



YPICS COMMUNITY TOWN HALL: Meet Dr. Hoffman!

Thursday | February 25 | 4pm – 5pm

Google Meeting Link: meet.google.com/loy-raht-ahb

Join by Phone: 1-530-593-0032 PIN: 117845008



- 1 COVID-19 is widespread in the community. Wherever you go, someone nearby may be COVID-19 positive and not realize it due to lack of symptoms. We are all at risk.
- 2 Protecting you also helps protect your family, and especially those who may be at higher risk for severe illness from COVID-19.
- 3 You matter. And you play an essential role in keeping your community healthy.
- 4 The vaccines are about 95% effective at protecting you from COVID-19.
- 5 This is our pathway to end the pandemic and save lives.
Learn more! Join us this Thursday.



AYUNTAMIENTO PARA LA COMUNIDAD YPICS: Conozca al Dr. Hoffman!

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1

COVID-19 se extendió en la comunidad. Vayas donde vayas, alguien cercano puede ser positivo con COVID-19 y no darse cuenta debido a la falta de síntomas. Todos estamos en riesgo.

2

Protegerse usted también ayuda a proteger a su familia, y especialmente a aquellos que pueden estar en mayor riesgo de contraer una enfermedad grave por COVID-19.

3

Tu importas. Y usted juega un papel esencial para mantener saludable a su comunidad.

4

Las vacunas son aproximadamente un 95% efectivas para protegerlo del COVID-19.

5

Este es nuestro camino para poner fin a la pandemia y salvar vidas.

¡Aprende más! Únase a nosotros este jueves.

Youth Policy Institute Charter Schools, Inc.

The right health care partner makes all the difference

February 25, 2021





COVID-19 Vaccine Program

KP Southern California

What COVID-19 vaccines are available now?

Other vaccines are also **in development**, for example:

- Oxford/AstraZeneca
- Novavax
- Johnson & Johnson

These will go through the same clinical trials and Kaiser Permanente reviews as Pfizer/BioNtech and Moderna vaccines did.



Pfizer/BioNTech mRNA, BNT162b2

- 43,538 study participants
- 170 cases of COVID-19 (162 placebo, 8 vaccine)
- **95% overall vaccine effectiveness rate**



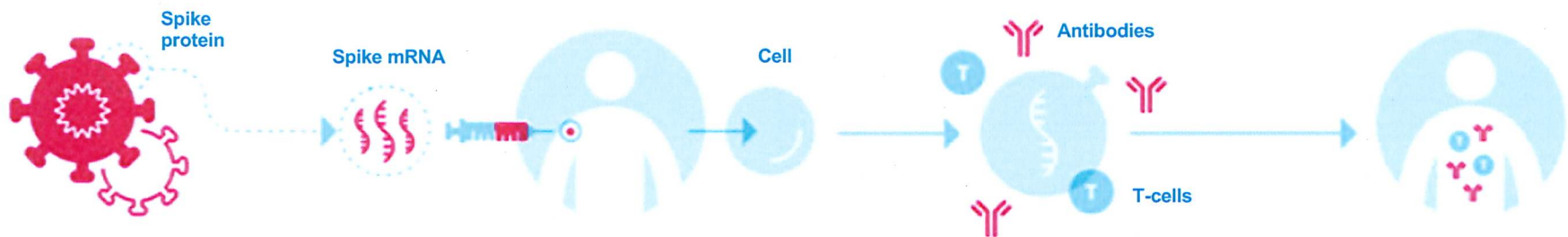
Moderna mRNA-1273

- 30,000 study participants.
- 196 cases of COVID-19 (185 placebo, 11 vaccine)
- **94.1% overall vaccine effectiveness rate**

The two authorized and recommended vaccines to prevent COVID-19 in the United States **both require two shots to be effective.**

How are mRNA vaccines different from traditional vaccines?

mRNA vaccines give the immune system genetic instructions (instead of the live virus) to recognize COVID-19 and create antibodies to fight it. The immune system remembers this if the real vaccine enters the body.



mRNA vaccines give instructions to the cells in your body to make the “spike protein,” a small, harmless piece of the COVID-19 virus.

