Hill View Montessori

Wellness Advisory Committee Meeting

Published on November 6, 2026 at 11:00 AM EST

Date and Time

Friday November 6, 2026 at 11:00 AM EST

Location

Conference Room #104

Agenda

			Purpose	Presenter	Time
I.	**Opening Items**				**11:00 AM**
	A.	Record Attendance		June Gibbons	1 m
	B.	Call the Meeting to Order		Tai Polanco	
II.	**Wellness Advisory Committee**				**11:01 AM**
	A.	Welcome, introductions and purpose of the WAC	FYI	Tai Polanco	2 m
	B.	Legal basics: 105 CMR 215 and 7 CFR 210.31	FYI	Tai Polanco	5 m
	C.	Wellness Policy walk-through and known gaps https://www.hillviewmontessori.org/policies Wellness Policy:	Discuss	Tai Polanco	8 m

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English

Política de Bienestar:
Español

D. Roles and membership — Vote — Tai Polanco — 5 m

Example from Haverhill Public Schools: https://www.haverhill-ps.org/wellness-committee-and-policy

E. Triennial assessment timeline and tool — Vote — Tai Polanco — 5 m

The choice is between the MA LWP Assessment Tool and WellSAT.

- WellSAT, the free online scorecard from the UConn Rudd Center. It grades how complete and strong the policy's wording is.
- Massachusetts Local Wellness Policy Assessment Tool, built by DESE with the John C. Stalker Institute and the Alliance for a Healthier Generation. It has two parts: a Strength Checklist that reviews the written policy, and an Implementation Assessment that looks at what actually happens at school. Each can be done online or as a PDF.
- MA Strength Checklist (PDF), the printable version, updated June 2026. The state says this checklist alone meets the triennial requirement.

The state tool is the same family as the Alliance checklist Hill View used in January 2025. Using it again would make it easy to compare progress.

F. Calendar, posting plan, focus areas and action recap — Vote — Tai Polanco — 4 m

This approves the dates for Meetings 2–4, the transparency plan, and 1–2 focus areas.

III. Closing Items — 11:30 AM

A. Adjourn Meeting — Vote — Tai Polanco