MS A.105: Does your school ban tobacco use and vaping on school property and at school sponsored events?

11. Other Health Risks

Table A11.1

Alone After School (In-School Only)

	Grade 6 %	Grade 7 %	Grade 8 %	
Never	69	67	66	
1 day	8	4	15	
2 days	3	15	0	
3 days	0	4	0	
2 days 3 days 4 days 5 days	0	0	2	
5 days	19	11	17	

Question MS A.106: In a normal week, how many days are you home after school for at least one hour without an adult there?

Note: Cells are empty if there are less than 10 respondents.

Table A11.2

Gang Involvement (In-School Only)

	Grade 6 %	Grade 7 %	Grade 8 %	
No	100	100	98	
Yes	0	0	2	

Question HS A.149/MS A.142: Do you consider yourself a member of a gang?

12. Race/Ethnic Breakdowns

Table A12.1 School Engagement and Supports by Race/Ethnicity

	Grade 6 %	Grade 7 %	Grade 8
School Connectedness ^{†#} (In-School Only)	, -	, -	, -
American Indian or Alaska Native			
Asian or Asian American	84		52
Black or African American			
Hispanic or Latinx	63	41	50
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
School Connectedness†\(^\psi\) (Remote Only)			
American Indian or Alaska Native			
Asian or Asian American			
Black or African American			
Hispanic or Latinx			
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Academic Motivation [†]			
American Indian or Alaska Native			
Asian or Asian American	86		71
Black or African American			
Hispanic or Latinx	78	58	70
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

Table A12.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 6	Grade 7	Grade 8
Calcalia was lly having +	%	%	%
School is really boring [±]			
American Indian or Alaska Native			
Asian or Asian American	0		33
Black or African American			
Hispanic or Latinx	13	32	18
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
School is worthless and a waste of time $^\pm$			
American Indian or Alaska Native			
Asian or Asian American	0		17
Black or African American			
Hispanic or Latinx	5	14	13
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Monthly Absences (3 or more)			
American Indian or Alaska Native			
Asian or Asian American	9		0
Black or African American			
Hispanic or Latinx	4	14	3
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

 $^{^{\}pm}$ Rating of 7 or higher.

Table A12.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 6	Grade 7	Grade 8
Maintaining fo and an agh ll-†	%	%	%
Maintaining focus on schoolwork [†]			
American Indian or Alaska Native			
Asian or Asian American	55		17
Black or African American			
Hispanic or Latinx	43	14	34
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Caring adult relationships [‡]			
American Indian or Alaska Native			
Asian or Asian American	91		39
Black or African American			
Hispanic or Latinx	72	41	44
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
High expectations-adults in school [‡]			
American Indian or Alaska Native			
Asian or Asian American	95		58
Black or African American			
Hispanic or Latinx	86	58	62
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A12.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 6	Grade 7	Grade 8
M	%	%	%
Meaningful participation [‡]			
American Indian or Alaska Native	21		
Asian or Asian American	31		33
Black or African American			
Hispanic or Latinx	40	18	30
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Facilities upkeep [†] (In-School Only)			
American Indian or Alaska Native			
Asian or Asian American	91		25
Black or African American			
Hispanic or Latinx	61	43	58
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Promotion of parental involvement in school [†]			
American Indian or Alaska Native			
Asian or Asian American	70		61
Black or African American			
Hispanic or Latinx	64	54	64
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A12.2 School Safety by Race/Ethnicity

	Grade 6	Grade 7	Grade 8
School perceived as very safe or safe (<i>In-School Only</i>)	%	%	%
American Indian or Alaska Native			
	100		72
Asian or Asian American	100		73
Black or African American			
Hispanic or Latinx	83	47	50
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Experienced harassment due to five reasons $^{\lambda \S}$			
American Indian or Alaska Native			
Asian or Asian American	0		27
Black or African American			
Hispanic or Latinx	17	8	23
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Experienced any harassment or bullying§			
American Indian or Alaska Native			
Asian or Asian American	0		27
Black or African American			
Hispanic or Latinx	22	31	29
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

 $^{^{\}lambda}$ The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A12.2 School Safety by Race/Ethnicity – Continued

	Grade 6	Grade 7	Grade 8
Usdanson manage on lies spaced about you	%	%	%
Had mean rumors or lies spread about you§			
American Indian or Alaska Native			
Asian or Asian American	0		18
Black or African American			
Hispanic or Latinx	28	27	44
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Been afraid of being beaten up§ (In-School Only)			
American Indian or Alaska Native			
Asian or Asian American	18		18
Black or African American			
Hispanic or Latinx	28	7	9
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Been in a physical fight [§] (<i>In-School Only</i>)			
American Indian or Alaska Native			
Asian or Asian American	18		0
Black or African American			
Hispanic or Latinx	11	13	38
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[§]Past 12 months.