The mRNA vaccines will be injected into the muscle of your upper arm. Once the vaccine is inside your body your cells will follow the instructions that tell them how to make the spike protein. The spike protein does not cause people to become ill with COVID-19.

After your muscle cells make the spike protein, your immune system will recognize that it doesn't belong there. As a result, your immune system will start to make T-cells and antibodies that specifically recognize the spike protein.

This process teaches your body how to recognize and destroy the virus if you are ever infected with COVID-19 in the future. mRNA COVID-19 vaccines are about 95 percent effective in preventing COVID-19.

Quick Facts about mRNA

How do mRNA vaccines work?

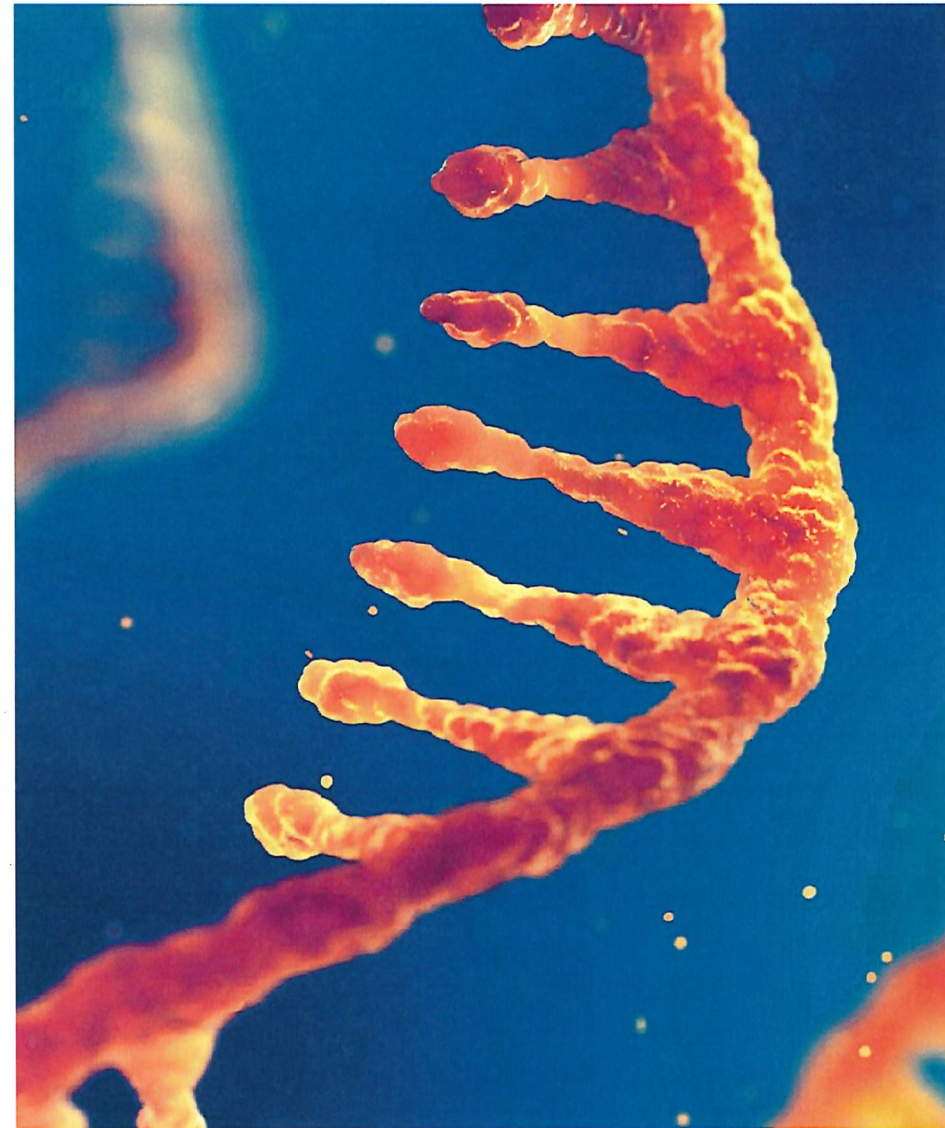
- mRNA vaccines teach our cells how to make a protein—or even just a piece of a protein—that triggers an immune response inside our bodies. That immune response, which **produces antibodies**, is what **protects** us from getting infected if the real virus enters our bodies.

