



	Physical Restraint Policy	
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	Original Author: AAHS Governing Board	Policy Status: Adopted / Active

Physical Restraint Policy

1. Physical restraint shall only be used as a last resort when all other less restrictive interventions have failed.
2. The use of physical restraint shall be clinically justified and warranted by student behavior that threatens the physical safety of the student, staff, or others.
3. Physical restraint shall not be used as a means of coercion, discipline, convenience, or staff retaliation.
4. The school shall use the least restrictive form of physical restraint that protects the physical safety of the student, staff, or others.
5. The school shall discontinue physical restraint at the earliest possible time, regardless of the scheduled expiration of the order.
6. The school shall implement physical restraint using safe techniques identified by the school's policies and procedures in accordance with law and regulation.
7. The school shall document the use of physical restraint in the student's record, including the reason for the restraint, the type of restraint used, the duration of the restraint, and the student's response to the restraint.

This policy is designed to ensure that physical restraint is used only when necessary and in a manner that is safe, effective, and respectful of the student's rights and dignity and is applicable to all Alabama state laws.