

Pataula Charter Academy

Spring Creek Charter Academy

TITLE: Sudden Cardiac Death Prevention

APPROVED BY: The Governing Board

REFERENCES: Jeremy Nelson and Nick Blakely Sudden Cardiac Arrest Prevention Act

Definitions:

Interscholastic Athletic Activity: Interscholastic athletics and practices, interschool practices, and scrimmages related to interscholastic athletics.

School: a public or private school in this state, including all charter schools which includes one or more grades from six through 12.

Student: a student in grades six through 12.

POLICY

Pataula Charter Academy and Spring Creek Charter Academy shall develop and post on its website guidelines and other relevant materials to inform and educate students participating in or desiring to participate in an interscholastic athletic activity, their parents or guardians, and coaches about the nature and warning signs of sudden cardiac arrest, including the risks associated with continuing to play or practice after experiencing the following symptoms:

- Fainting or seizures during exercise
- unexplained shortness of breath
- chest pains
- dizziness
- racing heart rate
- extreme fatigue

Pataula Charter Academy and Spring Creek Charter Academy shall hold an informational meeting twice per year regarding the symptoms and warning signs of sudden cardiac arrest. At such meetings, an information sheet on sudden cardiac arrest symptoms and warning signs will be provided to each student's parent or guardian. This sheet must be signed by the parent or guardian of each athlete, each athlete themselves, and a copy kept on file at the school. In addition to the students, parents and guardians, coaches and other school officials, such informational meetings may include physicians, pediatric cardiologists and/or athletic trainers

A student who passes out or faints while participating in, or immediately following an interscholastic athletic activity, or who is known to have passed out or fainted while participating in or immediately following an interscholastic athletic activity, shall be removed from participation in the activity at that time by the athletic director, coach, or athletic trainer.

A student who exhibits any of the symptoms stated above while participating in, or immediately following an interscholastic athletic activity may be removed from participation in the activity by an athletic trainer, if the athletic trainer reasonably believes that such symptoms are cardiac related. In the absence of an athletic trainer, coaches who observe any of the above symptoms shall notify the parents or guardians of the student so that the parents or guardians can determine what treatment, if any, should the student seek.

A student who is removed from participation in an interscholastic athletic activity shall not be permitted to return to participation in the activity until the student is evaluated and cleared for return to participation in writing by a health care provider.

Once a school year, each coach shall review the guidelines and relevant materials and view an educational video approved by Pataula Charter Academy and Spring Creek Charter Academy.

Note: A coach may not be permitted to coach an interscholastic athletic activity until he or she completes these requirements.

Pataula Charter Academy and Spring Creek Charter Academy school, governing body, employees or volunteers shall not be held liable for any act or omission to act related to the removal or nonremoval of a student participating in an interscholastic athletic activity. This shall not include health care providers unless they are acting in a volunteer capacity.

Reviewed/ Revised								
Date/ Initial	7/12/21 KRF							
Board Approved Date	7/26/2021							