Table A12.2
School Safety by Race/Ethnicity – Continued

	Grade 6 %	Grade 7 %	Grade 8	
Seen a weapon on campus [§] (In-School Only)				
American Indian or Alaska Native				
Asian or Asian American	9		9	
Black or African American				
Hispanic or Latinx	6	7	13	
Native Hawaiian or Pacific Islander				
White				
Mixed (two or more) ethnics				
Something else				

Table A12.3

Cyberbullying by Race/Ethnicity

	Grade 6 %	Grade 7 %	Grade 8 %
Cyberbullying [§]	,0	, ,	,,
American Indian or Alaska Native			
Asian or Asian American	9		9
Black or African American			
Hispanic or Latinx	17	25	29
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[§]Past 12 months.

[§]Past 12 months.

Table A12.4
Substance Use by Race/Ethnicity

	Grade 6 %	Grade 7 %	Grade 8 %
Current alcohol or drug use [¶]	70	70	70
American Indian or Alaska Native			
Asian or Asian American	0		8
Black or African American			
Hispanic or Latinx	0	5	13
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Current marijuana use [¶]			
American Indian or Alaska Native			
Asian or Asian American	0		0
Black or African American			
Hispanic or Latinx	0	0	9
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Current binge drinking¶			
American Indian or Alaska Native			
Asian or Asian American	0		0
Black or African American			
Hispanic or Latinx	0	5	6
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[¶]Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	Grade 6	Grade 7	Grade 8
Vous durink on Whigh?? 7 on many times areas	%	%	%
Very drunk or "high" 7 or more times, ever			
American Indian or Alaska Native			
Asian or Asian American	0		0
Black or African American			
Hispanic or Latinx	0	0	6
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Been drunk or "high" on drugs at school, ever			
American Indian or Alaska Native			
Asian or Asian American	0		0
Black or African American			
Hispanic or Latinx	0	0	9
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Current alcohol use [¶]			
American Indian or Alaska Native			
Asian or Asian American	0		8
Black or African American			
Hispanic or Latinx	0	5	6
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[¶]Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	Grade 6	Grade 7	Grade 8
	%	%	%
Current alcohol use at school (In-School Only)			
American Indian or Alaska Native			
Asian or Asian American	0		8
Black or African American			
Hispanic or Latinx	0	5	6
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Current cigarette smoking¶			
American Indian or Alaska Native			
Asian or Asian American	0		0
Black or African American			
Hispanic or Latinx	0	0	0
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Current vaping¶			
American Indian or Alaska Native			
Asian or Asian American	0		0
Black or African American			
Hispanic or Latinx	0	5	9
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[¶]Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	Grade 6	Grade 7 %	Grade 8 %
Current tobacco vaping¶	70	70	//
American Indian or Alaska Native			
Asian or Asian American	0		0
Black or African American			
Hispanic or Latinx	0	5	6
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Current marijuana vaping [¶]			
American Indian or Alaska Native			
Asian or Asian American	0		0
Black or African American			
Hispanic or Latinx	0	0	6
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[¶]Past 30 days.

Table A12.5

Routines by Race/Ethnicity

	Grade 6	Grade 7 %	Grade 8 %
Eating of breakfast	70	70	70
American Indian or Alaska Native			
Asian or Asian American	82		58
Black or African American			
Hispanic or Latinx	65	36	61
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Sedtime (at 12 am or later)			
American Indian or Alaska Native			
Asian or Asian American	0		25
Black or African American			
Hispanic or Latinx	0	23	6
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

Today.

Table A12.6

Learning from Home by Race/Ethnicity (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8
Average days worked on schoolwork (5 or more)¶	·		
American Indian or Alaska Native			
Asian or Asian American			
Black or African American			
Hispanic or Latinx			
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Synchronous instruction (4 days or more) [∥]			
American Indian or Alaska Native			
Asian or Asian American			
Black or African American			
Hispanic or Latinx			
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Interest in schoolwork done from home [†]			
American Indian or Alaska Native			
Asian or Asian American			
Black or African American			
Hispanic or Latinx			
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[¶]Past 30 days.

[∥]Past 7 days.

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

Table A12.6

Learning from Home by Race/Ethnicity – Continued (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8 %
Meaningful opportunities [‡]			
American Indian or Alaska Native			
Asian or Asian American			
Black or African American			
Hispanic or Latinx			
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A12.7
Social and Emotional Health by Race/Ethnicity

	Grade 6	Grade 7	Grade 8
Social emotional distress [‡]	%	%	%
American Indian or Alaska Native			
Asian or Asian American	5		22
Black or African American			
Hispanic or Latinx	19	33	24
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Experienced chronic sadness/hopelessness§			
American Indian or Alaska Native			
Asian or Asian American	0		27
Black or African American			
Hispanic or Latinx	17	45	32
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
Considered suicide§			
American Indian or Alaska Native			
Asian or Asian American	0		0
Black or African American			
Hispanic or Latinx	6	8	10
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

[§]Past 12 months.