Do the vaccines use the live COVID-19 virus?

- **NONE** of the COVID-19 vaccines that are in development use the live virus that causes COVID-19.

Do the vaccines affect or interact with our DNA?

- They do not affect or interact with our DNA in any way.
- mRNA never enters the nucleus of the cell, which is where our DNA (genetic material) is kept.



What are some considerations when getting the COVID-19 vaccine?

Consult with your provider to discuss your specific risk and benefits

COVID-19 Infection



- Wait until recovery from acute illness
- Isolation discontinued >90 days after monoclonal antibody/convalescent plasma

Allergies



- 30-min observation if history of severe allergic reaction
- 15-min observation if no history of severe allergic reaction or no allergy history

Other Vaccines



- Cannot be given with other vaccines
- Wait to receive other vaccines >14 days before or after

Pregnancy



- Data not available
- Consider vaccine based on personal risk
- Acetaminophen if fever
- Pregnancy testing not necessary

Breastfeeding



- Data not available
- Not thought to be risk to infant

Immunosuppression



- Data not available
- May receive vaccine
- Reduced immune response possible

“What are the typical side effects of the vaccines?”

“Are there any other reactions that have been observed?”

Vaccine safety

“How safe are the vaccines?”

“How do I know the vaccine is safe?”

- Rigorous testing
- Large-scale clinical trials
- Independent safety review
- Ongoing monitoring even after approvals

“What are the reported side effects of the vaccine?”

Most common side effects include:

- Fever
- Fatigue
- Muscle aches
- Soreness at injection site

For most people- these are mild or moderate and resolve quickly

“Are there any other reactions people have to the vaccine?”

- Small percentage of individuals experienced allergic reactions
- Continuing review of data to understand more
- Short observation period after vaccine administration

“If I have symptoms can I get the shot? What if I just got a flu vaccine?”

You should wait to get a vaccine until you have recovered.

You should not get a flu vaccine and COVID-19 vaccine at the same time, or within 14 days of each other.

**“If I’ve already had
COVID-19, do I still need
to get the vaccine?”**

Yes. The recommendation from the CDC is people who have previously been infected and recovered should get the vaccine

- Reduces risk of re-infection
- Potentially increases length of immunity

“Can I stop wearing a mask if I get the vaccine?”

No.

- Vaccine can prevent new illness
- May not impact ability to transmit the virus
- Until there is more data
 - cover your mouth and nose with a mask
 - wash hands often
 - stay at least 6 feet away from others

“Can my child or teen get vaccinated?”

<16 years old

- Wait

>16 years old

- The Pfizer-BioNTech vaccine has been shown to be safe and effective in teens over 16 years of age and older and is recommended by the CDC.

>Over 18 years old

- Both the Pfizer-BioNTech vaccine and the Moderna vaccine have been shown to be safe and effective in people 18 years of age and over and is recommended by the CDC.

“How do you know you’ll have vaccine when it’s time for my second shot?”

The supply chain is designed to allocate second doses in a cadence with the first ones (21 days for Pfizer and 28 days for Moderna)

“Will members and employees be able to get the vaccine outside of Kaiser Permanente?”

Yes. Kaiser Permanente members and employees will be able to get the COVID-19 vaccine at no cost from facilities approved as a COVID-19 vaccine provider by their state’s department of health when it is their turn.

“What is KP’s role and responsibilities with vaccine distribution?”

