



## International Leadership of Texas, Inc.

### School Health Advisory Council (SHAC)

Wednesday, February 25, 2026

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#### Date and Time

Wednesday February 25, 2026 at 2:00 PM CST

#### Location

ILTexas Headquarters  
2021 Lakeside Blvd., Room 106  
Richardson, Texas 75082

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#### Meeting Notice & Mission Statement

In compliance with the Texas Open Meetings Act, the Texas Government Code, Chapter 551, timely public advance written notice (at least 72 hours before the scheduled time of the meeting) is given of the subjects the School Health Advisory Committee of International Leadership of Texas (the "Committee"), and the Committee will convene an Open Meeting of the Safety and Security Committee of International Leadership of Texas on the date and time and location set forth herein.

It is the intent of the Board to have a quorum physically present at the above address. **Committee members not physically present may participate by live two-way video and audio feed in accordance with the Texas Open Meetings Act via the link <https://zoom.us/j/801651349>** . If a quorum of the Committee cannot be physically present at the above address, it is the intent to have the presiding officer physically present at the above address.

The Committee hereby certifies that this notice was posted on a bulletin board or on something akin thereto or at a place readily accessible and convenient to the public at 2021 Lakeside Boulevard, Richardson, TX 75082, as well as online at [www.iltexas.org](http://www.iltexas.org). The items on this Agenda may be taken in any order. The mission of ILTexas is to prepare students for exceptional leadership roles in the international community by emphasizing servant

leadership, mastering the English, Spanish, and Chinese languages, and strengthening the mind, body and character.

/s/ Catherine Barrera, For ILTexas' Board

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## Agenda

	Purpose	Presenter	Time
<b>I. Opening Items</b>			<b>2:00 PM</b>
<b>A.</b> Record Attendance			1 m
<b>B.</b> Call the Meeting to Order			
<b>II. School Health Advisory Council (SHAC)</b>			<b>2:01 PM</b>
<b>A.</b> Welcome SHAC members	Discuss	Victor Cathey	5 m
<b>B.</b> Vision and Mission	Discuss	Victor Cathey	5 m
<b>III. New Business</b>			<b>2:11 PM</b>
<b>A.</b> SHAC Goals Goals for 2025-2026 School Year	Discuss	Victor Cathey	5 m
<b>IV. Report of Departments</b>			<b>2:16 PM</b>
<b>A.</b> Health Education Health education, which must address physical health concerns and mental health concerns to ensure the integration of physical health education and mental health education	Discuss	Heba Baassiri	5 m
<b>B.</b> Physical Education Physical education and Physical activity	Discuss	Victor Cathey	5 m
<b>V. Announcements, Information and Updates</b>			<b>2:26 PM</b>
<b>A.</b> Next Meeting	Discuss	Victor Cathey	5 m

March 25, 2026

**VI. Closing Items**

**2:31 PM**

**A.** Adjourn Meeting

Purpose

Presenter

Time

Vote

Victor Cathey