Table A12.7
Social and Emotional Health by Race/Ethnicity – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Optimism [‡]	, ,	, -	,-
American Indian or Alaska Native			
Asian or Asian American	76		61
Black or African American			
Hispanic or Latinx	52	36	53
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			
ife satisfaction $^{\mp}$			
American Indian or Alaska Native			
Asian or Asian American	84		75
Black or African American			
Hispanic or Latinx	78	58	62
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

 $^{^{\}mp}$ Average percent of respondents reporting "Satisfied" or "Very satisfied."

13. Gender Breakdowns

Table A13.1
School Engagement and Supports by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
School Connectedness ^{†#} (In-School Only)			
Male	73	48	55
Female	66	58	42
Nonbinary			
Something else			
School Connectedness [†] (Remote Only)			
Male			
Female			
Nonbinary			
Something else			
Academic Motivation [†]			
Male	79	67	71
Female	95	61	63
Nonbinary			
Something else			
School is really boring [±]			
Male	8	24	24
Female	20	27	19
Nonbinary			
Something else			
School is worthless and a waste of time $^\pm$			
Male	6	10	16
Female	0	9	5
Nonbinary			
Something else			

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

 $[\]pm$ Rating of 7 or higher.

Table A13.1
School Engagement and Supports by Gender – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Monthly Absences (3 or more)	/0	/U	70
Male	8	32	0
Female	10	27	5
Nonbinary			
Something else			
Maintaining focus on schoolwork [†]			
Male	42	30	34
Female	60	9	24
Nonbinary			
Something else			
Caring adult relationships [‡]			
Male	82	42	40
Female	83	53	52
Nonbinary			
Something else			
High expectations-adults in school [‡]			
Male	90	57	60
Female	90	65	66
Nonbinary			
Something else			
Meaningful participation [‡]			
Male	41	28	37
Female	52	20	21
Nonbinary			
Something else			

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A13.1
School Engagement and Supports by Gender – Continued

	Grade 6 %	Grade 7 %	Grade 8
Facilities upkeep [†] (In-School Only)			
Male	72	40	39
Female	80	27	48
Nonbinary			
Something else			
Promotion of parental involvement in school [†]			
Male	69	60	58
Female	70	64	63
Nonbinary			
Something else			

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A13.2 School Safety by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
School perceived as very safe or safe (In-School Only)			
Male	90	57	66
Female		50	30
Nonbinary			
Something else			
Experienced harassment due to five reasons $^{\lambda \S}$			
Male	7	25	23
Female			40
Nonbinary			
Something else			
Experienced any harassment or bullying [§]			
Male	10	42	32
Female			40
Nonbinary			
Something else			
Had mean rumors or lies spread about you§			
Male	17	54	31
Female		20	45
Nonbinary			
Something else			
Been afraid of being beaten up§ (In-School Only)			
Male	17	8	13
Female		0	10
Nonbinary			
Something else			

 $^{^{\}lambda}$ The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A13.2 School Safety by Gender – Continued

	Grade 6 %	Grade 7 %	Grade 8 %
Been in a physical fight [§] (In-School Only)			
Male	20	23	25
Female		10	35
Nonbinary			
Something else			
Seen a weapon on campus§ (In-School Only)			
Male	7	15	19
Female		10	10
Nonbinary			
Something else			

Table A13.3

Cyberbullying by Gender

	Grade 6 %	Grade 7 %	Grade 8 %	
Cyberbullying§				
Male	10	33	13	
Female			45	
Nonbinary				
Something else				

[§]Past 12 months.

[§]Past 12 months.

Table A13.4
Substance Use by Gender

	Grade 6	Grade 7	Grade 8
Current alashal or drug use	%	%	%
Current alcohol or drug use [¶] Male	0	5	12
	0	5	13
Female		0	10
Nonbinary			
Something else			
Current marijuana use [¶]	0	0	0
Male	0	0	9
Female		0	5
Nonbinary			
Something else			
Current binge drinking [¶]			
Male	0	5	6
Female		0	0
Nonbinary			
Something else			
Very drunk or "high" 7 or more times, ever			
Male	0	0	3
Female		0	5
Nonbinary			
Something else			
Been drunk or "high" on drugs at school, ever			
Male	3	0	6
Female		0	5
Nonbinary			
Something else			
Current alcohol use¶			
Male	0	5	9
Female		0	0
Nonbinary			
Something else			

[¶]Past 30 days.

Table A13.4
Substance Use by Gender – Continued

	Grade 6	Grade 7	Grade 8
Current alashal use at sahaal (In Sahaal Only)	%	%	%
Current alcohol use at school (In-School Only)	0	_	0
Male	0	5	9
Female		0	0
Nonbinary			
Something else			
Current cigarette smoking [¶]			
Male	0	0	3
Female		0	0
Nonbinary			
Something else			
Current vaping [¶]			
Male	0	5	3
Female		0	10
Nonbinary			
Something else			
Current tobacco vaping [¶]			
Male	0	5	0
Female		0	10
Nonbinary			
Something else			
Current marijuana vaping [¶]			
Male	0	0	3
Female		0	5
Nonbinary			
Something else			

[¶]Past 30 days.

