International Leadership of Texas, Inc.

School Health Advisory Council (SHAC) Meeting

April 16, 2026

Date and Time

Thursday April 16, 2026 at 2:00 PM CDT

Meeting Notice & Mission Statement

In compliance with the Texas Open Meetings Act, the Texas Government Code, Chapter 551, timely public advance written notice (at least 72 hours before the scheduled time of the meeting) is given of the subjects the School Health Advisory Committee of International Leadership of Texas (the "Committee"), and the Committee will convene an Open Meeting of the Safety and Security Committee of International Leadership of Texas on the date and time and location set forth herein.

It is the intent of the Board to have a quorum physically present at the above address. **Committee members not physically present may participate by live two-way video and audio feed in accordance with the Texas Open Meetings Act via the link https://zoom.us/j/801651349 .** If a quorum of the Committee cannot be physically present at the above address, it is the intent to have the presiding officer physically present at the above address.

The Committee hereby certifies that this notice was posted on a bulletin board or on something akin thereto or at a place readily accessible and convenient to the public at 2021 Lakeside Boulevard, Richardson, TX 75082, as well as online at www.iltexas.org. The items on this Agenda may be taken in any order. The mission of ILTexas is to prepare students for exceptional leadership roles in the international community by emphasizing servant leadership, mastering the English, Spanish, and Chinese languages, and strengthening the mind, body and character.

/s/ Catherine Barrera, For ILTexas' Board

Agenda

		Purpose	Presenter	Time
I.	**Opening Items**			**2:00 PM**
A.	Record Attendance		Victor Cathey	1 m
B.	Call the Meeting to Order	Approve Minutes	Victor Cathey	2 m
	Approve minutes for School Health Advisory Council (SHAC) Committee on March 25, 2026			
II.	**Report of Departments**			**2:03 PM**
A.	Substance Abuse Prevention	Discuss	Victor Cathey	10 m
B.	School Health Services including Mental Health Services	Discuss	Mary Albritton	15 m
III.	**Announcements, Information and Updates**			**2:28 PM**
A.	Next Meeting	Discuss	Victor Cathey	5 m
	May 13, 2026			
IV.	**Closing Items**			**2:33 PM**
A.	Adjourn Meeting	Vote	Victor Cathey	