

SCHOOL-BASED MENTAL HEALTH PLAN, TRAINING, AND SUICIDE RISK

Policy Number: **9600**

Pursuant to NCGS 115C-218.75, Shining Rock Classical Academy (SRCA) will adopt a mental health plan (“Plan”), including a mental health training program and suicide risk referral protocol according to requirements established by the State Board of Education.

SRCA shall provide its adopted mental health training program and suicide risk referral protocol to school personnel at no cost to employees. Employees shall receive an initial mental health training of at least six hours and subsequent annual mental health training of at least two hours. The initial mental health training shall occur within the first six months of employment. Subsequent mental health training shall occur in the following school year and annually thereafter. In the discretion of SRCA, the initial mental health training may be waived in the event an employee completed an initial mental health training at another K-12 school unit. School personnel may meet mental health training requirements in any of the following ways:

1. Electronic delivery of instruction
2. Videoconferencing
3. Group, in-person training
4. Self-study

Minimum Content

The mental health program and model suicide risk referral protocol training shall be provided to school personnel who work with students. The mental health program training shall include, without limitation, the following topics:

- a. Youth mental health
- b. Suicide prevention
- c. Substance abuse
- d. Sexual abuse prevention
- e. Sex trafficking prevention
- f. Teenage dating violence

The model suicide risk referral protocol shall include, without limitation:

- a. guidelines on the identification of students at risk of suicide; and
- b. procedures and referral sources that address actions that should be taken to address students identified as at risk.

State Auditing and Updates

By September 15 of each year, SRCA shall report to the Department of Public Instruction on

1. the content of its school-based mental health plan, including its mental health training program and suicide risk referral protocol, and
2. its prior school year compliance with mental health planning and training requirements.

SRCA shall update the school-based mental health plan in accordance with any updates provided by the State Board.