Table A13.5

Routines by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
Eating of breakfast	, -	, -	, -
Male	78	50	69
Female	50	36	38
Nonbinary			
Something else			
Bedtime (at 12 am or later)			
Male	3	32	9
Female	0	27	19
Nonbinary			
Something else			

Aerobic physical fitness standards—at least 150 minutes of moderate-intensity or 75 minutes of vigorous-intensity physical activity per week.

Today.

Table A13.6

Learning from Home by Gender (Remote Only)

	Grade 6 %	Grade 7 %	Grade 8
Average days worked on schoolwork (5 or more) ¶			
Male			
Female			
Nonbinary			
Something else			
Synchronous instruction (4 days or more)			
Male			
Female			
Nonbinary			
Something else			
Interest in schoolwork done from home [†]			
Male			
Female			
Nonbinary			
Something else			
Meaningful opportunities [‡]			
Male			
Female			
Nonbinary			
Something else			

[¶]Past 30 days.

[∥]Past 7 days.

[†]Average percent of respondents reporting "Agree" or "Strongly agree."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A13.7
Social and Emotional Health by Gender

	Grade 6 %	Grade 7 %	Grade 8 %
Social emotional distress [‡]			
Male	9	26	15
Female			28
Nonbinary			
Something else			
Experienced chronic sadness/hopelessness§			
Male	7	33	16
Female			45
Nonbinary			
Something else			
Considered suicide [§]			
Male	3	8	3
Female			10
Nonbinary			
Something else			
Optimism [‡]			
Male	66	45	69
Female			35
Nonbinary			
Something else			
Life satisfaction $^{\mp}$			
Male	81	62	71
Female			56
Nonbinary			
Something else			

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

[§]Past 12 months.

[∓]Average percent of respondents reporting "Satisfied" or "Very satisfied."

Appendix

CHKS Content Overview, 2022-23

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings. References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to other relevant CHKS reports, factsheets, and resources that can be downloaded from the CalSCHLS website (calschls.org) for further information. What Works Briefs that provide guidance on best practices related to areas assessed by the survey are available from the California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org/resources).

Special attention is directed toward indicators related to the requirements of California's Local Control and Accountability Plans (LCAP). For a summary of state-level LCAP-related baseline CHKS data, see Factsheet #15.2

MAIN CONTENT FOCUS: SCHOOL CLIMATE AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and students supports, all three key priorities required of the LCAP. It provides schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in learning and developmentally thrive. Forty-nine items assessing 14 school climate domains included in a *School Climate Report Card (SCRC)* that districts can request at the district and school level.³ All districts receive a district-level SCRC and can request school-level SCRCs. The items used in the SCRC assess school connectedness, developmental supports (e.g., caring adult relationships), and safety, including bullying and victimization.

School climate, as measured by the CHKS, is strongly related to student performance on standardized academic tests. Data for high school students show that as school climate improves—as the schools became safer, more supportive, and more engaging—test performance increased as well.⁴

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that "beat the odds" academically and consistently performed better on the state's standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The more positive the school climate, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school's level of personnel resources.⁵

In addition, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the whole child. CHKS data show that California secondary schools made greater progress in raising standardized test scores over a one-year period when they had higher percentages of students who reported: (1) being less engaged in risky behaviors such as substance use and violence; (2) being

¹ To see how local results compare with state averages in California, download a copy of the latest Biennial State CHKS report (<u>calschls.org/reports-data/#state-level_reports</u>). The Biennial State data are derived from a randomly-selected, representative state sample. County level reports are also available on the CHKS website. Biennial State CHKS and county level data can also be examined interactively on the CalSCHLS Data Dashboard (<u>calschls.org/reports-data/dashboard</u>).

² Austin. (2016). Download calschls.org/docs/factsheet-15.pdf

³ See <u>calschls.org/repo</u>rts-data/#scrc

⁴ O'Malley & Hanson. (2012). Download <u>data.calschls.org/resources/S3factsheet3_API_20120716.pdf</u>

⁵ Voight, Austin, & Hanson. (2013). Download www.wested.org/online pubs/hd-13-10.pdf

more likely to eat nutritiously and exercise; and (3) experiencing caring adult relationships and high expectations at school.⁶ These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance.

GRADE-LEVEL PATTERNS

More than twenty years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to report feeling connected to school and being academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness. Here are some additional grade-level patterns in CHKS data:

- Seventh graders report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- Ninth graders report the lowest rates of developmental support.
- Nontraditional (continuation school) students report risk behavior (e.g., binge drinking, fighting at school) prevalence rates at least twice those of 11th graders in traditional comprehensive high schools. ⁷ They also exhibit lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services. ⁸

DEMOGRAPHIC CHARACTERISTICS AND POPULATION GROUP DIFFERENCES (Section 3)

Indicators of the demographic and background characteristics of the survey respondents help users gain a better sense of how representative the survey sample is compared to the student population overall. They also enable users to analyze how survey results vary by important groups in the school and help them to identify, and target programs for, youth most in need. School districts can use these data to meet LCAP requirements to demonstrate actions across state priorities in regard to socioeconomically disadvantaged students, English learners, and foster youth, as well as other indicators such as race/ethnicity, homeless youth, and LGBTQ youth.

