International Leadership of Texas, Inc.

School Health Advisory Council (SHAC)

Wednesday, February 25, 2026

Date and Time

Wednesday February 25, 2026 at 2:00 PM CST

Location

ILTexas Headquarters
2021 Lakeside Blvd., Room 106
Richardson, Texas 75082

Meeting Notice & Mission Statement

In compliance with the Texas Open Meetings Act, the Texas Government Code, Chapter 551, timely public advance written notice (at least 72 hours before the scheduled time of the meeting) is given of the subjects the School Health Advisory Committee of International Leadership of Texas (the "Committee"), and the Committee will convene an Open Meeting of the Safety and Security Committee of International Leadership of Texas on the date and time and location set forth herein.

It is the intent of the Board to have a quorum physically present at the above address. **Committee members not physically present may participate by live two-way video and audio feed in accordance with the Texas Open Meetings Act via the link https://zoom.us/j/801651349 .** If a quorum of the Committee cannot be physically present at the above address, it is the intent to have the presiding officer physically present at the above address.

The Committee hereby certifies that this notice was posted on a bulletin board or on something akin thereto or at a place readily accessible and convenient to the public at 2021 Lakeside Boulevard, Richardson, TX 75082, as well as online at www.iltexas.org. The items on this Agenda may be taken in any order. The mission of ILTexas is to prepare students for exceptional leadership roles in the international community by emphasizing servant

leadership, mastering the English, Spanish, and Chinese languages, and strengthening the mind, body and character.

/s/ Catherine Barrera, For ILTexas' Board

Agenda

		Purpose	Presenter	Time
I.	**Opening Items**			**2:00 PM**
	A. Record Attendance			1 m
	B. Call the Meeting to Order			
II.	**School Health Advisory Council (SHAC)**			**2:01 PM**
	A. Welcome SHAC members	Discuss	Victor Cathey	5 m
	B. Vision and Mission	Discuss	Victor Cathey	5 m
III.	**New Business**			**2:11 PM**
	A. SHAC Goals	Discuss	Victor Cathey	5 m
	Goals for 2025-2026 School Year			
IV.	**Report of Departments**			**2:16 PM**
	A. Health Education	Discuss	Heba Baassiri	5 m
	Health education, which must address physical health concerns and mental health concerns to ensure the integration of physical health education and mental health education			
	B. Physical Education	Discuss	Victor Cathey	5 m
	Physical education and Physical activity			
V.	**Announcements, Information and Updates**			**2:26 PM**
	A. Next Meeting	Discuss	Victor Cathey	5 m

		Purpose	Presenter	Time
	March 25, 2026			
VI.	**Closing Items**			**2:31 PM**
A.	Adjourn Meeting	Vote	Victor Cathey	