STUDENTS

Vision, Hearing and Scoliosis Screening

1.0 Vision Screening (Form 3411F-1)

The following procedures are established by Pullman School District in accordance with WAC 248-148, Visual Acuity Standards.

1.1 Routine vision screening will be one yearly on all students in grades K-3, 5, and 7 under the supervision of the school nurse. The 20-foot Snellen Vision Test is the accepted screening procedure. The school nurse at the request of teacher, parent/guardian, or other school personnel may do vision testing on any student at any time.

1.2 The school nurse will rescreen students who fail the first screening within two weeks. If the student again fails to achieve 20/30 or better in either eye, a referral form (3411F1) shall be sent home to parent/guardian informing them of need for further professional evaluation.

1.3 **Screening Directions**

1.3.1 Use the standard Snellen 20-foot test. For initial screening use the kindergarten test for kindergarten classes and the alphabet test for all other grades. For rescreening use the "tumbling" E test.

1.3.2 Give the test in a well-lighted room with as few distractions as possible.

1.3.3 Place the child a measured 20-feet from the chart.

1.3.4 The child's eyes should be approximately level with the 20/20 line.

1.3.5 Test each eye separately, with one eye covered gently with a clean eye cover. **Remind the child not to press on his/her eye.**

1.3.6 Children with glasses should be tested with glasses on. Indicate on Vision Screening Form (3411F1) if child is wearing glasses, contacts, or a patch.

1.3.7 Begin at the 20/70 line asking child to read at least two letters on each line. Work down the chart. Stop when the child is unable to read a majority of letters correctly. Use the white card to display only one letter at a time. **The test is not accurate without the cover card.**

1.3.8 Rescreens are to be done on all students who do not achieve 10/30. A referral shall be sent to the parent/guardian of all students who do not achieve 20/30 on the rescreen.

1.3.9 The school nurse is responsible for recording the screening results on the pupil's health record 3410F in a timely manner.

1.3.10 The school nurse is responsible for mailing the referral form to the parent/guardian of all students who fail the rescreen.

1.3.11 A confidential list of students referred will be made available to building principals and teachers by the school nurse.

1.4 **Observations for detecting visual problems**

Conditions that may indicate visual disturbances:

1.4.1 Eyelids

a. crusts on lids among lashes
b. red eyelids
c. sties or swollen lids

1.4.2 Other

a. watery eyes or discharges
b. lack of coordination in directing gaze of the two eyes
c. reddened conjunctiva

1.5 **Behaviors that may indicate visual disturbances**

1.5.1 rub eyes frequently
1.5.2 attempts to brush away blur
1.5.3 is irritable or cries when attempting to do close work
1.5.4 is inattentive in chalkboard, wall-chart, or map lessons
1.5.5 holds body tense
1.5.6 screws up face
1.5.7 thrusts head forward
1.5.8 blinks continually
1.5.9 holds book too far from face
1.5.10 holds book close to face
1.5.11 makes frequent change in distance at which book is held
1.5.12 is inattentive during lesson
1.5.13 stops after brief period
1.5.14 shuts or covers one eye
1.5.15 tilts head to one side
1.5.16 tends to reverse words or syllables
1.5.17 tends to look cross-eyed
1.5.18 tends to lose place on page
1.5.19 confuses the following in reading or spelling: o's and a's; e's and c's; n's and m's; h's, n's and r's; f's and t's

1.6 **Child's complaints to parents or teachers:**

1.6.1 headaches
1.6.2 nausea
1.6.3 dizziness
1.6.4 sensitivity to light
1.6.5 blurred vision

2.0 Hearing Screening (Form 3411F-2)

The following procedures are established by Pullman school District in accordance with WAC 248-248, Auditory Acuity Standards.

2.1 Routine hearing screening will be done yearly on all students in grades K-3, 5 and 7 under the supervision of the school nurse. Hearing testing may be done on any student at any time by the school nurse at the request of teacher, parent/guardian, or other school personnel.

2.2 Students who fail to hear any frequency in either ear will be rescreened by the school nurse within two weeks. If the student again fails to hear any tone, a referral notice shall be sent to the parent/guardian indicating a need for further, professional audiological testing.

2.3 Directions for Screening

2.3.1 Hearing screening will be done with a properly calibrated audiometer by appropriately trained personnel under the direction of the school nurse.

2.3.2 Auditory screening will be conducted in a quiet environment with as few distractions as possible.

2.3.3 Screening will be done at 1000, 2000 and 4000 Hertz. Each tone will be presented to each ear at 25 decibels (dB). In an unusually quiet environment, the 20dB level may be used.

2.3.4 The school nurse is responsible for recording the screening results on the Pupil Health Record 3410F in a timely manner.

2.3.5 The school nurse shall inform the teacher, principal and communication disorders specialist in a confidential manner of all students who were referred. These students will be given preferential seating until it is proven there is no need. These same staff persons shall also be notified of all follow-up information received as a result of the referral.

3.0 Scoliosis Screening (Form 3411F-3)

3.1 Scoliosis screening will be performed on all students in accordance with OSPI guidelines, annually.

3.2 The school nurse will be responsible for the administration of the Scoliosis screening.

3.3 The school nurse will be responsible for recording the results of the screening on the Pupil Health Record 3410F.

3.4 The school nurse will send referral notices to parent/guardian of any student in need of further evaluation for Scoliosis.

3.5 The school nurse will complete the Scoliosis Screening Report for the Superintendent of Public Instruction.

Adopted: October 25, 1990
Revised: December 2001