In the standard CHKS report, breakdowns for selected key indicators are provided by race/ethnicity and gender. For selected key indicators, the CalSCHLS Data Dashboard (<u>calschls.org/reports-data/dashboard</u>) can be used to display group differences by gender, race/ethnicity, parental education, parent military status, homeless status, afterschool participation, gender identity, and sexual orientation. Results can also be displayed for English learners, free and reduced-priced meal eligible students (prior to 2021-22), and foster youth—three important LCAP priority groups. Districts/schools can also subscribe to the District CalSCHLS private data dashboard to disaggregate their CHKS results by demographic groups for each school (call 562.799.5164 or email calschls@wested.org).

Racial-Ethnic Group Identification

Respondents self-report their identification with six racial/ethnic groups. In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by,

J

⁶ Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

⁷ In interpreting the results for 11th graders, note that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism.

⁸ Austin, Dixon, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-7.pdf

and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings. They were highest in schools with large proportions of white and Asian students, as well as in middle- and high-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but the disparities still remained. This suggests that school climate factors related to student well-being may also play a role in racial/ethnic group differences in achievement. One strategy to close the gap may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students.

In the majority of cases, with notable exceptions for Asians, the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools. ¹⁰ White students feel more safe, engaged, and supported than their African American, Latino, and Asian peers within the same school. Inequities in these factors can possibly contribute to the achievement differences. Further, these findings suggest that practices designed to ensure equitable access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap.

Youth in Foster Care

Compared to youth who live with their parents, youth in foster care settings report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk.¹¹ They were also more likely to be low in caring adult relationships and total developmental support.

Sexual Orientation and Gender Identity

Lesbian, gay, bisexual, transgender, and questioning or queer (LGBTQ) youth are at elevated risk for bullying and violence victimization, mental health problems, drug and alcohol use, and exhibiting poor performance in school. 12 13 For example, analysis of the Biennial CHKS data indicate that LGBTQ youth 14 are:

- about 30 percentage points more likely than non-LGBTQ youth to experience harassment and bullying at school;
- 30-to-40 percentage points more likely to exhibit chronic sadness;
- 2-to-3 times more likely to smoke cigarettes, binge drink, and to have been drunk or high at school; and
- receive substantially fewer social supports from teachers and peers at school than their counterparts who do not identify as LGBTQ.

Because of such disparities, it is important to examine disparities across LGBTQ and non-LGBTQ youth to identify needs and support the development of practices that promote the healthy development and safety of all youth.

⁹ Austin, Hanson, Bono, & Zheng. (2008). Download <u>data.calschls.org/resources/factsheet</u> 8.pdf

¹⁰ Hanson, Austin, & Li. (2012). Download data.calschls.org/resources/FACTSHEET-13 20120405.pdf

¹¹ Austin, Jones, & Annon. (2007). Download data.calschls.org/resources/FACTSHEET-6.pdf

¹² Hanson, T., Zhang, G., Cerna, R., Stern, A., & Austin, G. (2019) Understanding the experiences of LGBTQ youth in California. San Francisco, CA: WestEd. <u>Download wested.org/resources/lgbtq-students-in-california/</u>

¹³ Russell, S. T., & Fish, J. N. (2016). Mental health in lesbian, gay, bisexual, and transgender (LGBT) youth. *Annual Review of Clinical Psychology*, 12, 465-487.

¹⁴ See calschls.org/reports-data/dashboard/

SCHOOL PERFORMANCE, SUPPORTS, AND ENGAGEMENT (Section 6)

A major focus of the CHKS is providing data to gauge the level of pupil engagement, an LCAP state priority on which districts are required to show improvement. Enhancing student engagement has been identified as the key to addressing problems of low achievement, high levels of student misbehavior, alienation, and high dropout rates. 15 CHKS and other surveys consistently show that as youth progress through the school system, indicators of engagement decline.

It is important to look at engagement from three perspectives: behavioral, emotional, and cognitive. The CHKS provides data on all three types. As discussed below, the Academic Motivation scale, school boredom, and self-reported grades provide insight into cognitive engagement; the School Connectedness scale and school value item into emotional engagement; and attendance data into behavioral engagement. Other behavioral engagement indicators on the survey include substance use at school and violence perpetration. Research shows that student engagement is malleable and that all three types of engagement are influenced by the level to which students perceive the school as having a positive environment.

The CHKS Developmental Supports scales provide insight into whether students experience three protective factors in their school (caring relationships, high expectations, and opportunities for meaningful participation). These protective factors characterize a positive school climate and are linked to school connectedness and positive academic, behavioral, and health outcomes. Other school climate factors assessed are the level of parent involvement and the quality of the school physical environment, both also LCAP priorities. The likelihood that students will be motivated and engaged is increased to the extent that their teachers, family, and friends effectively support their purposeful involvement in learning and in school.