- Accountable for the delivery of the federal government’s property (vaccine) according to their guidelines
- Required to follow federal and state guidance for prioritization
- Abide by all reporting requirements

Leveraging our strengths to keep delivering high-quality care



Telehealth

- Massive increase in telehealth visits
- Using virtual visits for more than **80%** of all care visits systemwide*
- Expanding our **mail-order pharmacy** capacity



Testing and care

- Covering all COVID-19 testing, diagnosis, and treatment at **no cost** for our members
- Ensuring long-term access to care through a **national command center**

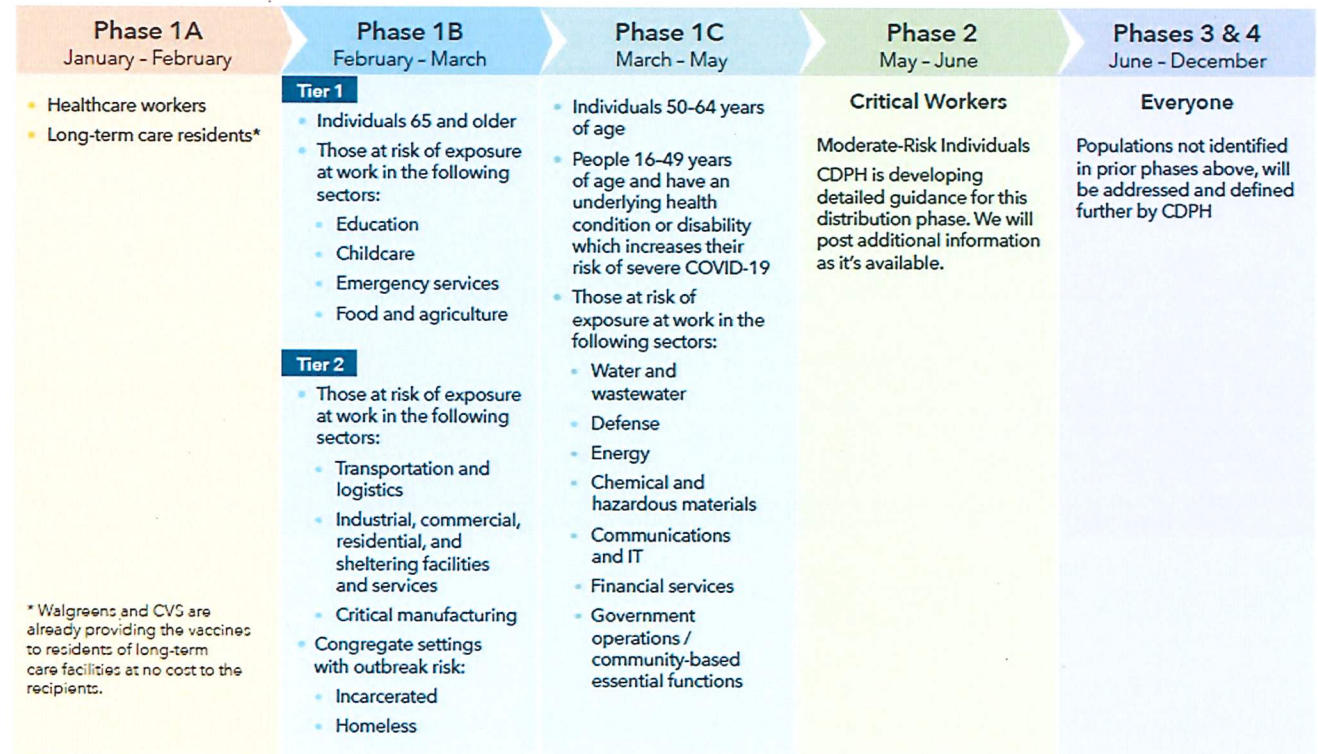


Communication

- Sending out **timely communications** to our members and groups
- Strategically **redeploying our staff and resources** where most needed — and to better protect our front-line workers

When can I get vaccinated?

- Kaiser Permanente is committed to a safe, expedient and equitable vaccination administration process.
- We're taking a phased approach in accordance with CA Department of Public Health and CDC guidelines.
- For the latest vaccine information, visit kp.org/covidvaccine or call our vaccine hotline at 1-855-550-0951 (TTY 711), 24 hours a day, 7 days a week. We'll update our recorded message hotline regularly.



Current as of 1/15/21. Information is subject to change.

Why should I get the COVID-19 vaccine?



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Lead the way!

**Encourage your coworkers, patients, family,
and friends to get vaccinated.**

¡¡¡ NUNCA PERMANENTE.™

Thank you