Self-Reported Grades

The CHKS asks students to indicate what grades they received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception.

Academic Motivation

A four-item scale gauges student academic motivation by asking how strongly they agree that they try hard to do well on schoolwork, try hard because they are interested in the work, work hard to understand new things at school, and always try to do better. On the 2019-21 State CHKS, the percentage of students agreeing with the questions on this scale ranged from 64 percent in 11th grade to 71 percent in 7th.16

In order to achieve rigorous academic goals, students need not only a challenging and engaging curriculum, but they need to be emotionally connected to their learning. Student perceptions of the school environment and their degree of school connectedness influence their achievement motivation. But students may be behaviorally and/or emotionally invested in a given activity without actually exerting the necessary mental effort to understand and master the knowledge, craft, or skill that the activity promotes. This scale provides insight into the overall level of that mental effort.

In addition, the supplementary School Climate Module includes an Academic Mindset and Learning Engagement scale and a series of questions about supports for learning and academic rigor.

¹⁵ Wang, M-T, & Eccles, J. (2013). School context, achievement motivation, and academic engagement: A longitudinal study of school engagement using a multidimensional perspective. Learning and Instruction, 28, 12-23.

¹⁶ Download data.calschls.org/resources/Biennial State 1921.pdf

School Boredom - School Value

Boredom is commonly experienced among secondary students, but its meaning and effects vary from student to student. Student boredom can be associated with specific subjects and academic tasks or it can be a pervasive response to school activities. Frequent boredom is associated with poor academic and mental health outcomes. Two CHKS questions ask about students' school boredom (school is really boring) and how much they value their schooling experience (school is worthless and a waste of time). Combined, these two survey questions are used to identify School Boredom Mindset Profiles. ^{17,18}

				School is really boring									
			Low Boredom					Mid Boredom			High I	Boredor	m
			0 Disagree	1	2	3	4	5	6	7	8	9	10 Agree
		0 Disagree	O	otimal	Patter	n							
Ē.	w Value Mid Value High Value	1	Low	Boredor	1 m High	Value	4 Mid Boredom High Value		7 High Boredom High Value			n Value	
9		2		20	2%		2	7.69	0/6		16	1%	
vast	_	3		20.	2 70			7.0	70		10.	. 1 70	
s, a	en	4					Mid Bo	5 redom M	Mid Value	Hia	h Boredo	8 om Mid	l Value
les	Mid Value	5											
팅	Σ	6	1	2 3 6				9.6%	o .		13.	.4%	
s		7	1	4						Sı	uboptir	nal Pa	ttern
<u>o</u>	Low Value	8								Hig	h Boredo	9 m Low	Value 9
ا چ	-			3.2%	0/6								

Students with high school boredom and low school-value, a suboptimal profile, report substantially poorer well-being than students with low boredom combined with elevated school-value, an optimal profile. Moreover, students with high school boredom and high school-value may be experiencing episodic or task-specific boredom, which requires different types of support than students who exhibit the suboptimal pattern. The percentage of students falling in each of these profile groups is presented in the CHKS report so that school personnel can monitor the boredom experiences of students to best address their academic and social emotional needs.

¹⁷ Furlong, M. J., Smith, D. C., Springer, T., & Dowdy, E. (2021). Bored with school! Bored with life? Well-being characteristics associated with a school boredom mindset. *Journal of Positive School Psychology*, *5*(1), 42–64. https://www.covitalityucsb.info/ewExternalFiles/10.%20Furlong%20et%20al%20Boredom-JPSP..pdf

¹⁸ See D. Michael Furlong's RISE 360 School Boredom Resource to learn more about school boredom and how these two items are combined to identify School Boredom Mindset Profiles https://rise.articulate.com/share/evs7SLqtz3xvWkgVnQjW6YNu1vFyRm6 #/

Absenteeism

Before good teachers with quality curriculums and engaging activities can improve academic performance, the students have to show up. The CHKS provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 2 or more days during the past 30 days) and what were the reasons for absences.

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10 percent of school days. According to a report by Attendance Works, the nation's large and persistent achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.¹⁹

Biennial State CHKS data indicate that the most common reasons for being absent in secondary school, after illness, are generally not getting enough sleep and anxiety or stress, followed by being behind in schoolwork, and being bored or uninterested in school, another good indicator of disengagement.²⁰

Developmental Supports

Research shows that when schools (or families or communities) provide three developmental supports—caring adult relationships, high expectations, and opportunities for meaningful participation—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS measures these supports using multi-item scales. Results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher. 21 22 23 24 25 26

School Connectedness

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive academic, social-emotional, and health outcomes.²⁷ It also shows that youth who feel safe at school, experience caring adults, and have opportunities for engagement and other developmental supports are more likely to feel connected to the school. The CHKS five-item School Connectedness scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. The online Query CalSCHLS system (calschls.org/reports-data/query-calschls/) enables examination of how key survey indicators vary by school connectedness.

School connectedness appears to have increased in California in the second half of the last decade, but it still declines markedly after elementary school. A substantial minority of middle and high school students are not connected to their schools. On the 2017-19 State CHKS, the average percentage of students

Oakland Military Institute, College Preparatory Academy 2022-23

¹⁹ Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Download www.attendanceworks.org/portraits-of-change/

²⁰ Austin, Hanson, Polik, & Zheng. (2018). Download <u>data.calschls.org/resources/Biennial State 1517.pdf</u>

²¹ Hanson & Austin. (2002). Download <u>data.calschls.org/resources/factsheet.pdf</u>

²² Hanson & Austin. (2002). Download <u>data.calschls.org/resources/FACTSHEET-3.pdf</u>

²³ Hanson. (2011). Download <u>data.calschls.org/resources/S3factsheet1</u> caring 20120223.pdf

²⁴ Hanson. (2012). Download <u>data.calschls.org/resources/S3factsheet2_participation_20120224.pdf</u>

²⁵ O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3</u> WhatWorksBrief1 CaringRelationships final.pdf

²⁶ O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3 WhatWorksBrief2 MeaningfulPart final.pdf</u>

²⁷ National Research Council and the Institute of Medicine. (2004). *Engaging schools: Fostering high school students' motivation to learn*. Washington, D.C.: The National Academies Press.

agreeing to these scale questions declined from 62 percent in 7th grade to 53 percent in 11th, a decline similar to that found for the Academic Motivation scale.²⁸ This may be related at least in part to their lower levels of developmental support. Prior analyses have indicated that the lowest rates of both connectedness and test scores are in low-income schools.²⁹ 30

Parent Involvement

Parent involvement, including promoting parental participation in school programs, is one of the LCAP state priorities. A three-item scale assesses student perceptions (level of agreement) of three components of parent involvement: teachers communicating with parents about what students are expected to learn in class, parents feeling welcome to participate at this school, and school staff taking parent concerns seriously. The same questions also are asked on the staff and parent surveys so that perceptions can be compared across all three stakeholder groups. A large and growing body of evidence has linked school success to the manner and degree to which a school communicates with parents, engages them both in school activities and education, and fosters a school climate that parents perceive as warm, inviting, and helpful.³¹

Facilities and Physical Environment

As an indicator of student perceptions of the school's physical environment, the CHKS includes a question asking students how much they agree the school "is usually clean and tidy." Additional questions are included in the supplementary School Climate Module. An analysis of 2015/17 data from the questions on both modules found that a plurality of students report that their school facilities are in good condition, but a non-trivial minority of students were dissatisfied with the condition of their school facilities.³² Between 20 percent and 25 percent of students disagree or strongly disagree on the quality of the physical environment items. Almost one-third of schools serving 11th graders were categorized as having low quality physical environments based on student reports on the clean and tidy item. Student perceptions of the quality of their school's physical environment were strongly related to student achievement.

SCHOOL VIOLENCE, VICTIMIZATION, AND SAFETY (Section 8)

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism, and the overall level of school safety.³³ Physical violence and weapons on campus have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.³⁴ These behaviors adversely affect not only students' ability to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession.³⁵ ³⁶ ³⁷

²⁸ Austin, Hanson, Zhang, & Zheng. (2020). Download data.calschls.org/resources/Biennial State 1719.pdf

²⁹ Austin, Hanson, & Voight. (2013). Download <u>data.calschls.org/resources/S3factsheet5</u> connectedness <u>20130827.pdf</u>

³⁰ O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3 WhatWorksBrief4 Connectedness final.pdf</u>

³¹ Wilder, S. (2014). Effects of parental involvement on academic achievement. A meta-synthesis. *Educational Review*, 66:3, 377-397.

³² Hanson & Austin. (2018). Download calschls.org/docs/facilities 2-18-1.pdf

³³ The CHKS also includes two violence-related questions that are not school based: the frequency students experienced cyberbullying and whether they are gang members.

³⁴ Juvonen, J., & Graham, S. (2001). Peer harassment in school: The plight of the vulnerable and victimized. New York: Guilford Press.

³⁵ Barton, P. E. (2001). Facing the hard facts in education reform. Princeton, NJ: Educational Testing Service.

³⁶ O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3 WhatWorksBrief5 ViolencePerpetration final.pdf</u>

³⁷ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3 WhatWorksBrief6 ViolenceVictimization final.pdf

Perceived Safety

Perceived safety is another indicator that districts/schools are required to monitor as part of their LCAP school climate priority. School safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. It is a key factor in students feeling connected to school. Another indicator important for attendance is the percentage of students who report missing school because they didn't feel safe (Table A6.3).

If students report low levels of perceived school safety, further examination of all the indicators related to bullying and victimization is warranted. Consider conducting follow-up student voice and feedback sessions such as focus groups or Student Listening Circles and integrating questions on why students do not feel safe.³⁸

Harassment and Victimization

Most of the safety-related questions on the survey assess victimization. Because a relatively small number of students can victimize a large number of their peers, victimization questions provide important insight into the overall school climate. Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students. In *Bruised Inside* (2000), the National Association of Attorneys General describes harassment by peers as one of the two causes for kids to express anger using guns, knives, and fists.³⁹

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status), as well as for any other reason (Table A8.2). About three-in-ten secondary students report experiencing some harassment in the past year on the 2017-19 State CHKS, with the percentages declining between 7th and 11th grades. Analyses show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school. They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than students who were only harassed for other reasons.

Different forms of verbal harassment at school are assessed by asking students about: mean rumors or lies; sexual-related jokes, comments, or gestures; being made fun of because of looks or speech; and, more generally, being made fun of, insulted or called names. Physical victimization is assessed by questions about having been pushed/shoved, threatened with harm or injury (without or without weapon), and being afraid of being beaten up. Students are also asked whether they have ever been in a physical fight as a measure of general violence.

The supplementary School Climate Module includes Bullying Prevention and Respect for Diversity scales to provide insight into what the school is doing to reduce the problem.

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³⁸ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3 WhatWorksBrief3 Safety final.pdf

³⁹ Horn, D. M., National Association of Attorneys General., & Washington (State). (2000). *Bruised inside: What our children say about youth violence, what causes it, and what we need to do about it: A report of the National Association of Attorneys General (NAAG)*. Washington, DC: National Association of Attorneys General.

⁴⁰ Austin, Hanson, Zhang, & Zheng. (2020). Download <u>data.calschls.org/resources/Biennial_State_1719.pdf</u>

⁴¹ Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download <u>data.calschls.org/resources/FACTSHEET-4.pdf</u>

⁴² Austin, Nakamoto, & Bailey, (2010), Download data.calschls.org/resources/FACTSHEET-10.pdf

Vandalism and Weapons

Two other safety-related areas assessed by the survey are school vandalism and weapons possession. Students are asked whether they damaged school property or had their property damaged at school and whether they carried a knife or other weapon to school or observed someone else doing these things.⁴³ Overall, weapons possession is not common. Statewide, only about two percent of secondary students report carrying a gun and 4-5 percent report carrying another weapon.⁴⁴ About 14 percent of 7th and 9th graders report seeing someone carrying a weapon compared to 11 percent of 11th graders.

SUBSTANCE USE (Sections 9 and 10)

An important barrier to learning, positive youth development, and health, substance use is assessed by the CHKS Core.

Alcohol and Other Drug Use (Section 9)

The misuse of alcohol and other drugs (AOD) continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage.

Reflecting this, on the California School Staff Survey, 39 percent of high school staff statewide reported that alcohol and drug use are a moderate to severe problem at their school.⁴⁵

Alcohol and Other Drug Use at School (Section 9)

AOD use at school is especially troubling. This is behavior that threatens not only the user's learning ability but also the school's efforts to educate all youth. It also is an indirect indicator of school disengagement. An analysis of CHKS data found that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication were significantly related to changes in California achievement test scores one year later. 46 Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools. 47 48

Cigarette Smoking (Section 10)

Students who report smoking cigarettes are significantly more likely than those who do not to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related problems and disengagement. To a lesser extent, students who smoke are also more likely to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness. These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems.^{49 50}

⁴³ Students who participated in school exclusively via remote learning were not asked these questions in 2020-21.

⁴⁴ Austin, Hanson, Polik, & Zheng. (2018). Download <u>data.calschls.org/resources/Biennial State 1517.pdf</u>

⁴⁵ Statewide CSSS. (2018). Download calschls.org/docs/statewide 1517 csss.pdf

⁴⁶ Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools. San Francisco: WestEd.

⁴⁷ Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

⁴⁸ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3 WhatWorksBrief8 AOD final.pdf

⁴⁹ Hanson & Zheng. (2006). Download <u>data.calschls.org/resources/factsheet2update.pdf</u>

⁵⁰ Austin, McCarthy, Slade, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-5.pdf

MENTAL HEALTH (Section 7)

Student mental health can have a big impact on their health and well-being. The CHKS Core provides four measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; (2) whether they ever contemplated suicide; (3) social and emotional distress; and (4) life satisfaction. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness.⁵¹ They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide.⁵²

CHKS data also show that students who report bias-related harassment, particularly for disability and sexual orientation, have poorer overall mental health than students who are harassed for other reasons or not harassed. Students who report any harassment are about twice as likely to experience chronic sadness/hopelessness than their non-harassed peers.⁵³ ⁵⁴

See also the percentage of students who report missing school because they "felt very sad, hopeless, anxious, stressed, or angry." In addition, the supplementary School Climate Module includes a Social and Emotional Supports scale that provides insight from students on what the school does to help promote mental health and foster of social-emotional competencies.

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⁵¹ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-11.pdf

⁵² Austin, Cragle, Delong-Cotty. (2012). Download <u>data.calschls.org/resources/FACTSHEET-12.pdf</u>

⁵³ Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download <u>data.calschls.org/resources/FACTSHEET-4.pdf</u>

⁵⁴ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-10.pdf